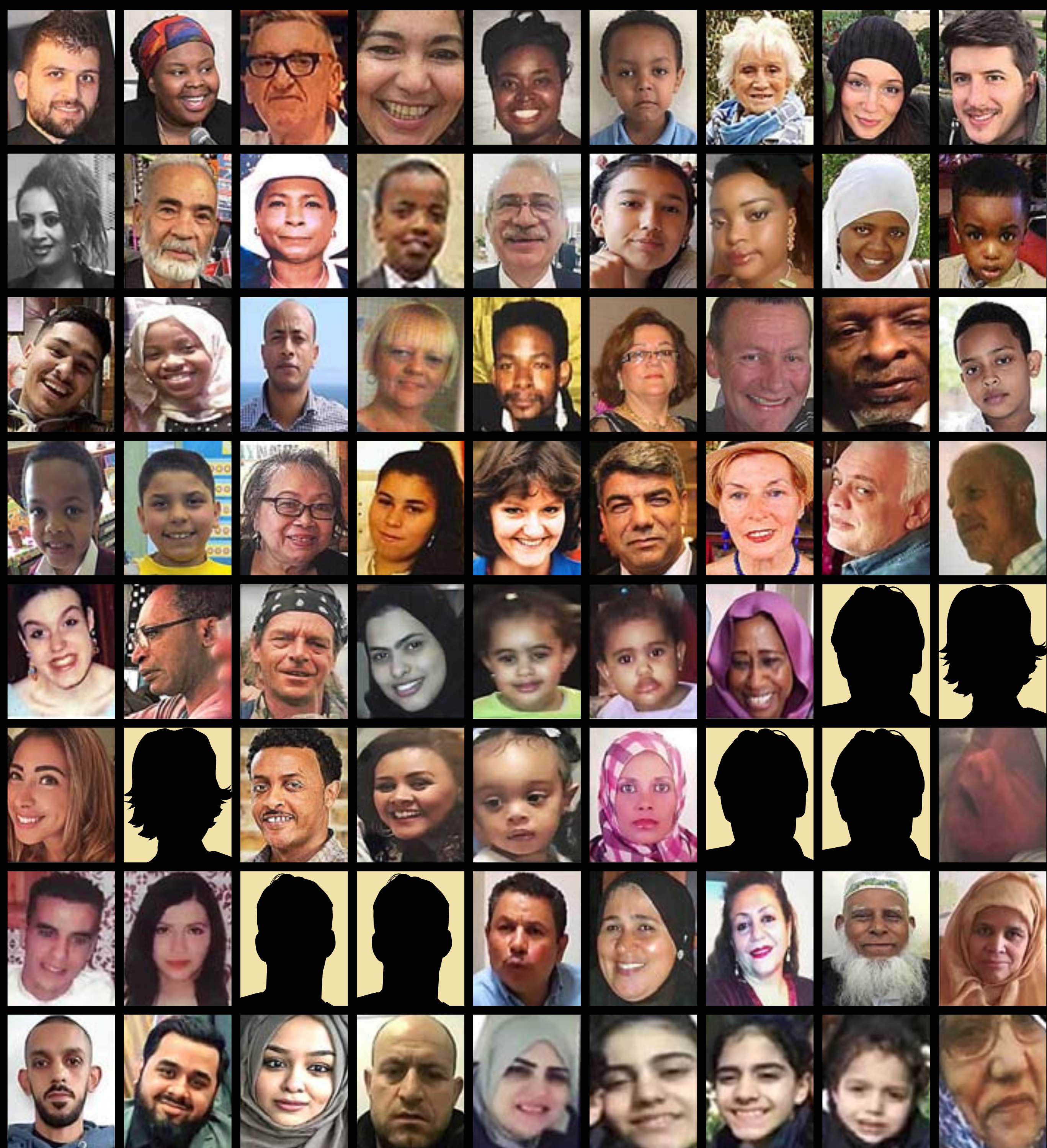
DAILY Mirror
THE HEART OF BRITAIN
Thursday, September 5, 2024 E-EDITION

GRENFELL REPORT: ALL OF THE 72 DEATHS WERE AVOIDABLE...



NOW GET THEM JUSTICE

SEE PAGES 2,3,4,5,6&7

NOW GET THEM JUSTICE: PLEA

We lost loved ones in horrific way.. to greed, corruption, incompetence and negligence

» Anger at failings that led to 'avoidable' deaths

» Charges on 2017 blaze may not come until 2027

EXCLUSIVE

BY **SOPHIE HUSKISSON** Political Correspondent and **MELISSA SIGODO**

ALL 72 Grenfell Tower victims died needlessly after a catalogue of complacency, greed and dishonesty, the damning report into the inferno has revealed.

And grieving relatives yesterday told of their fury at the deadly failings that condemned 54 adults and 18 children to horrific deaths, as they demanded those responsible face criminal charges.

There was also anger that any prosecutions may not happen until 2027, two years after the criminal probe into the blaze ends next year.

The long-awaited inquiry report into the 2017 disaster by chairman Sir Martin Moore-Bick blamed a string of organisations and authorities.

They include the government for ignoring safety warnings over cladding on the West London tower, dishonest firms that flogged the flammable material, and fire brigade chiefs who did not learn lessons from previous high-rise blazes.

Sir Martin said: "As our reports show, all contributed to it in one way or another, in most cases through incompetence but in some through dishonesty and greed. The failings can be traced back over many years.

"The simple truth is that the deaths that occurred were all avoidable."

But even as Sir Martin delivered his brutal assessment of the disaster seven years on, another blaze ripped through a tower block in Catford, South East London. No one was hurt.

And it comes just a week after an inferno in a high-rise tower in Dagenham, East London, that was having unsafe cladding removed.

Keir Starmer apologised for the deaths on behalf of the state.

Writing in today's Mirror, Grenfell United group chair Natasha Elcock said: "Human life was never a priority. We lost friends, neighbours, loved ones in the most horrific way, through greed, corruption, incompetence and negligence.

"To the police and the Crown Prosecution Service it is on you to deliver justice, to bring charges to those culpable for the deaths of our loved ones."

Survivor Maryam Adam, 46, wept at a press conference in London after the report was released.

Speaking on behalf of an elderly resident who lost three members of her family, she said: "If you don't charge someone with criminal charges, the criminality will continue. What happened at Grenfell will happen with other buildings."

Maria Jarafi, whose dad Ali Yawar died, said: "It's been seven years and still no justice. I don't know how many years it will take. Who knows if we're going to be alive for the justice?"

Karim Khalloufi's sister Khadija died. He said: "Seven years of waiting, of pain, of suffering. We have the right to see justice. The inquiry has ended today and we have no lawyers now but we have people full of strength and anger, they will go on."

Hisam Choucair lost six family members. He said: "To some, [the inquiry] gives answers and to some it doesn't do anything except it puts that extra nail in the coffin or in the heart." Francis Dean, whose friend Zainab Deen and her two-year-old son Jeremiah died, said it took 10 minutes for the tower block to be engulfed in flames but seven years to get this report.

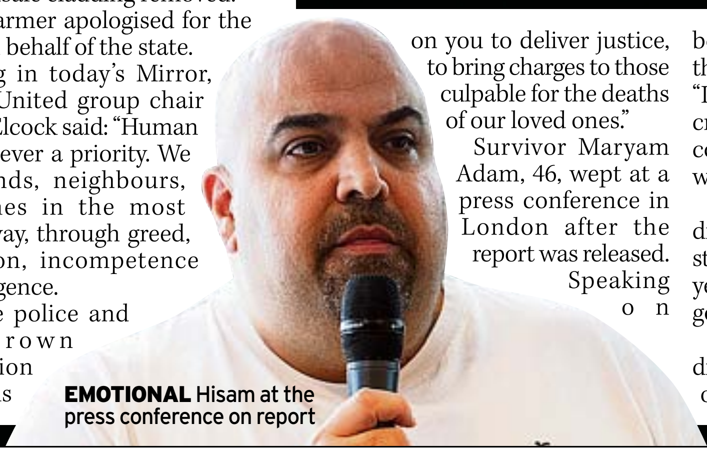
He added: "We are demanding justice for these lives."

Melina Samimi told of the toll the wait for the report has taken on her after her gran Fatemeh Afrasiabi died.

She said: "I got PTSD at

THE KEY FINDINGS

- Inquiry found "decades of failures" by government, regulators and industry turned tower block into a "death trap".
- Chairman Martin Moore-Bick said the 72 deaths in the 2017 blaze were avoidable. Keir Starmer apologised to victims on behalf of the state, telling families: "You've been let down so badly, before, during and in the aftermath of this tragedy."
- Bereaved and survivors criticised the "seven-year delay to justice".
- Victims face a further wait of a year to 18 months to find out whether any criminal charges will be brought over the scandal.



EMOTIONAL Hisam at the press conference on report



VOW Mr Starmer yesterday

OVER GRENFELL FIRE REPORT



SUPPORT Natasha is comforted by pal



DEMANDS Francis calls for justice in London yesterday



TEARS Maryam weeps as she speaks



LONG WAIT Natasha & families yesterday



TOP ROW LEFT TO RIGHT: Mohammad Al-Haj Ali, Ya-Haddy Sisi Saye (also known as Khadija Saye), Anthony Disson, Khadija Khalloufi, Mary Mendy, Isaac Paulos, Sheila, Gloria Trevisan, Marco Gottardi, Alexandra Atala, Vincent Chiejina, Steve Power, Rania Ibrahim, Fethia Hassan, Hania Hassan, Fathia Ahmed Elsanousi, Abufras Ibrahim (silhouette), Isra Ibrahim (silhouette). SECOND ROW LEFT TO RIGHT: Berkti Haftom, Ali Yarwar Jafari, Majorie Vital, Yahya Hashim, Hamid Kani, Jessica Urbano Ramirez, Zainab Deen, Nura Jemal, Jeremiah Deen, Mariem Elgwahry, Eslah Elgwahry (silhouette), Mohamednur Tuccu, Amal Ahmedin, Amaya Tuccu-Ahmedin, Amna Mahmud Idris, Abdeslam Sebbar (silhouette), Joseph Daniels (silhouette), Logan Gomes. THIRD ROW LEFT TO RIGHT: Yasin El-Wahabi, Firdaws Hashim, Hashim Kedir, Debbie Lamprell, Ernie Vital, Sakina Afrasehabi, Denis Murphy, Raymond "Moses" Bernard, Biruk Haftom, Omar Belkadi, Farah Hamdan, Malak Belkadi (silhouette), Leena Belkadi (silhouette), Abdulaziz El-Wahabi, Faouzia El-Wahabi, Fatemeh Afrasiabi, Kamru Miah, Rabeya Begum. FOUTH ROW LEFT TO RIGHT: Yaqub Hashim, Mehdi El-Wahabi, Ligaya Moore, Nur Huda El-Wahabi, Victoria King, Mohammed Amied Neda, Maria del Pilar Burton, Hesham Rahman, Gary Maunders, Mohammed Hamid, Mohammed Hanif, Husna Begum, Bassem Choukair, Nadia Choucair, Mierna Choucair, Fatima Choucair, Zainab Choucair and Sirria Choucair

14. The only thing I think it can heal me is to get justice from that."

Five members of Menana Jabari's family died at Grenfell, including her daughter Faouzia, 42, and grandkids Yasin, 20 and Nur Huda, 16.

She said: "I suffer post-traumatic disorder. We don't deserve to be treated as such, we need justice."

Thousands of buildings still have dangerous cladding and Shahrukh Aghlani warned the recent Dagenham fire shows it was an "illusion" that people are learning from mistakes. Shahrukh, whose mum and aunt died in Grenfell, said: "Because there is no prosecution, there are no consequences for people who fail in office."

Mr Starmer vowed to look in detail at all 58 recommendations made by Sir Martin, and to respond to them in full within six months.

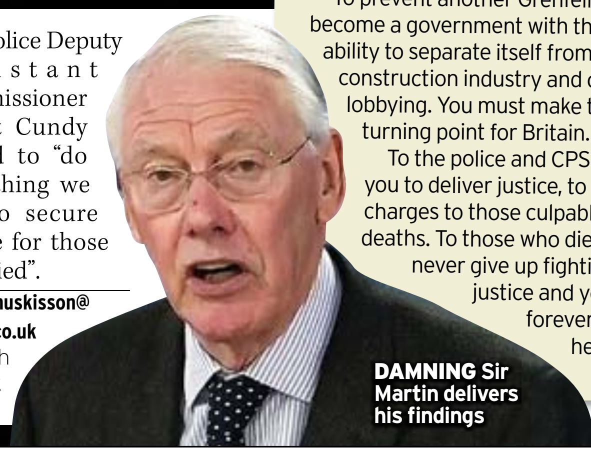
They include putting fire and rescue services and the regulation of construction under a single independent body, and boosting fire safety guidance.

> "There was dishonesty and greed. Failings can be traced back years
>
> SIR MARTIN INQUIRY CHAIR ON GRENFELL FIRE

The PM yesterday laid out urgent plans to speed up tackling unsafe housing.

Mr Starmer said the firms involved in the "horrific failings" will be blocked from government contracts. Met Police Deputy Assistant Commissioner Stuart Cundy vowed to "do everything we can to secure justice for those who died".

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DAMNING Sir Martin delivers his findings

PM must make it a turning point in fight over greed that costs lives

By NATASHA ELCOCK
Grenfell survivor and chair of Grenfell United



TODAY marks the conclusion of a painful six years listening to the evidence that contributed to the deaths of 54 adults and 18 children.

The report speaks to a lack of competence, understanding, and a failure to perform basic duties of care. We paid the price for systemic dishonesty, institutional indifference, and neglect.

The government ignored warnings about dangerous cladding from as early as 1991, revealing the greed and profiteering of an industry that has been poorly regulated over decades.

It uncovers the systemic failings at the TMO and Royal Borough of Kensington and Chelsea which created a toxic and calculated culture that marginalised its residents. It shows senior management at the London Fire Brigade knew about the risk of cladding fires but did nothing to prepare. But above all, the judge concludes what we already knew – that every single loss of life was avoidable.

Human life was never a priority.

We lost loved ones through greed, corruption, incompetence and negligence.



DAMNING Report into fire has finally come out

The recommendations are basic safety principles that should already exist, highlighting how the government's roles, duties and obligations have been hollowed out by privatisation.

Where voids were created as the government outsourced its duties, Kingspan, Celotex and Arconic filled the gaps with combustible materials. They were allowed to fraudulently and knowingly market their products as safe.

Today we send a message to Keir Starmer: This country has been failed by governments of all political persuasions.

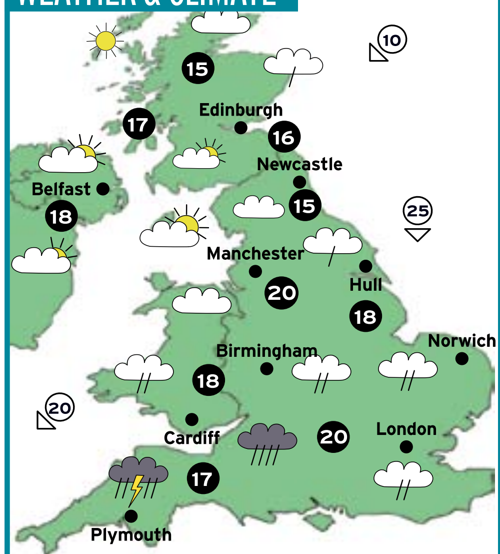
We expect yours to break old habits and implement all of the recommendations.

To prevent another Grenfell, you must become a government with the power and ability to separate itself from the construction industry and corporate lobbying. You must make this the turning point for Britain.

To the police and CPS: It is now on you to deliver justice, to bring charges to those culpable for the deaths. To those who died: We will never give up fighting for justice and you will be forever in our hearts.

KILLER FAILINGS: SEE PAGES 4&5 VOICE OF THE MIRROR: PAGE 6

WEATHER & CLIMATE



TODAY Cloudy today with heavy rain in the south

Cloudy and wet today across southern England with outbreaks of rain which will be heavy for a time. Elsewhere will be mainly cloudy with a chance of some patchy rain but brighter spells will develop later in the day.

5-day forecast

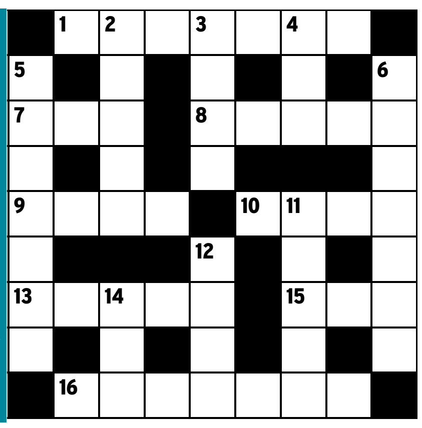
	Fri	Sat	Sun	Mon	Tue
London	22c	25c	23c	22c	21c
Newcastle	20c	20c	19c	17c	17c
Leeds	23c	22c	20c	18c	16c
M'chester	26c	24c	22c	20c	18c
Liverpool	26c	24c	22c	19c	17c
B'ham	25c	24c	22c	20c	19c
Cardiff	20c	21c	21c	21c	20c
Plymouth	19c	20c	20c	20c	20c
Belfast	22c	22c	18c	16c	15c

BIGGER PICTURE

Today's historical average high: **18.6**
September 2024 average high so far: **21.2**
September historical average high: **17.6**
All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office)

CLIMATE FACT: The hot weather prompted delays to the start of the new school year in some Chinese cities. State media reported on Tuesday that some schools and universities in Jiangxi, Chongqing and Sichuan provinces had pushed the return to school back to September 9, due to high temperatures.

10 MIN CROSSWORD



ACROSS
1 Herringbone (7)
7 Charged atom (3)
8 Jockey (5)
9 __ Lineker, footballer (4)
10 Conjoined house (4)
13 Horrid (5)
15 Deer (3)
16 Misbehaviour (7)

DOWN
2 Deep-seated (5)
3 Trischa __, Paralympian (4)
4 Deity (3)
5 Schematic (7)
6 Apprentice (7)
11 Mistake (5)
12 East European (4)
14 Enthusiast (3)

WEDNESDAY'S SOLUTIONS
Across: 2 Antler, **5** Lear, **6** Olivia, **7** Imam, **8** Aid, **11** On to, **13** Nimbus, **14** Eras, **15** Chewed. **Down: 1** Perm, **2** Aroma, **3** Lava, **4** Rialto, **7** Iconic, **9** Dosed, **10** Smee, **12** Team.

THE LOTTERY

LAST NIGHT'S LOTTO: 3, 6, 15, 25, 29, 41 Bonus: 17. One winner of £12.6m jackpot.
THUNDERBALL: 6, 23, 25, 26, 30 T'ball: 7. No winner of £500k top prize.
HEALTH LOTTERY: 3, 7, 30, 33, 45 Bonus: 29.
TUESDAY'S EUROMILLIONS: 7, 9, 11, 16, 45 Lucky Stars: 2 & 5. No winner of £111m jackpot.
ALL OR NOTHING: 3, 4, 7, 10, 11, 12, 13, 19, 20, 22, 23, 24.

NOW GET THEM JUSTICE:



CLADDING FIRMS

The "systematic dishonesty" of construction manufacturers was a major reason why the tower was covered in flammable materials, the inquiry found.

Phase one of the probe concluded the main cause of the flames shooting up the building so quickly was the combustible aluminium composite material cladding with its polyethylene core.

Arconic Architectural Products, which made and sold Reynobond 55 cladding panels with a polyethylene core used on the tower, was found to have "deliberately concealed" from the market "the true extent of the danger" of the product sold in a variant known as "cassette form".

The report said that by 2011, the firm was well aware this variant "performed much worse in a fire and was considerably more dangerous than in riveted form".

But the company was "determined to exploit what it saw as weak regulatory regimes (including the UK) to sell it in cassette form including for use on residential buildings".

Kingspan, whose products made up 5% of the insulation in the Grenfell block, was found to have "cynically exploited the industry's lack of detailed knowledge" about cladding tests and classifications.

It "knowingly" misled the market over its K15 product, making "false" claims about safety analysis.

Tests it undertook in 2007 and 2008 were "disastrous" yet Kingspan failed to withdraw the product from markets "despite its own concerns about its fire performance".


EXPLETIVE Philip Heath

The inquiry heard that Kingspan manager Philip Heath said a contractor "can go f*** themselves" after raising safety fears about the firm's products.

Text messages appeared to show Kingspan staff joking about the fire performance of the "sh** product" and saying safety claims were "all lies".

Celotex, which made the majority of the insulation boards used in Grenfell's refurbishment, was found to have "embarked on a dishonest scheme to mislead its customers and the wider market" in a bid to break into a market which had been dominated by Kingspan.

Bereaved families say Kingspan, Arconic and Celotex were "little better than crooks and killers".

THE REGULATORS

A web of failures allowed underhand tactics of cladding manufacturers to succeed, the inquiry said.

The Building Research Establishment, which the report said had held a trusted position in the industry, was "marred by unprofessional conduct, inadequate practices, lack of effective oversight, poor reporting and lack of scientific rigour" from 1991.

It had been a government agency providing independent advice and information on building performance, construction and fire safety, before it was privatised in 1997.

Elsewhere, the "incompetence" of the British Board of Agrément, the country's certification agency, led to it handing out "misleading" certificates for the products. The underlying problem was that it was conflicted by commercial interests, the inquiry said.

Local Authority Building Control, which guides projects through regulations, must "take its share of the blame" for accepting Kingspan and Celotex products for use on structures over 18 metres high.

The report said: "There was a complete failure on the part of the LABC over a number of years to take basic steps to ensure that certificates it issued in respect of them were technically accurate."

The National House Building Council failed to make sure "its building control function remained essentially regulatory [because] it was unwilling to upset its own customers".

REFURB FIRMS

The tower was covered in flammable cladding during a disastrous refurbishment in 2016.

Design and building contractor Rydon, the architect Studio E, and Harley Facades, the cladding subcontractor, all took "an unacceptably casual approach".

The inquiry heard Zak Maynard, Rydon's commercial manager, had boasted the firm was "quids in" when it switched to cheaper cladding panels in the project. He told the inquiry he had been joking. Earlier, it heard Claude Wehrle, an Arconic manager, told staff that poor fire test results on its product needed to be kept "very confidential".


CUT COSTS Zak Maynard

Exova, which provided fire safety advice, had "considerable responsibility for the fact the tower was in a dangerous condition".

The report said the "most serious criticism" was the firm "failed to produce a final version of the fire safety strategy".

KILLER

WHERE PROBE LAYS THE BLAME



Dishonesty & blunders

BY **SOPHIE HUSKISSON**
Political Correspondent

DISHONEST firms and failings by regulators, governments and fire chiefs were blamed for the Grenfell disaster.

The inquiry's final report, spanning 1,700 pages and more than a million words, also tells of ignored warnings.

Here we detail how the failings led to the block going up in flames...

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THE GOVERNMENT

"Numerous warnings" about cladding risks were received by the government over years and yet it failed to take them seriously.

The Department for Communities and Local Government "displayed a complacent and at times defensive attitude to matters affecting fire safety".

David Cameron's government's push to tear up red tape was found to have "dominated" thinking across departments.

Lord Pickles, who served as Communities Secretary between 2010 and 2015, told the inquiry that deregulation had not applied to building regulations and that it was "ludicrous" if officials believed it had.

But in an extraordinary conclusion, the inquiry was "unable to accept" this, as it was "flatly contradicted" by his officials and other documents.

Instead it found that officials were under "pressure because of the policy of deregulation" and were "inhibited" from advising ministers.

Lord Pickles was earlier criticised when he confused Grenfell's death toll with the number of those who died in the Hillsborough disaster during his inquiry evidence session.

Brian Martin, who was the principal construction professional at the department, was also found to have been given "too much freedom of action without adequate oversight" and repeatedly failed to bring fire safety risks to the attention of his superiors.



CRITICISED Lord Pickles

LOCAL COUNCIL

In the first week after the fire, the response of the government and Royal Borough of Kensington and Chelsea was "muddled, slow, indecisive and piecemeal".

The council was found to have a "wholly" inadequate system to deal with "mass homelessness and mass fatalities" in the aftermath leaving people "abandoned".

Its chief executive, Nicholas Holgate, was found to have been "unduly concerned for [the council's] reputation" and had "no clear plan" in the aftermath of the fire. The inquiry also identified "evidence of racial discrimination" in the treatment of the survivors in the days after the fire, such as a lack of effort to cater to Muslims observing Ramadan.

"Certain aspects of the response demonstrated a marked lack of respect for human decency and dignity, and left many of those immediately affected feeling abandoned by authority and utterly helpless," it said.



NO PLAN Nicholas Holgate

TENANTS' GROUP

Residents faced an "uncaring and bullying overlord" as their warnings about fire safety were ignored by the local authority tenants' organisation.

The council's arm's-length Tenant Management Organisation regarded some residents as "militant troublemakers led on by a handful of vocal activists". The inquiry also found the TMO's only fire assessor was "allowed to drift into that role without any formal selection or procurement process".

Former firefighter Carl Stokes was found to have misrepresented his experience and even "invented" qualifications, making him "ill-qualified to carry out fire risk assessments on buildings of the size and complexity of Grenfell Tower".

LONDON FIRE BRIGADE

The London Fire Brigade failed to learn lessons about the "shortcomings in its ability to fight fires in high-rise buildings" after the 2009 Lakanal House blaze.

The report said it assumed "external wall fires of the kind that were known to have occurred in other countries would not occur in this country". It added LFB had "an entrenched but unfounded assumption that the building regulations were sufficient".

Its response on the night of the Grenfell fire was also criticised, with control room staff and crews "forced to resort to various improvised methods of varying reliability" due to a lack of training.

FAILINGS

WE'LL BE THEIR VOICES: SEE PAGES 6&7

VOICE OF THE DAILY Mirror

Hold guilty to account

NOT a single person should have died. That is the devastating conclusion of the final report into the Grenfell Tower fire.

All 72 deaths were avoidable. Victims were let down by greed, incompetence and corruption. The guilty parties include government ministers, local authorities, private companies and the fire service but at the heart of this scandal was a story all too familiar in Britain.

It was the story witnessed at Hillsborough and in the Post Office scandal – a sneering contempt by those in authority towards people whose lives they believed did not matter.

This was the attitude that led to ministers repeatedly ignoring calls for improvements to fire safety in high-rise buildings.

It was behind the refusal to listen to warnings from the residents of Grenfell and it was instrumental in the way contractors cut corners and lied about their products in order to make ever greater profits.

DISHONEST

Those who lost loved ones at Grenfell now know that Arconic, the firm that made the cladding, deliberately concealed the safety risk.

They know that Celotex, which provided insulation on the building, "embarked on its own campaign to break into the market by dishonest means," as the report also found.

The survivors and the bereaved also now know that the Conservative-led coalition government was so obsessed with cutting red tape that regulations that could have saved lives were "ignored, delayed or disregarded".

And they know that the local council and its tenant management organisation regarded the residents of Grenfell as troublemakers and showed "persistent indifference to fire safety, particularly the safety of vulnerable people".

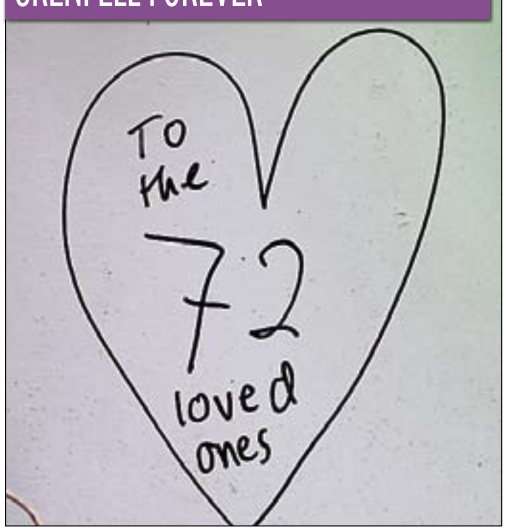
Sir Martin Moore-Bick's report has provided the victims of the fire with the truth but it has not provided them with justice.

That will only be achieved when the firms named and shamed are stripped of all government contracts and when nobody is still living in a building with dangerous cladding.

And it will only be truly delivered when those who were responsible face criminal charges.

But there must also be social justice. Never again should lives be treated with such disdain or people's fears dismissed with such derision.

GRENFELL FOREVER



NOW GET THEM JUSTICE:

For the many who should be here with us today. We will continue being voices for them

Grieving nephew pledges to carry on campaigning



BY ROS WYNNE-JONES

GREED. Failure. Dishonest. Avoidable.

So many words were spoken about Grenfell yesterday as Sir Martin Moore-Bick published his final inquiry report. But none were more important than the 72 names of those lost in the fire.

It took Sir Martin four long minutes to read them – names so familiar now to all of us who attend Grenfell's memorials, they have become like a prayer.

Among them was the name Hesham Rahman, a man especially beloved to the children in his family, who perished in the 23rd floor of Grenfell Tower.

"You were on the top floor – so helpless it just wasn't fair," read a poem from his great-niece Jasmine el Baghdady, aged eight, which was released yesterday. "They promised help, they promised on the phone… I'm so sorry no one came."

GREED

Hesham's disabilities and being on the 23rd floor stacked the odds heavily against him. Alongside the corporate greed, endemic dishonesty and systemic failure that Sir Martin's report confirmed contributed to 72 entirely avoidable deaths.



SLATED Former minister Barwell

In a video, Uncle Hesham comes to life cuddling baby Jasmine and her brother Omar. Karim Mussilhy, Hesham's nephew and Jasmine's uncle, says: "It's very hard for me to watch that video.

"I still haven't been able to grieve for my uncle – he was a father figure to me. It's not helpful to anyone if I just start crying."

Like the other members of Grenfell United – the grassroots group that formed to seek justice on behalf of the community – Karim feels what he describes as "the weight of responsibility to everybody else".

For the past seven years, GU – chaired by Natasha Elcock – has fought for justice for the 72 victims, survivors and bereaved families.

Their lives have been dedicated to the public inquiry. They have left jobs in sales, retail and other fields far from the legal knowledge they have had to acquire.

CORRUPTION

For Karim, yesterday's inquiry report marked "the end of one chapter – and the beginning of another". He says: "Six years we have given to this inquiry.

"To be honest there's nothing in there that we hadn't known already – but to see it in black and white and delivered the way it was feels massively important.

"Today we learned we have been failed by every single person and entity involved. This was systematic corruption and manipulation. Corruption at the highest level. All eyes now turn to the police. We think they have enough to move forward right now – we don't need to wait until 2026-7 for prosecution.

"I watched some witnesses leave the witness stand and couldn't understand why they weren't arrested on the way down." I asked him if he felt he could trust the police given what had happened.

He laughs: "The police who saw it as their job to contain and not protect us after the fire?

"The police who failed to seize all the material from the corporate entities? Even despite that, I am hopeful – the fraudulence and corruption has been so blatant, there have been so many revelations – how can they ignore them?"

Yesterday, the families received an apology "on behalf of the state" from Prime Minister Keir Starmer. Another milestone. But Karim says:



EMOTION Shots of Hesham in video



FAMILIES IN PROSECUTIONS PLEA



HEARTBREAK The sign marking the 72 who died

At the bottom of Grenfell Tower is where I learned to ride my bike,

Near the green grass area opposite in which the sun would always strike,

At the bottom of Grenfell Tower is where I love to play,

Sometimes with a ball on the swings or on the slide all day.

At the bottom of Grenfell Tower is now where I go and pray,

For you and your neighbours' souls and lay flowers when I come to stay,

Please know I love you and miss you, oh dear uncle of mine,

I promise justice will be served, it's only a matter of time.

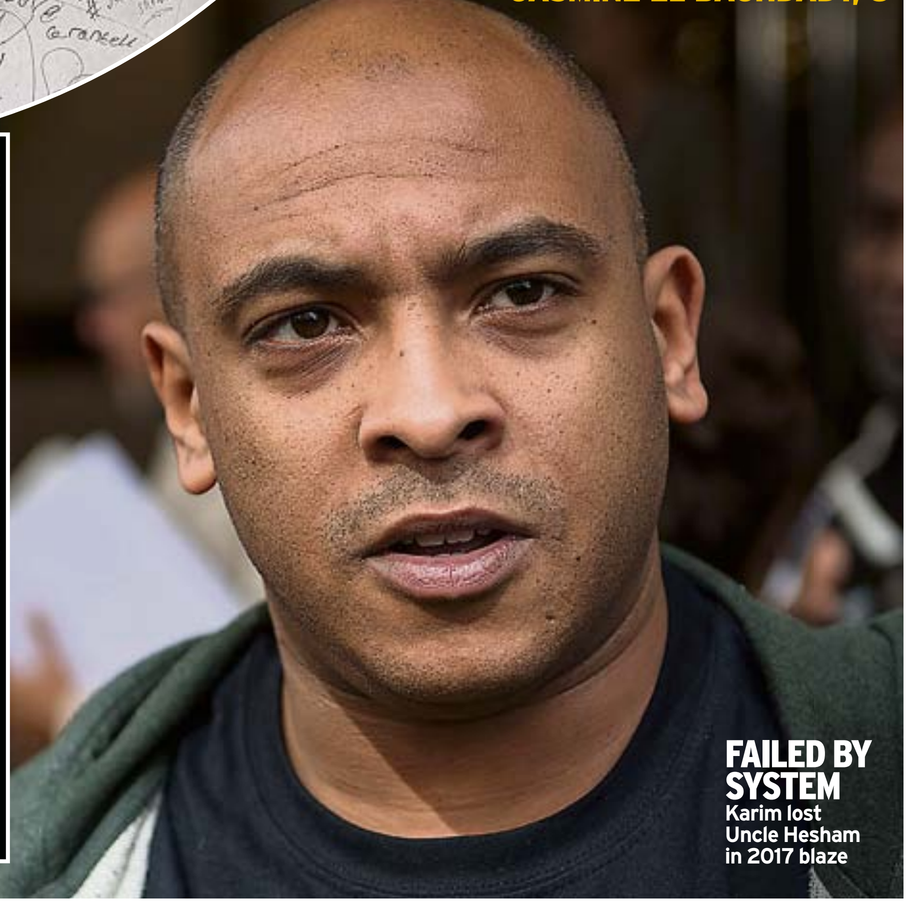
At the bottom of Grenfell Tower is where I used to play,

At the bottom of Grenfell Tower is where I go to pray.

JASMINE EL BAGHDADY, 8

MOVING Video poem for tragic Hesham





FAILED BY SYSTEM Karim lost Uncle Hesham in 2017 blaze

"We have had so many apologies. It goes in one ear and out the other.

"What are you going to do? I know he's only been in office for 10 minutes, but we've had seven years of apologies – I need to see someone put their money where their mouth is. Stop talking and just do it." Karim said the community was angered some firms responsible for the fire still advising government on various bodies – and with political figures who had seemed to prosper despite their failures.

He singled out Lord Barwell, the former housing minister and adviser to Theresa May, who failed to act on pressing fire safety recommendations and is mentioned 50 times in Sir Martin's report.

Karim says: "Gavin Barwell should have his peerage stripped."

I reported on Grenfell for the Daily Mirror on the night of the fire, and first met Karim in the days following when his uncle was still missing. Back then he was 31 and managing an Audi dealership. He told me Uncle Hesham was a father figure to him, as he had grown up without his dad.

After days of searching hospitals for him and sleeping in his car, Karim found out, from a firefighter's tribute left on a pavement, that his uncle probably had not survived.

In his testimony to the inquiry, Karim wrote: "I saw red London Fire Brigade T-shirts... that had notes on them written from firefighters. One of them stood out to me 'to all those on the 21st floor and above, we are sorry we couldn't get to you'.

"This was a really surreal moment where I began to realise the truth, that the firefighters hadn't made it to him..." Hesham's death was not confirmed until August that year.

Now Karim says: "Uncle is gone. 18 kids are gone. The hardest part about all of this is knowing their deaths could have been prevented. But no one did prevent it. No one stopped it."

Yesterday, with Sir Martin's unflinching report, Grenfell's survivors and bereaved took a step forward towards the truth. But it is still a long path to justice. And, for many, like Karim, the pain will not fade until charges are brought and systemic changes come for others living with combustible cladding.

He says: "People say it takes time, but time is not helping me. I've tried going to the other side of the land, but it's like a really bad film I can't turn off."

Grenfell United's statement ended with: "We will never give up fighting for justice for you, and you will be forever in our hearts."

Karim put it another way: "Uncle Hesham's memory will live for ever in me. I do this because of him, and I do it for the others – for the many voices who should be here with us today.

"We will continue being the voices for them."

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Nearly 5,000 buildings have risky cladding

BY **MIKEY SMITH**
Deputy Political Editor

THERE are still 4,630 residential buildings in England with unsafe cladding, according to figures revealed last month.

The Tory government banned the use of combustible cladding on new high-rise buildings in 2018.

But a year later a Commons committee accused the government of not doing enough to remove existing cladding.

In 2020, Housing Secretary Robert Jenrick said he hoped dangerous cladding would be removed by the end of the year.

But the process ground to a near-halt during the pandemic.

Even now just half of the remaining unsafe buildings have not even started work, under a programme launched in 2017.

As recently as June 2023, three families who lost their homes in the Grenfell blaze were still living in temporary accommodation – six years after the tragedy.

Last week a fire broke out at a block of flats in East London that had been having work done to remove cladding.

DMLI

OUR DAILY PUB QUIZ

1 Where will Oasis be performing in Manchester?

2 What could be banned in pub gardens?

3 Which Gogglebox star is currently on Celebs Go Dating?

4 What meat is in shepherd's pie?

5 What is the most popular English language TV show on Netflix?

ANSWERS: PAGE 50

£400 PENSION RISE

Help for elderly as payments could go up to £12K a year

BY **GRAHAM HISCOTT** Head of Business

THE state pension could rise by more than £400 a year from April.

Reports said Treasury calculations suggest it is a "near certainty" it will go up in line with official wage growth data released next week.

That means pensioners on the current annual rate of £11,502 would get around £12,000 in the next financial year.

The government's triple-lock pledge ensures state pensions go up by 2.5%, average earnings or inflation, whichever figure is higher. Pre-2016 retirees who may be eligible for the secondary state pension could get a £300 per year rise.

Any decision will be made by Pensions Secretary Liz Kendall ahead of October's budget. Chancellor Rachel Reeves this week reaffirmed the government's backing of the triple-lock until the end of this Parliament, amid the furore over her decision to axe the £300 winter fuel payment for millions of pensioners. Former pensions minister Baroness Ros Altmann said: "The money will be of no help this winter."



SUPPORT Liz Kendall

Analysis last week from investment group Royal London revealed only around half of people receiving the new state pension last year were getting the full weekly amount – and an estimated 150,000 were on less than £100 per week.

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Gav & Stacey jeanius



IN STITCHES Ruth and Joanna pose with fans

RUTH Jones and Joanna Page try a range of material during filming for comedy Gavin and Stacey yesterday.

Joanna, who plays Stacey, wore a denim jacket and jeans, while Ruth, who stars as Nessa, kept warm in a long coat over her black outfit.

They also had snaps taken with fans near amusements at Barry Island, South Wales.

The pair are filming a final episode of the BBC show, set to air on Christmas Day.



CONCERN Rachael Maskell

Labour MPs in winter fuel rebellion plot

BY **DAVE BURKE**
Political Correspondent

KEIR Starmer faces a revolt over the decision to cut winter fuel payments for 10 million pensioners.

Labour MP Rachael Maskell said she would not be able to vote for the measure when it comes to the Commons next week.

And she said others across the party were also concerned by the move.

Chancellor Rachel Reeves wants to means-test winter fuel payments, meaning only those on pension credit or other benefits would get it.

Ms Maskell told the BBC: "This is about protecting people's lives and ultimately that is our responsibility as MPs, to speak truth to power."

She added: "We are just so concerned."

PENSION RISE: PAGE 10



PROJECT Baroness Smith

All hereditary peers to exit 2nd chamber

BY **MIKEY SMITH**
Deputy Political Editor

HEREDITARY peers will be ousted from the House of Lords within months, ministers have confirmed.

A bill to scrap the 92 remaining hereditary seats will be introduced in the Commons today.

Labour had pledged to start Lords reform within 100 days of taking power.

Baroness Smith, Labour's leader in the Lords, said the bill would complete work the party began 25 years ago.

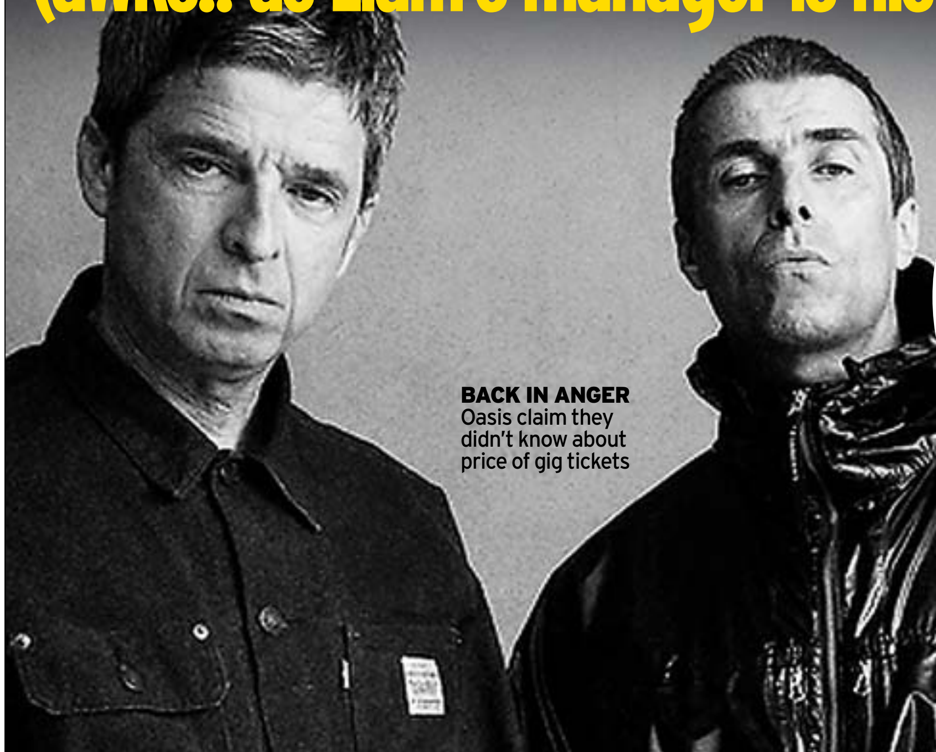
It was Tony Blair's government that reduced the number to 92 in 1999.

Nick Thomas-Symonds, Minister for the Constitution, said: "The hereditary principle in law making has lasted for too long.

"People should not be voting on our laws... by an accident of birth."

Definitely not me...

Band add dates after pricing fury, saying they left it to management & promoters (awks.. as Liam's manager is his girlfriend)



BACK IN ANGER Oasis claim they didn't know about price of gig tickets



ENGAGED Star Liam & Debbie are together

BY **TOM BRYANT** and **MIKEY SMITH**

OASIS have hit back in the ticketing row over their reunion gigs, saying they had no idea that dynamic pricing would be used.

Announcing two more shows, they blamed promoters and management for signing up for the scheme which clobbered fans with extortionate prices for their comeback next year.

This is despite the fact that Debbie Gwyther, 40, the fiancée of frontman Liam Gallagher, 51, manages him.

Fans were left shocked by standard tickets more than doubling from £148 to £355 on Ticketmaster, for the tour, which will be their first since 2009.

Separately, tickets went on resale websites at hugely inflated prices within minutes of going on sale.

The band issued a statement through their PR firm, which also announced two more Wembley dates on September 27 and 28 next year.

TOUTING

They said: "It needs to be made clear that Oasis leave decisions on ticketing and pricing entirely to their promoters and management, and at no time had any awareness that dynamic pricing was going to be used.

"While prior meetings between promoters, Ticketmaster and the band's management resulted in a positive ticket sale strategy, which would be a fair experience for fans, including dynamic ticketing to help keep prices down as well as reduce touting, the execution of the plan failed to meet expectations.

"All parties involved did their utmost to deliver the best possible fan experience, but due to the unprecedented demand this became impossible to achieve."

Tickets to the two new shows will be available through a staggered invitation-only ballot, opened first to fans who were unsuccessful in the initial sale with Ticketmaster.

It comes as Keir Starmer has vowed to end the extortionate resale prices.

Labour & Co-operative MP Emma Foody told the Prime Minister that urgent action was needed "to protect fans" against price gouging.

Mr Starmer said: "From what I've determined, about half the country were queuing for tickets but it is depressing to hear of price hikes. I'm committed to putting fans at the heart of music and ending extortionate price resales. We're starting a consultation to work out how best we can do this."

The Co-operative Party is campaigning for a tough new licensing scheme to target prolific ticket touts.

Ms Foody said: "Going to see your favourite bands live shouldn't cost the earth, but fans are increasingly priced out thanks to the scourge of dynamic pricing and touting."



RETURN Bassist Bell

Noel and Liam Gallagher want bassist Andy Bell, 54, to return to the band. Currently on tour with his band Ride, he played bass in Oasis from 1999 until their break-up. He then played in Liam's band Beady Eye until 2014. A source close to the brothers said: "Andy would be the perfect choice for the Oasis reunion."

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Robbie excited for gig 'soap opera'

BY **TOM BRYANT**

ROBBIE Williams says the soap opera of the Oasis reunion will be exciting and ghoulish.

The Angels singer reveals the Gallagher brothers feature in his upcoming biopic, Better Man, in which he jokes they "come over well in it".

He says of the comeback gigs: "The soap opera alone will either be exciting and/or ghoulish to watch. As for the shows? They're gonna be off-the-scale special."

Robbie feuded with Liam and Noel in the 90s and 00s.

Later calling them bullies, he added: "Liam said I should be hung, Noel said I was 'the fat dancer from Take That'."

The 50-year-old once challenged Liam to a fight while accepting a Brit Award in 2000, but has since spoken of his respect for him.

He said: "Liam Gallagher reading his phone on the toilet would be more charismatic than 99.9% of the world's population.

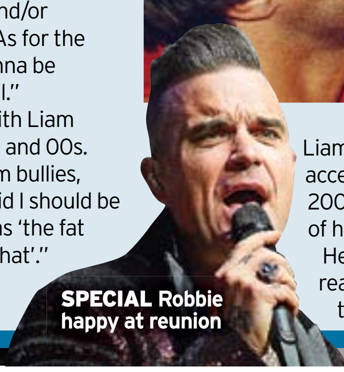
"All he has to do is stand there and sing for the audience to be guaranteed their money's worth."

He quips: "Noel will be there too."

But Robbie wonders how the tour promoters are coping with the issue of insurance, given Noel quit the group in 2009 claiming his brother swung a guitar at him in a backstage row. Robbie mused on social media: "How do you insure that tour? Is it uninsurable? And is there a clause for unresolved childhood trauma rearing its head and making the space between and around the boys untenable?"



FEUD With Liam



SPECIAL Robbie happy at reunion

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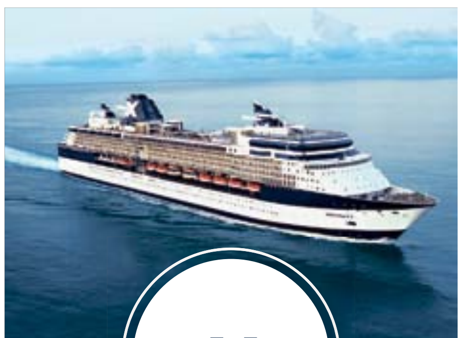
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SUPPORT Davina McCall

Plant-based meals 'ease menopause'

BY **MARTIN BAGOT**
Health Editor

EATING 30 different plant-based foods a week can cut menopause symptoms such as hot flushes and mood swings drastically.

Scientists found a diet of whole foods and leafy greens reduced depression, weight gain and low libido by around a third.

The study into the gut microbiome of 4,200 women is the largest to confirm a food link with menopause symptoms.

It was carried out by King's College London and its health firm spin-off Zoe.

Co-author Dr Federica Amati said women should eat more nuts, seeds, beans and lentils.

Davina McCall, a Zoe ambassador, said: "The fact you can improve your menopause experience through food is incredible."



DANGER Sporadic blowout

Fry-up binge at weekends 'riskiest diet'

BY **MARTIN BAGOT**

BINGEING on fatty foods then eating healthily could be as bad for us as having a bad diet all the time, research has suggested.

In the study, researchers fed mice a high-cholesterol diet either intermittently or continuously.

The ones on the intermittent diet showed more signs of atherosclerosis – narrowing of the arteries.

Research lead Ziad Mallat, a BHF professor, explained: "A high-fat diet starting while the mice were young – one week on, a few weeks off, another week on – was the worst option for risk."

The Cambridge University scientists said the diet intermittently high in fat might be worse because it impacts a type of immune cell known as "resident arterial macrophages".

Our hearts have been completely broken



Kohli family tell of grief as boy, 14, on murder charge

BY **ADAM ASPINALL**

THE grieving wife of Bhim Kohli visited the spot where he was fatally attacked as the family paid a touching tribute to the popular 80-year-old.

Bhim, a father of three and grandfather of two, died in hospital 24 hours after he was the victim of an assault on Sunday evening.

Police confirmed he had suffered a fatal neck injury.

His wife Satinder was seen laying some flowers and a card at a gate not far from where he was attacked while out walking the family dog.

In the pictures from Franklin Park in the Braunstone Town area of Leicester, 73-year-old Satinder is shown accompanied by a younger woman and a dog.



LAST MESSAGE Satinder and card

In a statement telling of their heartbreak, the former textile business owner's family said: "Bhim was a loving husband, dad and grandad.

"He was also a son, brother and uncle. He adored his grandkids with all his heart and loved spending time with them. He really was such a loving, caring person whose life was centred around his family.

"He has always been a very hard-working man and even at the age of 80 he was still very active. One of his great passions was his allotment, he would go every day to tend to his plots and was so proud of them.

"He also enjoyed walking the family dog Rocky in the park many times a day. Bhim loved to laugh."

The statement added that Bhim was always very happy and talkative, was the joker of the family and always ready with a smile.

It went on: "Our family have lived in the same house in Braunstone for 40 years, so he was very well known in the community – we have been overwhelmed by the messages and support from many who knew him.

"Our hearts have been completely broken. We are now pulling together as a family to try and support each other through the most difficult time imaginable."

Earlier in the day Bhim's friend Nigel Morris paid tribute to him by saying: "He always had a smile. He was just a genuinely nice guy.

"I don't understand any of this.

"He was a proper gent. I feel quite sick about the whole thing."

Yesterday detectives said they were continuing their inquiries. They appealed for anyone who was in the area of the park or Leicester's Bramble Way between 6pm and 6.45pm to come forward.

Det Insp Emma Matts said the circumstances surrounding his death were "extremely tragic and upsetting", not only for his family and friends but also for the wider community in Leicester.

Three girls and two boys aged 12 to 14 were originally arrested on suspicion of Mr Kohli's murder.

Four of those have since been released. The remaining boy, 14, was last night charged with murder.

He is scheduled to appear at Leicester youth court today.

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@MirrorAsp



TRAGIC SCENE Satinder, right, looks at tributes near spot where Bhim was attacked

> "He was a loving, caring person whose life was centred around family
>
> **FAMILY STATEMENT** ON BHIM KOHLI, ABOVE

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ISOLATED Whistleblowers

Snub for NHS temps raises safety fears

BY STORM NEWTON

TEMPORARY NHS workers fear speaking up about patient safety due to discrimination, an investigation has found.

Agency staff told the Health Services Safety Investigations Body attitudes in some NHS bodies left them "isolated".

Health leaders described the situation as "unacceptable" and warned racism "creates further barriers to raising safety concerns".

Matt Mansbridge, of the HSSIB, said: "It was troubling to hear of the widespread discrimination against temporary staff."

Sir Julian Hartley, boss of NHS Providers, said: "All NHS staff must feel empowered to speak up.

"This includes temporary workers who play an important role in delivering patient care."



GAME Concord has flopped

PS5 shooter is axed after huge misfire

BY MARTYN LANDI

LIVE online multiplayer video game Concord is to be taken offline just two weeks after its launch.

The huge PlayStation 5 and PC shooter game was released on August 23 but struggled to attract players.

Developer Firewalk Studios said it will be axed tomorrow, with a full refund offered to anyone who purchased it.

Concord took around eight years and millions of dollars to develop but had received mixed reviews.

Critics said it was too similar to games such as Fortnite and Overwatch.

Game director Ryan Ellis admitted: "Aspects of the game didn't land the way we intended."

He added the developer will now "explore options, including those that will better reach our players".



PUFFED UP Demi in one of the outfits

Demi gives fans Moore to cheer

DEMI Moore proves she still has a few tricks up her sleeve at 61... and there's plenty of room in those sleeves.

The star wears a collection of black gowns in Variety Magazine, including this pom-pom themed number.

In an interview, she talks about her life off-screen and her long-awaited return to the big screen in The Substance.





RELAXED Demi features in magazine photoshoot



SCREEN STAR Demi poses with a TV

Pictures: GREG SWALES/VARIETY

Dream on, Freddie

EXCLUSIVE

BY LAURA ARMSTRONG
Deputy Head of Showbiz

Cricket legend's BBC show to return for a third series

HIT BBC1 documentary show Freddie Flintoff's Field of Dreams is coming back for a third series.

Filming has already started on the new instalment which is expected to be aired next year.

Field of Dreams features former England cricketer Freddie, 46, taking a group of working class lads from his home city and showing how the sport could improve their lives.

A source close to the TV programme said: "Freddie's last two series have been a huge success and he and the boys have loved making them. The BBC jumped at the chance to do a third series."

Freddie took the unlikely lads, who are from Preston, Lancs, on a cricket tour of India in the second series, which finished on Tuesday night.

In the next instalment, the teens are being teamed up with youngsters from Blackpool.

The insider said the two groups are winding each other up about who is posher.

The source said: "The show has always been about taking the kids out of their comfort zone – and throwing them in with a bunch from Blackpool adds another entertaining dynamic.

"A lot of the lads from Preston have already been joking that the lads from Blackpool are too posh for them." The tour of India had to be postponed for a year because Freddie was seriously injured in a car crash while filming Top Gear as a co-presenter.



INSPIRATION Freddie with one of the lads on the show

The first time he was heard speaking publicly about the accident was in the latest series of Field of Dreams, when footage showed him shortly after the crash saying: "Genuinely should not be here after what happened."

Freddie, real name Andrew, also spoke in the series about his anxiety issues.

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AT RISK Iconic bottles

Browned off over tax on 'Newkie' ale

BY **NATASHA WYNARCZYK**
Consumer Editor

NEWCASTLE Brown Ale's iconic beer bottles could soon be a thing of the past.

A packaging tax set to start in April is expected to add 9p to the cost of the classic tipple.

Beer makers warned the move could make it too expensive to offer ales such as "Newkie Brown" in traditional bottles.

The British Beer and Pub Association said the new levy posed "a serious risk of business failure and could lead to extra cost for the customer".

Gillian Hough, of the Campaign for Real Ale, said: "I urge the Department for Environment, Food and Rural Affairs to rethink their proposals."

Defra said: "We will continue to work closely with businesses on this."



HOT STUFF Charizard card

Trading card whizz in the Poke-money

BY **ADAM DUTTON**

A POKEMON trading card hailed as one of the rarest in the world could sell for as much as £40,000.

Jon Free, 32, has carefully built up his collection over a number of years.

He described the BGS fourth print featuring character Charizard as the most iconic card ever.

It is being sold at auction with a guide price of £8,000 to £12,000.

But a similar card has been sold for more than £40,000 and Jon's card is said to be the best example of its kind the world.

Jon, of Great Blakenham, Suffolk, said: "This is the rarest print run of the most well-known set. This is a piece of Pokemon history."

It will be sold by Richard Winterton Auctioneers in Lichfield, Staffs, on September 30.

Plays in the sun

Laura Hamilton fits in romance as well as work on Spanish trip



AFFECTION Laura, who divorced in 2022, was spotted with new man James on a stroll and, inset, kissing in a car

NICE WORK Laura filming in Barbados

PICTURE EXCLUSIVE

EX-LOVE Laura and Alex

EXCLUSIVE
BY **MARK JEFFERIES** Showbiz Editor

TV host Laura Hamilton is mixing business with pleasure as she spends time with her boyfriend in Spain near where she has been working.

The A Place In The Sun presenter, 42, was seen filming on the Costa Brava last month. She is still there but has managed to schedule some romantic downtime with businessman James Pettigrew, 44.

The couple were spotted for the first time sharing a kiss in a car and other affectionate moments on a public stroll, accompanied by Laura's two children.

Laura divorced Alex Goward in 2022 after nine years of married life.

Pettigrew, who is currently getting divorced, is reported to have started the relationship with Laura in January.

At the end of August, she told fans: "I am filming this week on the Costa Brava close to Barcelona with my favourite little crew with me..."

There was no sign of James – who has two daughters with his estranged wife Jackie – then but he now appears to have now joined her.

DATING

The pair smiled and looked in love as they strolled along.

The couple were also pictured having a great time together at the Scottish FA Cup Final in May.

Last month, Laura told Fabulous Magazine: "I'm dating. I'm having fun.

"No, I don't have the apps. I've tried those in the past three years. I like to meet people organically."

She and Alex have two children – Rocco, 10, and Tahlia, eight.

Of her divorce, she told Hello! magazine: "I have moments when I feel this is tough, this is hard, this is not what I expected my life to be. But I'm a glass half-full person and I have to be positive.

"Do I let myself cry? Yes, all the time. And I encourage Rocco and Tahlia to always share their feelings."

Laura has been among the presenters on Channel 4's A Place In The Sun since 2012. She began her telly career in 2003 on CITV programme Fun Song Factory – alongside JLS's Aston Merrygold.

In 2011, partnered with Canadian professional Colin Ratushniak, she came second on Dancing On Ice.

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PRITI HAS NO STICK

Patel first ousted in Tory leader vote

BY **MIKEY SMITH** Deputy Political Editor

PRITI Patel has become the first Tory leadership candidate to be knocked out of the race.

It leaves five candidates competing to replace Rishi Sunak as Opposition leader.

Robert Jenrick secured 28 votes from parliamentary colleagues, followed by Kemi Badenoch with 22.

James Cleverly got 21 votes. Tom Tugendhat got 17, just beating Sunak ally Mel Stride, who clung on with 16.

Ex-Home Secretary Dame Priti won 14. Withdrawing, she urged her party to appeal to younger people and "unite around our Conservative values".

In the next round of voting, on Tuesday, the field will be narrowed down to four. The finalists will set out their positions to Tory members at the party's conference at the start of October. After that, MPs will have further rounds of voting to select two candidates for party members to choose between, with the result on due on November 2.

Ex-Business Secretary Ms Badenoch has positioned herself as a hard-line right-wing policy maker.

Mr Jenrick has promised a binding cap on the number of legal migrants and to leave the European Convention on Human Rights.

Shadow Home Secretary Mr Cleverly said his priority as PM would be to boost national security.

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Tory votes

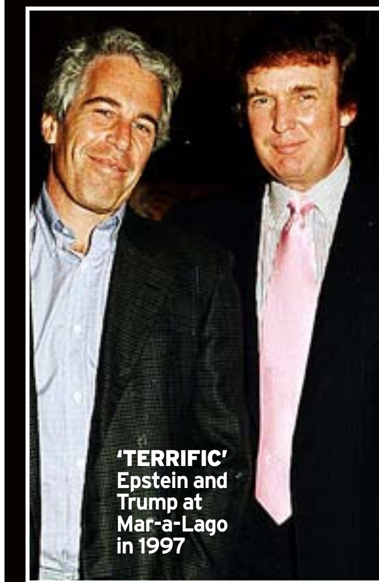
Robert Jenrick **28**
Kemi Badenoch **22**
James Cleverly **21**
Tom Tugendhat **17**
Mel Stride **16**
Priti Patel **14**



AMBITION Priti Patel



TELL-ALL Donald Trump hinted he may reveal names



'TERRIFIC' Epstein and Trump at Mar-a-Lago in 1997

Epstein's star pals 'in a blind panic' over Trump vow



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Ex-President in name & shame threat

EXCLUSIVE



BY **CHRISTOPHER BUCKTIN** US Editor

HIGH-PROFILE men who visited Jeffrey Epstein's Caribbean island have been sent into "a blind panic" after Donald Trump hinted he would release their names.

Only a handful of men, including Prince Andrew, are known to have visited Little Saint James, the island owned by the financier and child sex offender.

But now, dozens more powerful men – which the Mirror is aware includes several Brits – are fearful they could be identified if Trump is re-elected.

A survivor of Epstein's abuse, now 37, implored Trump to reveal the names. She added: "People are very nervous. They'll be in a blind panic now."

Trump told podcast host Lex Fridman, 41: "I never went to his island, fortunately. But a lot of people did... He was a good salesman, a hailing, hardy guy, and he had some nice assets that he'd throw around, like islands.

"A lot of big people went to that island. But fortunately, I was not one of them."

Lex said: "It's very strange that the list of clients that went to the island has not been made public."

Trump replied: "Yeah, it's very interesting isn't it? It probably will be, by the way. I'd certainly take a look at it... yeah, I'd be inclined to do the Epstein."

Epstein, who died by suicide in jail in August 2019, aged 66, hosted numerous influential people at his base in the US Virgin Islands. While some became public due to the flight logs of Epstein's private jet, many arrived unnoticed.

The victim said: "These men are incredibly powerful and have gone to great lengths to keep their associations with Jeffrey under wraps."

> "He was a hardy guy, and he had some nice assets, like islands
>
> **DONALD TRUMP** ON JEFFREY EPSTEIN

Trump distanced himself from Epstein in 2019, after his arrest.

But the pair had a friendship, and Epstein is known to have visited Trump's Mar-a-Lago mansion in Florida.

"I've known Jeff for 15 years. Terrific guy," the property mogul told New York magazine in 2002.

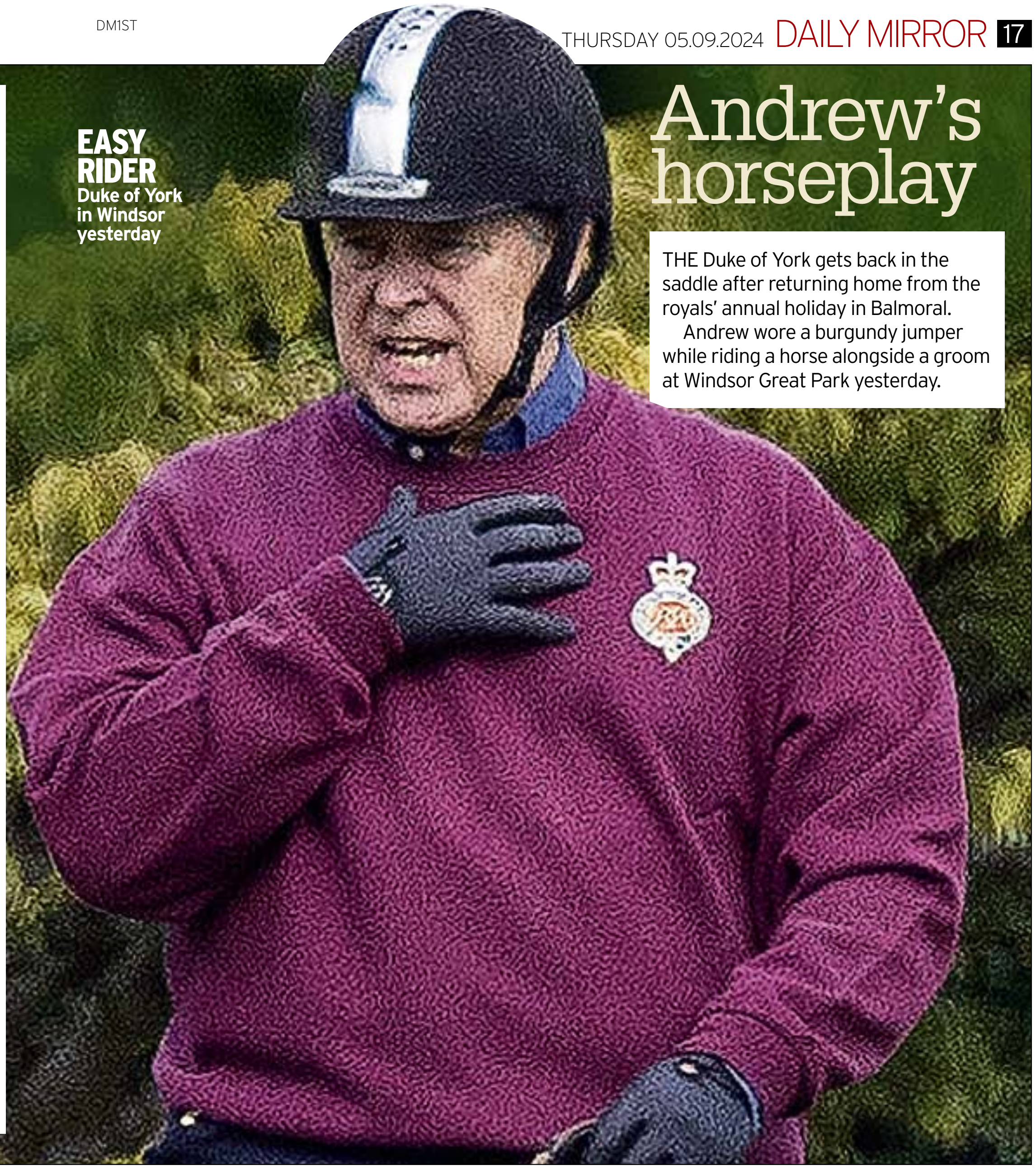
"It is even said that he likes beautiful women as much as I do, and many of them are on the younger side."

Epstein's accomplice, Ghislaine Maxwell, recruited Virginia Giuffre at Mar-a-Lago in 2000 and groomed her as a sex slave when she was under 18.

She later claimed to have been loaned out to Prince Andrew for sex. Andrew strenuously denies this, and insists he has no recollection of having met her.

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Andrew's horseplay



EASY RIDER Duke of York in Windsor yesterday

THE Duke of York gets back in the saddle after returning home from the royals' annual holiday in Balmoral.

Andrew wore a burgundy jumper while riding a horse alongside a groom at Windsor Great Park yesterday.



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COUNTDOWN TO THE RETURN OF

Stars go for Quek drink



BY **SUSAN KNOX**

FORMER Olympic champion hockey star Sam Quek and Towie's Pete Wicks have a drink and a giggle as they take a break at the Strictly cast hotel.

The new pals appeared to be on each other's wavelength, with Pete, 35, at one moment putting his arm affectionately on Sam's.

Snaps of the duo were taken the night before the pair, along with the other contestants and professionals of the BBC show, were due to film scenes for the pairing episode at Strictly's studios in North London.

Mum-of-two Sam, 35, is happily married to Secret Millionaire Tom Mairs, with whom she has a three-year-old girl Molly and son Isaac, two.



WILDE CHILD Toyah was taught to dance by Dee Dee Wilde



Selected stores. Subject to availability. Pampers Sensitive Baby Wipes 12x52, was £12 now £8 each. Pampers Baby-Dry Size 5 Nappy Pants Essential Pack 33 pack, was £10 now £5 each. Ella's Kitchen Organic The Red One Smoothie Multipack Baby Food Pouch 6+ Months 5x90g, was £3.85 now £3 (67p per 100g). Johnsons Baby Shampoo 500ml, was £3 now £2 (4p per 100ml). *App and mobile data required. Full terms and conditions at www.ASDA.com/rewards Asda pounds added to your Asda Rewards Cashpot to be spent in store or online. Excludes George.com May exclude Asda Express stores and small stores – see ASDA.com/smallstores

I WON'T

Craig Revel Horwood on hip ops,

EXCLUSIVE
BY **SUE CRAWFORD**



As Strictly judge Craig Revel Horwood nears his 60th birthday he says his dancing days are done after a string of surgeries.

But he has no plans to leave the flagship BBC programme.

He says: "I'd be an idiot to retire. What would I do with myself? I love the show. There's only so much cooking and gardening you can do. I'd get bored.

"I think I'm going to keep working until I drop dead."

Viewers are used to him showing off his moves at any opportunity on Strictly.

He would also usually be found on musical theatre tours, being put through his dancing paces.

But that is all in the past after two hip surgeries and recent operations to remove

STRICTLY ON OUR SCREENS

Toyah hopes for Pan-tastic time

BY **MARK JEFFERIES** Showbiz Editor

TOYAH Willcox is counting the days until Strictly starts, so she can show what she learned from one of the best in the business.

The punk legend trained under Dee Dee Wilde, from the world-famous Pan's People, before releasing her 1981 single Thunder in the Mountains.

With just 10 days to go until the new series begins, Toyah, 66, admits to being "terrified", but added: "The thought of doing Strictly is so appealing, but the reality is hard, hard work with young, energetic, competent dancers that I don't want to let down."

She added: "My confidence is wavering but I think back to when I was a child, when dancing was freeing and full of self-expression. That's what I hope to bring to the show, the joy of dancing."



GLAM ROCK Toyah Willcox, right, in her 1980s heyday





DANCING QUEENS Legendary dance troupe Pan's People



PERFECT 10 Toyah aims to bring joy through dancing

DAME SHIRLEY BALLAS



My goal to get UK on its feet

AS Strictly Head Judge, one of the things I love most about the show is seeing people discover the joy of dancing.

The trouble is, Strictly doesn't always get viewers off their bottoms and onto the dance floor, to enjoy the fantastic benefits and pleasure that it brings.

I want to change that, and I hope my new role as President of the Imperial Society of Teaching of Dancing will help by getting more people on their feet.

Dance could be our saviour but right now it is not in a good place, and it makes me want to weep.

I always tell people how my mum worked her fingers to the bone so that I could have classes and gorgeous costumes, but the one thing we were never short of was inspirational teachers.

What really worries me is that young dancers in the very near future will not be able to say the same thing. Dance has all but gone from schools and higher education and that will have knock-on effects for the number of teachers in the future.

I also worry about the fantastic "backstage" teams who are disappearing in so many places.

Every single school should be connected with the best local dance experts so that every single child can experience top quality dance. As the ISTD's Dance for All report says: "Dance is good for everyone, everywhere, no matter who you are." If, together, we are going to take the nation's health and ambitions for growth seriously, we need to get Britain on the dancefloor.

DANCE AGAIN

bunion surgeries & turning 60 but not slowing down

bunions. He says: "It's from wearing heels all my life. They're so bad for you, although they look fabulous.

"You can't keep dancing for ever, it's strenuous. I've had my toes done, I've had my hips replaced, I've had everything done, so my dance days are over.

"I still exercise but I do things that suit my hips. I can't do the splits any more but who would want to?"

Craig admits to "a bit of trepidation" about turning 60 in January.

He says: "It's just a number but 60 sounds old... But I've no plans to slow down." He spent his summer directing and choreographing new stage show NOW That's What I Call A Musical.

It will tour the UK and Ireland until April, while his debut album, Revelations – Songs Boys Don't Sing – is released next month.

Before that, Craig, whose dance career began in Australia before his move to Britain in 1989, will give more of his famously low scores on Strictly, which is back on September 14.

The programme has been rocked by claims of pro dancers bullying contestants in the past but Craig hopes the show has not been tarnished.

Craig, who lives in Northamptonshire with fiance Jonathan Myring, 39, and who has been a judge on Strictly since it began in 2004, says: "I think the show can rise above what's happened.

"People would be so sad if this was to mean the show didn't continue – it would be crazy."

■NOW That's What I Call A Musical opens tomorrow. Visit thenowmusical.com for tour details.

features@mirror.co.uk @DailyMirror



"I think the show can rise above what's happened

CRAIG REVEL HORWOOD ON STRICTLY SCANDAL



VETERAN James Kirby

Family wants inquiry into aid worker's drone death

BY **CHRIS HUGHES**
Defence and Security Editor

THE grieving family of one of three British aid workers killed by an Israeli drone strike in Gaza are calling for an independent inquiry.

James Kirby, 47, was among seven World Central Kitchen workers to die when a drone hit their marked vehicle in April.

The other British victims were John Chapman, 57, and James Henderson, 33.

A memorial service for Mr Kirby, who had served with The Rifles, took place in his home city of Bristol.

DIABOLICAL

His cousin Louise Kirby said: "The murder of James and his fellow aid workers, for whom clearance had been given for their humanitarian work, is a diabolical tragedy."

She said the family was struggling to find answers and accountability.

Israel's ambassador in London had not sent condolences, she added.

Ms Kirby said: "There must be a proper, independent inquiry... and for the evidence to be assessed, if appropriate, in a relevant court of law."

The IDF called the incident a serious mistake. It dismissed two officers and reprimanded three others.

GAZA HOPE: P34 & 35

JEREMY KYLE GUEST SUICIDAL BEFORE SHOW

Tragic Steve told GP he wanted to end it all weeks ahead of filming



INQUEST Steve Dymond died in May 2019. Right, Jeremy Kyle

> "He was very depressed and said he was depressed for four weeks... he was very upset
>
> **DR AMJAD REHMAN** STEVE DYMOND'S GP, ON HIS MENTAL HEALTH

BY **ADAM ASPINALL**

A GUEST who died after appearing on The Jeremy Kyle Show had been referred to a crisis team over suicidal thoughts weeks before filming.

Steve Dymond, 63, was found dead on May 9, 2019, seven days after filming the ITV show, an inquest heard.

Weeks before his time in the studio, he told a GP of his plans to end his life.

Dr Amjad Rehman made an urgent referral to the acute crisis team.

He told the inquest: "He was very depressed and said he was depressed for four weeks... he was very upset."

The mental health crisis team referred him back to Dr Rehman, the GP said, as they rated him a low suicide risk.

In April, Steve asked his surgery for a letter passing him fit to go on Jeremy Kyle, the inquest heard.

ACCUSED

He also phoned the show 40 to 50 times asking to go on, counsel to the inquest Rachel Spearing said.

Dr Rehman wrote a letter saying: "Mr Dymond has a history of low mood and depression."

But it added: "His mood has improved and he is not taking any anti-depressants."

On May 2, when he filmed the show, he was accused of cheating on his partner, Jane Callaghan. A week later, Winchester coroner's court heard, Steven was found dead at home in Portsmouth, Hants, after an overdose.

The inquest heard Steven was diagnosed with a depressive disorder in 1995 and had a history of overdoses. He was sectioned in 2005. The inquest continues.

■ Samaritans: 116 123.

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PARTNER Jane Callaghan



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Four gunned down in US school horror

BY **CHRISTOPHER BUCKTIN** US Editor

FOUR people were killed and nine injured in a US school shooting thought to have been carried out by a boy of 14.

The suspect was last night named as Colt Gray, a pupil at Apalachee High School in Winder, Georgia.

Gray surrendered to police and last night remained in custody.

The victims were two students and two teachers.

All nine injured were hospitalised after the shooting, according to the Georgia Bureau of Investigation.

One of them was David Phenix, a special education teacher.

Daughter Katie said: "My dad was shot in the foot and in the hip, shattering his hip bone. He arrived to the hospital alert. He just got out of surgery and is stable."



Erin Clark said her son Ethan worked with his classmates to barricade the door and hide.

Ms Clark, 42, added: "I'm so proud of him."

President Joe Biden said: "What should have been a joyous back-to-school season has now turned into another horrific reminder of how gun violence continues to tear our communities apart.

"Students are learning how to duck and cover instead of how to read and write. We cannot continue to accept this as normal."



EVACUATION Students flee the school shooting



FEARS Mum and child at scene of school shooting



RESCUE MISSION One victim is taken to a helicopter

Migrant boat 'fell apart'

Gang sent 12 to Channel deaths



TRAGEDY Victims in France

BY **LUCY THORNTON**

SMUGGLERS are believed to have removed parts of a dinghy to make it go faster in the sea, leading to the deaths of 12 people.

It is thought the removal of rigid supports caused the bottom of the seven-metre inflatable to fall apart.

Six children and a pregnant woman were among those who died on Tuesday, in the deadliest small boat tragedy this year. A French rescue vessel had come to the dinghy's aid minutes before disaster struck but only 15 of 80 on board took the offer of help.

Just eight of the passengers, most of them from Eritrea, had life jackets.

The UK's border security and asylum minister, Dame Angela Eagle, says she has seen a trend that poor quality boats are being filled with more people.

Axel Baheu, the skipper of the French trawler Murex, was among the first to try to rescue people from the Channel.

As he pulled one of the bodies out of the sea, Mr Baheu said he heard a phone ringing. He said: "It was probably someone calling to see if he was okay or not." Police are searching for the smugglers, who are thought to have charged those on board the equivalent of £1,000 each. The disaster was the worst since 2021, when 27 people died.

About 20,000 people have made the crossing from France to the UK so far this year. More than 30 have died.

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DMLI

Sewage fat cats face jail

Bonuses at risk in clampdown on water scandal

BY **GRAHAM HISCOTT**
Head of Business

FAT cat water bosses could be jailed for up to two years in a crackdown on the sewage crisis.

They may also lose huge bonuses for failing to meet high standards.

Environment Secretary Steve Reed said: "The public are furious that in 21st century Britain, record levels of sewage are being pumped into our rivers, lakes and seas.

"Under this government, water executives will no longer line their own pockets whilst pumping out this filth."

Executives who fail to co-operate with or obstruct probes by the Environment Agency and Drinking Water Inspectorate risk prison.

Just three people have been fined for doing so since privatisation in the 80s. The sanctions are part of Labour's Water (Special Measures) Bill, introduced today.

Ofwat will be able to ban bonuses at firms, with £41million in perks being paid since 2020.

Investors have earned billions in dividends, with more bill hikes looming.

3
Number of people fined for obstructing water probes since 1980s

Suppliers face speeding ticket-style automatic fines and will have to publish real-time data from all emergency sewage outflow points in England and Wales.

Charles Watson, chair of River Action, said: "If the Secretary of State believes the few one-off actions announced today are going to fix the underlying causes of our poisoned waterways, then he needs to think again."

Matthew Topham, of We Own It, added: "The government is washing its hands of the scandal, pushing households, our rivers and seas to pick up the tab."

Trade body Water UK said: "We agree with the government that the water system is not working.

"Fixing it requires the government to deliver the two things it promised: fundamental regulatory reform and speeding up investment."



NEW SANCTIONS Steve Reed

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Letby wrote 'I did this' after therapy


JAILED Lucy Letby

BY **PHIL CARDY**

NOTES left by nurse Lucy Letby allegedly confessing to killing babies were written after advice given in therapy, sources claim.

The scrawls had been used to help convict her of murder but one expert warned they should not have been used as evidence in her trial.

They included the words "I am evil I did this", "I killed them on purpose. I am a horrible evil person".

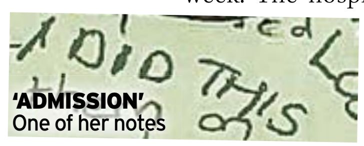
It is alleged she was urged to write down her feelings as a way of coping with extreme stress by Kathryn de Beger, who was head of occupational health at the Countess of Chester Hospital, where Letby killed seven babies and tried to kill six others.

Claims confessions came under stress

That was not mentioned at her trial last year, where she was given 15 whole life sentences.

Birmingham City University criminology professor David Wilson said the notes were billed as a "gotcha moment". But he added: "People will say things when they are under stress and feeling bereft, that seem to imply one thing but mean nothing at all.

"I always thought Letby's notes were meaningless as evidence."



'ADMISSION' One of her notes

The notes were written between July 2016, after Letby was taken off the ward, and her arrest in 2018.

A public inquiry into her crimes will begin receiving evidence next week. The hospital declined to comment.

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Maximum compo for scam victims set to be just £85k

BY **VICKY SHAW**

THE maximum amount banks must reimburse customers tricked into sending money is set to be slashed to £85,000 from £415,000.

Mandatory rules will come into force from October 7, requiring lenders to reimburse scam victims unless they have been grossly negligent.

But yesterday the Payment Systems Regulator pushed for a lower cap. Which? branded the move "outrageous" and said banks would have less incentive to clamp down on cons which "could have disastrous consequences for victims".

Rocio Concha, Which? director of policy and advocacy, said: "Victims stand to have their lives destroyed by this screeching U-turn."

But the regulator said the proposed cap will still mean more than 99% of claims are covered by compo. The consultation closes on September 18.



OUTRAGED Rocio Concha

City's coffee costs a latte

THE priciest city in the UK to buy a coffee has been revealed, with a flat white costing more than 5% of the average daily wage.

Bristol took the unwanted title at £4.25 a cup on average, after PR firm Tank looked at more than 90 locations.

The most affordable place for caffeine fiends is St Albans, Herts, where it costs £3.60 a day, or less than 3% of average wages.

Experts have predicted a 20% to 25% rise in coffee bean prices by next year.

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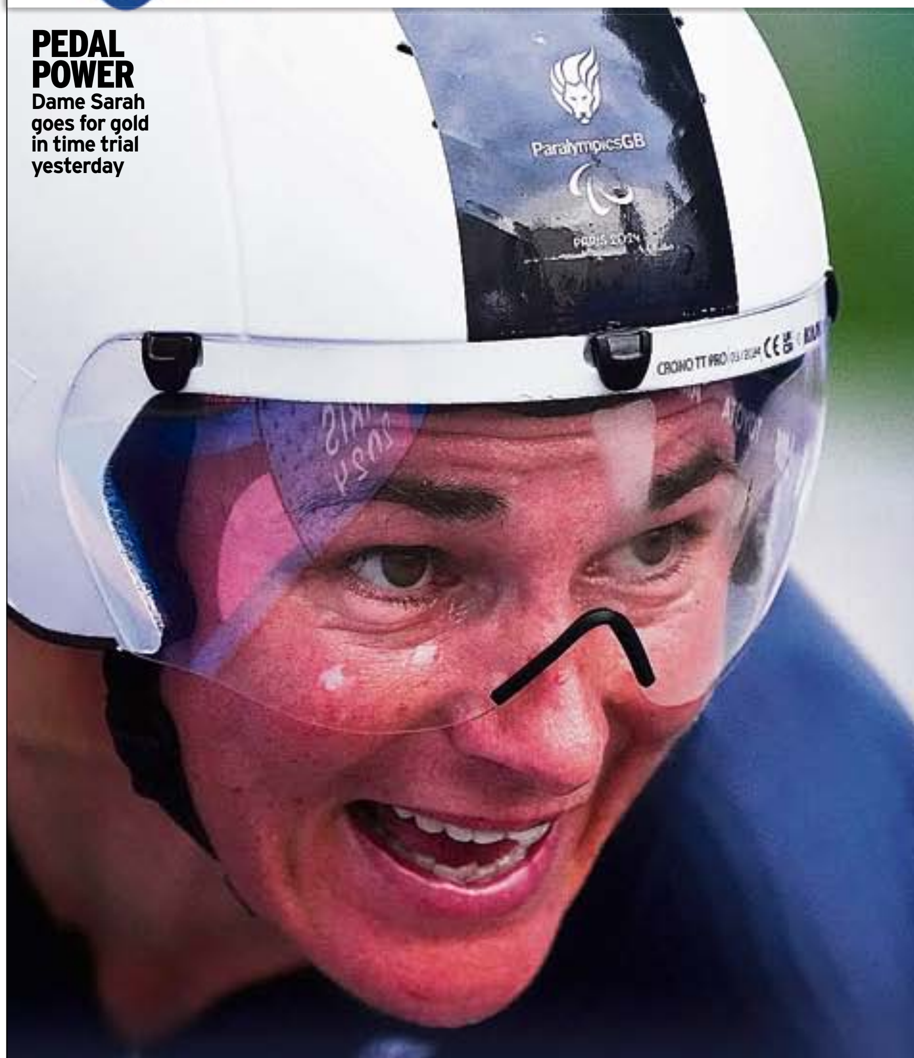
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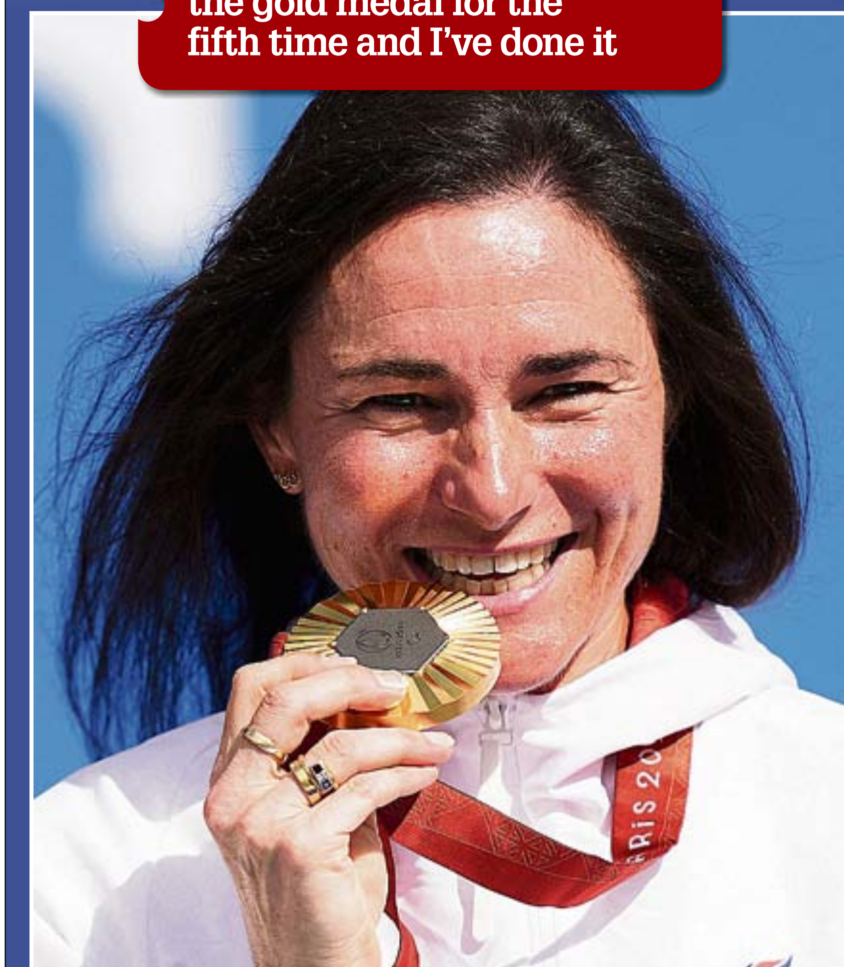
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PARIS 2024



PEDAL POWER Dame Sarah goes for gold in time trial yesterday

> I am on top of the world. I came here to try to get the gold medal for the fifth time and I've done it



1. DAME SARAH STOREY 18 gold medals 8 silver medals 3 bronze medals

PARALYMPICS: RAPID-FIRE HAUL

Storey strikes gold for 18th time as GB secure triple triumph on top of a lightning silver streak



FACE OF THE GAMES Sarah's fans show off masks on course



WELL DONE, MUM Charlie, hubby Barney and Louisa celebrate

Dame on



JUMPING FOR JOY Dame Sarah leaps on to podium before being given her gold

BY **JEREMY ARMSTRONG**

DAME Sarah Storey won the 18th gold of her glittering career and is looking to "have some fun" as she bids for a 19th tomorrow.

The swimmer-turned-cyclist extended her record as Great Britain's most decorated Paralympian, an astonishing 32 years on from her Games debut.

At the Stade de France last night, wheelchair racer Sammi Kinghorn powered to gold in the women's T53 100m.

The Scottish star defeated world record holder Catherine Debrunner to set a Paralympic record of 15.64 seconds, winning her third medal of the Games.

She said: "I can't believe I've done it. I won't believe it until the medal is around my neck. It has blown my mind."

And there was more British joy at the Grand Palais as wheelchair fencer Dimitri Coutya took gold in the men's foil B category.

A bronze medallist last time out in Tokyo, the Bath-based world number one secured the title after outclassing two-time defending champion Feng Yanke of China 15-7 in the final.

Coutya said it was a moment he had waited for "all his life", adding: "I'm just about managing to breathe at the moment."

The double delight came either side of a British medal rush, with our athletes winning four silvers in just 20 minutes last night.

Teenage swimming star Rhys Darby started the sequence, sealing second in the men's SM14 200m individual medley.

In the very next race, Poppy Maskill took her Paris medal tally to four as she finished runner-up in the women's version of Darby's event.

Over in the Porte de La Chapelle Arena, Essex's Zoe Newson upgraded her bronzes from London and Rio with silver in the women's -45kg powerlifting after an effort of 109kg.

And then it was the turn of the tennis aces as Andy Lapthorne and Greg Slade lost the men's quad doubles final in straight sets to Dutch pair Sam Schroder and Niels Vink but could console themselves with a silver medal.

Just 20 minutes later, Alice Tai added to the medal mayhem by swimming to second place in the women's S8 400m freestyle, with GB's Brock Whiston in fifth.

But the major headlines belonged to Dame Sarah.

Despite branding the C5 time trial course "appalling", the 46-year-old came home some 4.69 seconds ahead of home favourite Heidi Gaugain.

The French teenager was born in November 2004, by which point Dame Sarah already had 16 Paralympic medals to her name from four Games.

Manchester-born Dame Sarah joked many people back home might have missed her morning race while doing the school run.

But she added: "I am on top of the world. "I came here to try to get the gold medal for the fifth time, the fourth defence, and I've done it.

"It was the perfectly paced ride. I was down seven seconds at the first time check but I knew that was the easiest part of the course."

Dame Sarah was spurred on by her husband and three-time Paralympic champion Barney and their children, Louisa, 11, and Charlie, six, who were both excused school to see their mum make history in the French capital.

She was disappointed with the course in Paris, saying: "It is the shortest Paralympic time trial we have ever had. It's a real shame that we don't get to showcase Para-sport in the way we want to. I hope they never do this to the women again. It has been appalling."

Dame Sarah said she is ready to go again tomorrow but admitted: "Anything can happen in a road race. This time trial was the reason I came here. I will go out there on Friday and have a bit of fun."

Already Britain's most decorated Paralympian, a 19th gold tomorrow would bring her total haul to 30 medals since her debut in Barcelona in 1992.

But after yesterday's time trial triumph, she has forged further ahead of 16-time gold medal winner Mike Kenny.

Meanwhile, Dame Sarah's team-mate Fran Brown won silver in the C1-C3 time trial. And Sophie Unwin and pilot Jenny Holl took second in the women's B individual time trial, as fellow Britons Lora Fachie and Corrine Hall secured bronze. Shooter Tim Jeffery, 28, said he "couldn't be happier" with his bronze in the 50m rifle prone. And sprinter Zac Shaw was awarded a bronze medal following a disqualification in the T12 100m.

Bly Twomey, 14, has guaranteed herself a medal in the Para-table tennis women's WS7 singles after reaching today's semi-finals.

Team GB now has a total of 74 medals and is second to China with 131.

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FLYING FLAG Champions Coutya (top) and Kinghorn



2. MIKE KENNY
16 golds and two silver in swimming



3. SIR LEE PEARSON
14 golds, 2 silver and 1 bronze in equestrian



4. BARONESS TANNI GREY-THOMPSON
11 golds, four silver and one bronze in athletics



4. DAVID ROBERTS
11 golds, four silver and one bronze in swimming

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THE DIARY

with Ashleigh Rainbird

Naomi on the **catty** walk again



ICON Naomi Campbell at the Harlem award bash

There's one fashionista who might not need to worry what to wear at next year's Met Gala.

Supermodel **Naomi Campbell** made a fabulous retort to the bash's organiser **Anna Wintour**, after the former Vogue boss aired how unimpressed she was by Naomi's lateness at the Harlem Fashion Row award ceremony.

"I am a very punctual person, and I have the honour of presenting tonight to someone who is often late," came Anna's catty quip, who added that Harper's Bazaar editor **Samira Nasr** had to step in to give Naomi the Fashion Icon award.

"Yes, 'Naomi's always late'," said Naomi, speaking in the third person for added drama. "But I believe in my high power and I want to thank my higher power for having me be here." She added: "It wasn't my choice to have the other lady but I'd much rather have this, so thank you."

Who needs The Devil Wears Prada sequel when the fashion industry is this entertaining?



JIBE Ex-Vogue chief Wintour



> I'm obsessed with mayonnaise. I think if I gave up mayo, I reckon I'd look like **Kate Moss**."

Actress Natalie Cassidy tells the Off Menu podcast that she used to wolf down six tablespoons of the stuff every lunchtime.

CHANNING'S DOZY DOEY

It's a good job **Channing Tatum** wrote some lovely things about his fiancee **Zoe Kravitz** as posting a photo of her asleep might otherwise have been grounds for her to call off the wedding.

The couple have just worked together on Zoe's directorial debut, Blink Twice, which Channing stars in, and the shirtless star cooed over his wife-to-be: "This little sweet. She so tired bro. Every time I wondered if she'd break she just kept going. Always on the dig for truth. She pour'd every single ounce of her into this film.

" I'm so proud to stand ten toes down for her, this film and everyone in it. Knowing what it took to make it."

Channing, 44, previously dated **Jessie J** before finding love with **Lenny Kravitz's** daughter Zoe, 35.

He gushed: "Me and you back to back against it all. I'll never blink."

Brownie points for the promo.



POWER PAIR Blink premiere in London

Katy no Brand ambassador...



Following an acrimonious divorce from Russell Brand, Katy Perry states conclusively: "I'm no longer attracted to narcissists."

The singer, 39, is engaged to **Orlando Bloom**, and the couple share a three-year-old daughter, Daisy.

And despite naming no names, Katy, who was married to Russell for a year until their 2012 divorce, could quite possibly have been referring to Russell, who has previously described himself as "self-obsessed".

She now avoids "anyone that is constantly changing the goalpost or pulling the rug out from you emotionally – not it", Katy says.

Now, she says her "love language" is a man who "cleans the kitchen, does the dishes and closes the pantry doors".

"I don't need a red Ferrari," she tells the Call Her Daddy podcast. "I can buy a red Ferrari.

"Just do the f***ing dishes."

> I don't need a red Ferrari. I can buy a red Ferrari. Just do the f***ing dishes

She also recalled how she met Orlando, 47, when the actor stole a burger from her table at the Golden Globes in 2016. Katy admits she did "a little spell" before the evening, including wearing pink quartz crystals and writing down what she was looking for in a man, which she then burnt under a full moon.

"And it came, and we manifested it," she says.

And since the spell was cast, they've so far lived happily ever after, with a gloriously clean kitchen. Fairy tale stuff.



SPELL Katy and Orlando

Public noticing huge decline

MOST voters say public services have got worse since 2019.

A huge 73% say the public sector has declined since then, a poll for the TUC found.

Opinium found 76% think the NHS is worse. It was 63% for policing/justice, 62% for social care and 49% for schools.

TUC boss Paul Nowak said: "Fixing 14 years of Tory neglect won't be an overnight job."

CHEER UP.. AND TAX THE RICH!

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UNION DUES TUC General Secretary Paul Nowak

Picture TIM MERRY

> **"Levelling the playing field would help raise billions**
>
> PAUL NOWAK ON TAX HIKES FOR THE WEALTHY

TUC chief calls for 'a sense of optimism'.. and for wealthy to pay for services

BY **LIZZY BUCHAN** Deputy Political Editor

THE head of Britain's trades union movement has said wealthier people must face higher taxes.

TUC chief Paul Nowak said he had "real concerns" over Chancellor Rachel Reeves' plans to means-test the winter fuel allowance for 10 million pensioners.

Calling for help in next month's Budget for pensioners just above the eligibility threshold, he urged the government to tax the wealthy to level the playing field for workers.

But he insists there are reasons to be cheerful, as he urged Keir Starmer to draw on a "sense of optimism".

Ahead of the annual union gathering in Brighton on Sunday, Mr Nowak said: "There's a huge set of challenges, whether it's the winter fuel allowance, Universal Credit, the two-child cap, there is so much that is broken that the Chancellor has to think about."

Mr Starmer warned last week that the Budget would be "painful" due to the £22billion black hole the Tories left in the public finances.

Mr Nowak urged him to make sure those with the broadest shoulders would do the bulk of the heavy lifting. Labour has promised not to raise taxes for working people, but Ms Reeves has not ruled out increasing levies on inheritance or capital gains.

Mr Nowak, 52, said: "People who go to work in supermarkets or in warehouses or in schools, they shouldn't be paying a higher rate of tax than someone who gets their income through shares or through property.

"I think levelling that playing field would be a good step in the right direction and would raise billions that's needed for our public services."

The Merseyside-born former Asda worker accepted Mr Starmer's Labour had been left a toxic legacy by the Tories. "We know it's not all going to be plain sailing, but now we've got a government that is on the side of working people," he added.

"We've got a real opportunity to make work pay, to rebuild public services, to improve the quality of work."

Mr Nowak said recent public sector pay hikes were a "down payment" on the need to improve public services.

He added: "It's not the end point but it's changed the mood from the previous government."



CUT CONCERNS Rachel Reeves

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CHAOS Manchester airport

Manchester voted worst airport in UK

BY **NATASHA WYNARCZYK**
Consumer Editor

MANCHESTER airport has been voted as having the UK's worst terminal for the third year running.

Its terminal three scored just 37% in a poll focusing on seating, staff, toilets and queues at check-in, bag drop, passport control and security.

Its terminal one, which closes next year, got only 40%, followed by Belfast International with 44%.

Liverpool John Lennon won with 81%, followed by London City, Norwich, Exeter and Southampton in the Which? survey.

Rory Boland, editor of Which? Travel, said: "Many of the biggest airports fall at the basics."

A spokesman for Manchester airport disagreed with some of the survey findings.



RESERVE Skiddaw acres

High hopes to make peak a nature haven

BY **EMILY BEAMENT**

AN appeal has been launched to help create the "highest nature reserve" in England.

It will restore thousands of acres of Atlantic rainforest, moorland and peatbogs in the Lake District.

Cumbria Wildlife Trust is asking for the public's help to chip in £1.25million to help buy Skiddaw Forest, including the summit of Skiddaw.

The charity aims to restore 620 acres as part of a 100-year vision to return wildlife to the lower slopes.

Keen walker and TV host Julia Bradbury, 54, said: "I'm delighted Cumbria Wildlife Trust can begin restoring precious habitats on this iconic fell.

"Our natural world needs a lot of help, and visions like this make a huge difference."

Mad's stable relationship

MADONNA'S in the pink so why the long face as she strikes a pose with her horse?

Maybe the Material Girl, 66, is mourning the end of summer as she stares into the sunset wearing a see-through gown, a black lace thong and fishnets.

Or perhaps she knows she has news to break to her horse. She wrote on Instagram: "My horse is an Irish Sport Horse named Roller!! He has been so good to me and still riding strong but I'm looking to get a new one. Any Suggestions?"



HORSE AROUND Madge cuddles up to Roller



HOOF'S THAT GIRL Star gazes on the last ray of light



FROZEN Star flat out amid the flowers

Brian: I've had a stroke

Queen icon lost control of arm, but is doing OK

BY **TOM BRYANT** Head of Showbiz

SIR Brian May has revealed he has had a minor stroke which caused him to lose control over his left arm.

The Queen guitarist, 77, said he had the health scare about a week ago and called it "a little scary".

He said he was doing OK but has been advised not to drive, fly or do any activity which raises his heart rate too high.

In a video on Instagram, he said: "I'm here to bring you first of all some good news, I think, good news is that I can play guitar after the events of the last few days. And I say this because it was in some doubt because that little health hiccup about a week ago, and what they called it was a minor stroke.

"All of a sudden, out of the blue, I didn't have any control over this arm."

Sir Brian said the experience was "a little scary" but praised the "fantastic care" he received from Frimley Park Hospital in Surrey. He added: "I really don't want sympathy. It will clutter up my inbox."

The star added that he was "just doing what I'm told, which is basically nothing.



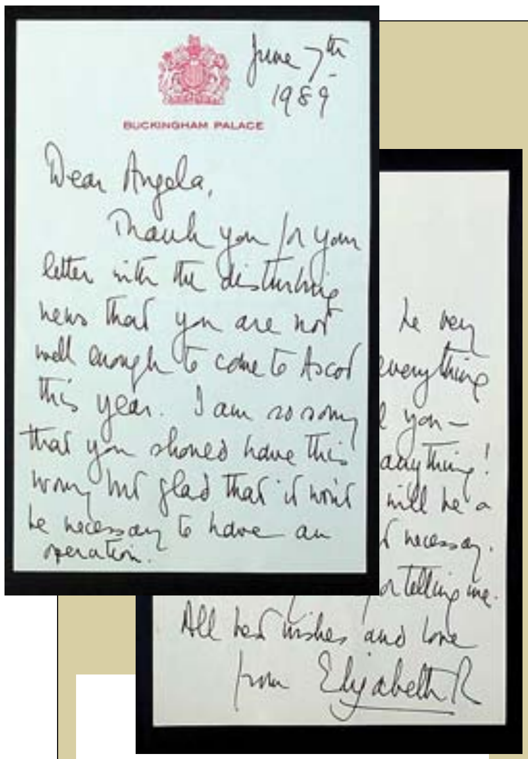
SCARE May talks to fans

I'm grounded". He said: "I'm not allowed to go out, I'm not allowed to drive, get on a plane, not allowed to raise the heart rate too high."

In 2020 rock icon Brian told how he could have died after being rushed to hospital following a heart attack.

Subsequently fitted with three stents, he said at the time: "I think I'm in good shape for some time to come."

tom.bryant@mirror.co.uk
X @MirrorTom


June 7th 1989

BUCKINGHAM PALACE

Dear Angela,

Thank you for your letter with the disturbing news that you are not well enough to come to Ascot this year. I am so sorry that you should have this worry but glad that it won't be necessary to have an operation.

... be very ... everything ... you – ... anything! ... will be a ... necessary ... telling me.

All best wishes and love from Elizabeth R

With love, Elizabeth R

Queen's intimate letters to her cousin about Ascot, weddings ..and Charles' tonsils op in sale


WRITE ON Queen in 1972 and, left, letter to Angela Lascelles in 1989

BY **ADAM ASPINALL**

AN intimate collection of letters from Queen Elizabeth II to her cousin and his wife are being sold.

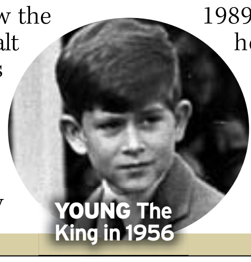
The late monarch kept in regular contact with Gerald and Angela Lascelles, covering topics such as Ascot, weddings and anniversaries.

The couple kept all of the letters, including ones from a young Prince Charles, Princess Margaret, the Queen Mother, Edward VIII, Lord Mountbatten and Queen Mary.

In May 1957, Elizabeth apologised for son Charles, then eight, missing the fourth birthday party of his second cousin Henry Lascelles as he "has to have his tonsils out".

One letter reveals how the Queen requested silver salt and pepper pots as gifts for her silver wedding anniversary in 1972.

A note shows how in 1979, she gave formal consent for Henry, now 71, who is selling the haul, to marry.


YOUNG The King in 1956

In a letter written on Buckingham Palace-headed notepaper in June 1989, the Queen expresses her sadness that Angela was not well enough to join her at Royal Ascot that year.

She signed it off with "love from Elizabeth".

Angela also writes of her dachshund bowing to the Queen when she visited their home Harewood House, West Yorks, in 2002.

Then-Leeds manager Terry Venables was also among guests.

The archive, from the 1950s to the 1990s, includes New Year telegrams, Christmas cards and an invitation to Charles' and Diana's wedding.

It has been divided into 60 lots with an estimate of £11,000 to £18,000 at Young's Auctions of Farnham, Surrey. Auctioneer Christopher Young said: "This is a rare opportunity for people to acquire very intimate letters from senior members of the Royal Family.

"It has stimulated quite a lot of interest all over the world."

The sale is on September 14.

adam.aspinall@mirror.co.uk
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Mirror OFFERS

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HAPPY Sarah and Jamie

Wedding bus just the ticket for lovebirds

BY **ADAM ASPINALL**

A BRIDE took a bus ride to her own wedding because she could not find a limo to take her wheelchair.

Sarah Clark, 41, lost the ability to walk in her late 30s due to limb-girdle muscular dystrophy.

She was desperate to have a dream wedding to Jamie – but could not find an accessible wedding car.

Happily, bosses at Cardiff Bus stepped in, and even lit up the front of the vehicle with: "Congratulations Sarah & Jamie."

Sarah said: "It was amazing –my father was a little taken aback by the fact he was taking me on a bus but it was fantastic.

"The driver of the bus knew exactly how special the day was. He messaged me from outside saying 'your chariot awaits'. I enjoyed every moment."



PE LESSONS Joe Wicks

Parents fork out cash to help schools

BY **RICHARD JENKINS**

NINE in 10 parents have been asked to donate to their child's school, with 51% of these asked multiple times a year.

A poll of 504 parents and 625 primary school teachers also found 95% of educators say a lack of funding has affected learning at their school.

Respondents had spent up to £138 a year.

The study was commissioned by Asda to launch its new Cashpot for School initiative, which aims to raise millions for primary schools through its Rewards programme.

It is fronted by Joe Wicks, who visited St Mary's Catholic Primary School in Chingford, East London, to give PE lessons.

Dad-of-four Joe said: "Donations will have a huge impact on schools."

Three players A DAY report brain injuries

Lawyer for stars: Scandal a tragedy on industrial scale

EXCLUSIVE
BY **WARREN MANGER**

AS many as three former sports stars a day come forward with brain injuries they fear were caused by their careers.

Nearly 800 rugby players and more than 50 footballers are now part of a class action against governing bodies – up almost a third since the start of the year.

The youngest is just 21. Lawyer Richard Boardman, representing the stars, warned the soaring number of injuries from heading balls or clashes with other players "is a tragedy on an industrial scale".

He said: "An average of two or three potential claimants are contacting us every day. Sometimes there are as many as 10 in a day.

"There are life-changing consequences for the claimants and their families.

"There is growing awareness among players about the scale of brain damage in contact sports.

"We believe as many as one in two elite rugby players will suffer some neurological impairment."

Footballers are three and a half times more likely to develop brain conditions such as dementia, motor neurone disease and Parkinson's. A host of former stars have been diagnosed with dementia, including 1966 World Cup winners Bobby and Jack Charlton, Nobby Stiles, Martin Peters and Ray Wilson. All have since died.

21 Age of youngest player involved in class action against sports chiefs

Rugby players are more likely to suffer the effects earlier than footballers, with many retired pros starting to show symptoms in their 30s or 40s.

England hooker Steve Thompson, who cannot remember winning the rugby World Cup in 2003, is one of the most high-profile players involved in the class action against World Rugby and the England and Welsh rugby unions.

Stiles' son John has joined the case brought by former footballers against bodies, including the FA.

He said: "The legal proceedings are to get justice for victims like dad and to make the game safer to protect current and future players."

The Professional Footballers Association and the Premier League created a £1million Brain Health Fund to support former players with dementia following a campaign by the Daily Mirror.

It has already awarded families £800,000 of support.

mirrornews@mirror.co.uk
@DailyMirror



HEYDAY Watson in 1980



DAMAGE Star has dementia

Legal woes for England legend

FORMER England captain Dave Watson has suffered a devastating setback in his fight for footballers with brain injuries to receive industrial disease benefits.

Dave, 77, was the first player to have 10 head injuries in his career seen as industrial accidents.

The former Manchester City star, who has dementia, and his wife Penny hope to set a precedent to help former footballers with the disease to claim up to £11,500 per year in industrial injuries disease benefits.

But football charity The Player's Foundation will no longer pay the family's legal costs after the Watsons fell out with its lawyer.

They now face dropping the case as their legal costs rise. Penny said: "I broke down in tears because I knew if we stopped, all those former players would probably never have a chance of getting industrial injuries allowance."

Linda Nolan

Speaking from the heart



I STARTED my new chemo last week and I've been sick to my stomach once since.

Although that's because I did over-indulge in a three-course lunch when my friends John and Mary brought along my little dog, Betty (Boop), who they look after, to lift my spirits.

Seems she lifted my appetite, too.

Otherwise, despite fatigue, I've been OK. So, on we go.

I started having chemo in 2006, and I couldn't tell you which number of cocktail this is. Good lord, it's been too many.

But my policy is I'll try anything to stay here as long as I can. I'm that patient that if you say, "Take this," I'll say, "OK, how many and what time?" And that's worked for me. This is my body – someone has to take credit for it – so it's my call.

For Elle – the (actual) Body – Macpherson, though, it's hers.

And, at 60, she has now revealed being diagnosed with breast cancer six years ago and declining chemotherapy.

Apparently, 32 doctors had advised conventional medicine but she decided to take a holistic path after her lumpectomy – a procedure that removes a tumour and surrounding tissue to treat breast cancer.

We're clearly not similar, Elle and I. (I know, I know, you'd think we were twins).

It's a brave decision she made.

It's also her decision, and she feels it's working best for her.

But although I truly believe that if she was one of my sisters or one of my friends, I'd be angry. I'd feel they weren't giving everything a try to stay here. I'd have to ask them why, and what they had to lose by trying?

It's been reported one of Elle's sons was not comfortable with her decision, and I get that. I wouldn't want to risk losing any of my sisters sooner than I had to.

I understand if you react so badly to treatment it takes away your quality of life, you might decide to stop.

What's the point? But it doesn't have to go that way, and hasn't for me.

I'd tell everyone to try. If it's fear stopping you, don't be frightened.

I've been having reiki and reflexology, alternative therapy can be brilliant.

But it's chemo that has kept me alive.

HEART MIRACLE

Book inspired by Keira's gift of life

BY **JEREMY ARMSTRONG**

AN author was inspired to write the story of a little girl who saved four lives after reading her story in the Mirror.

Dr Rachel Clarke's book, The Story of a Heart tells how nine-year-old Keira Ball saved our organ donor campaigner Max Johnson, now 16, back in 2017.

Keira's loved ones made the selfless decision to donate after she was killed in a crash near her home in Barnstaple, Devon. Dr Clarke was on ITV's Lorraine yesterday with Max's mum Emma.

She said: "I first read about Max and Keira when he appeared on the front page of the Mirror.

"I read the story about Keira's sisters and brother listening to her heart beating in the chest of Max.

"I thought then that I would never hear a more astonishing story. It is a miracle, it sounds like science fiction, and yet it is happening every day in the NHS."



DONOR Keria Ball, nine

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with Saturday's DAILY Mirror

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Hols firm Siesta shuts after 44 yrs

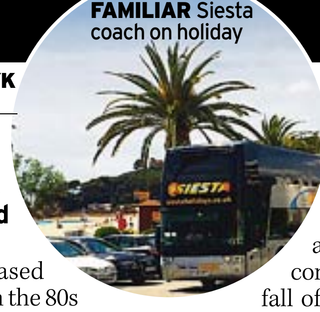
Whole package

BY **NATASHA WYNARCZYK**
Consumer Editor

PACKAGE holiday firm Siesta reminded fans of its glory days as it shared the sad news of its demise.

The company re-released its glossy pamphlets from the 80s and 90s boasting bargains such as 17 days in Europe from just £69 – equal to £250 today after inflation.

One customer sorry to see the firm fall is Jacey Curran, who has been taking Siesta trips to Catalonia in Spain for more than 15 years. She said:



FAMILIAR Siesta coach on holiday

"Your holiday started as soon as your bum was in your seat.

"Such amazing memories."

Covid, budget airlines and Brexit all contributed to the downfall of the Middlesbrough-based coach holiday company.

But boss John Harrison added: "The brochures show how vital we were in providing affordable trips for families to make lifelong memories."

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CHEERS TO YOU Siesta fans and some of firm's trips



Volvo dilutes electric aims

VOLVO has watered down its aim to sell only fully electric cars by 2030.

The firm said yesterday it is now aiming for 90-100% of global sales to be either all electric or plug-in hybrid by then.

Volvo, majority owned by China's Geely, cited issues including a slower-than-expected rollout of charging infrastructure.

Chief executive Jim Rowan said: "Our future is electric. However the transition to electrification will not be linear."

Missing Ben's mum remains hopeful despite DNA blow

EXCLUSIVE BY **LUCY THORNTON**

THE mother of missing Ben Needham has been informed that the DNA sample from a Danish man claiming to be her son is not a match.

But despite police giving her the bad news, Kerry Needham told the Mirror it will not stop her search for her son.

She said: "I will never give up for as long as I live.

"I knew in my heart of hearts it wasn't him but there's always that hope, there's always that chance.

"It could be someone you least expect, it's always possible. So this is disappointing, obviously. We won't let this deter us from appealing to other people to come forward if they think they could be Ben."

Sheffield-born Ben was just 21 months old when he vanished in 2021, after the family moved from Yorkshire to start a new life on the Greek island of Kos.



SEARCHING Ben Needham



AS the nights draw in and we look forward to enjoying cooler but crisp autumn days, Dobbies Garden Centres across the UK have everything you need to help transform your home into a cosy haven.

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BRIT'S QUEST TO SAVE INJURED ANI

EXCLUSIVE
BY RICHARD ASHMORE

Cross Rambo and the RSPCA and you get Breaking the Chains, an intrepid team which has been scrabbling through Gaza's bomb rubble to save trapped animals.

Over the past two months, as Israeli missiles rain down and the death toll mounts, the rescuers have been rescuing pets and treating donkeys, who are so vital to the beleaguered territory.

Breaking the Chains has helped in earthquake-hit Turkey and war-torn Ukraine but, despite all the suffering, they do not compare to Gaza, says the charity's leader.

British Army veteran Tom, 36, says Gaza has been "bombed back to the stone age".

Tom, who does not reveal his surname for safety reasons, says: "What I've seen in Gaza has been the worst situation I've experienced. Animals eat human carcasses, humans eat pets. It's every living being for themselves.

"The international NGOs [Non Government Organisations] do a good job for the humans, but for domestic animals, there's not really anyone doing anything as far as the medical care goes."

Two years ago Tom, of Bridlington, East Yorks, started Breaking the Chains, which is currently the only international animal organisation in Gaza.

With the help of local animal organisation Sulala, it has set up treatment clinics where, as well as cats and dogs, 300 donkeys have been among their patients.

Trucks are hampered by fuel shortages and bomb-damaged streets. So donkeys and horses are used to deliver water, food and get rid of waste in Gaza.

Tom says: "These animals are paramount in keeping the human population sustained and alive. If you removed the donkeys and the horses from the whole of Gaza, the impact would be catastrophic.

"You would see the whole humanitarian situation get 30 or 40 times worse – it would be insane."

Tom, who suffered post-traumatic stress disorder after foreign tours with the Army, came up with the idea for the charity after a blind ex-military dog he adopted fuelled his recovery.

In Turkey in 2023, he recalls survivors sending him images of their trapped pets and pleading for help.

He and his courageous volunteers entered dangerously unstable buildings. They reunited more than 400 cats with their owners as well as helping to move the bodies of quake victims.

And, encouraged by their mission to help "all living beings", the charity also set up a rehab centre for Ukrainian soldiers and pets, where part of their therapy involves interacting with rescued animals. Tom says seeing the change in the veterans and animals was remarkable.

"Not only do they share the same type of injuries, bullet wounds, amputations, paralysis, and mental trauma, but their injuries were also incurred in the same battlegrounds and at the hands of the same perpetrator – the Russian army.

"This means that the animals and veterans involved in the programme understand each other in ways that others cannot."

Conditions in Gaza are incredibly tough. Tom says: "Medication is essentially non-existent. Donkeys have burns, shrapnel wounds, collision injuries from hitting other carts and lacerations.

"We are treating the wounds, which can become severely infected, which obviously causes a larger problem – and we are educating the owners on how to manage these injuries."

But not all can be saved. When animals, such as horses, are rescued from the rubble with catastrophic injuries the only option is to put them to sleep. Tom says: "It's such a small area of land, no one can get in or out.

"There's a lack of supplies and medical provision and all houses and vehicles have been destroyed.

"Basically, there is nothing here and the people have been blown back to the stone age, with millions of people confined to an area that would usually house thousands.

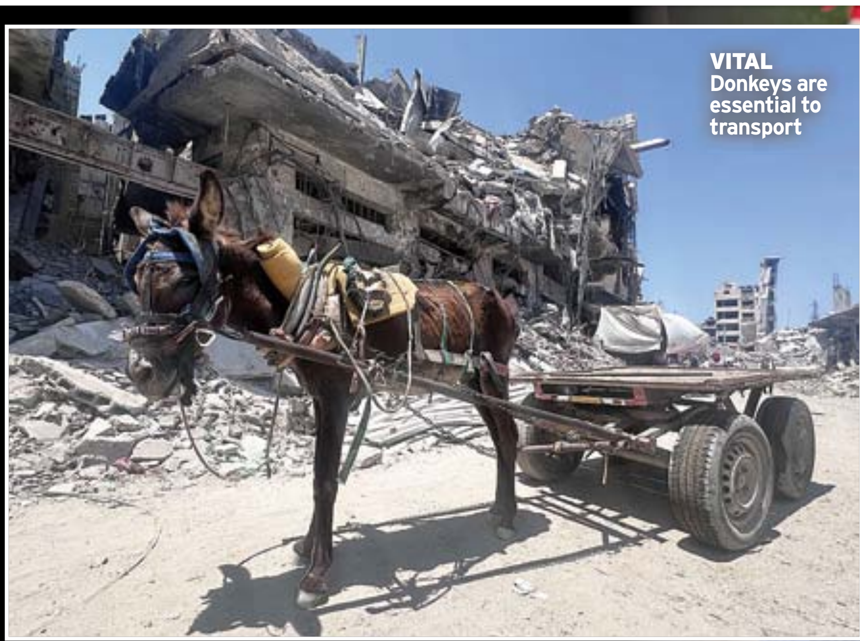
"They've got 24/7 military weapons systems going on around them and it's just so surreal.

"There is no escape. Every humanitarian aid organisation is working around the clock here." But Tom and his team have received incredible support from local people.

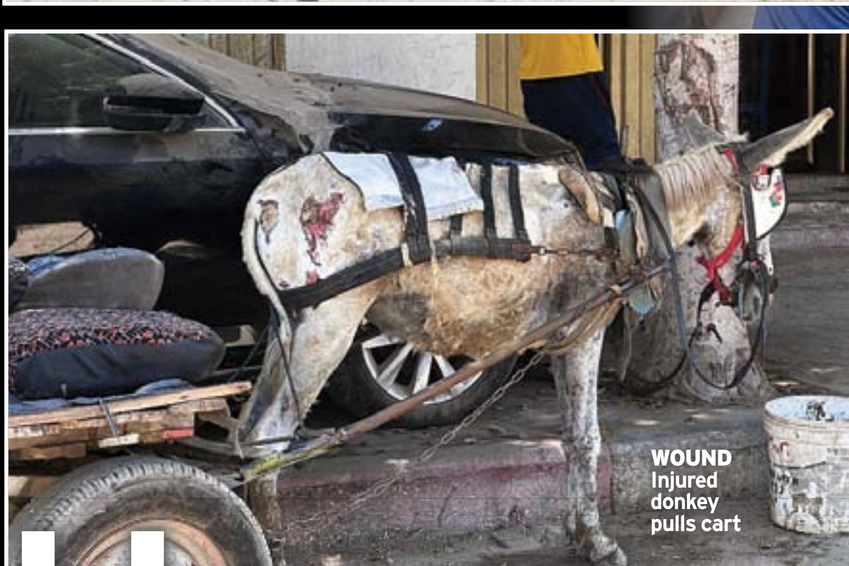
He says: "Animals and humans go hand-in-hand. The work we are doing with dogs and cats stops disease and zoor
which cross over in

"Having this ma
this many animals c
area, disease preve
gation is absolutely

"The local chari



VITAL Donkeys are essential to transport



WOUND Injured donkey pulls cart



Hope amid the

Cats, dogs, horses and donkeys rescued



ON MEND Tom and saved cat

> "Donkeys have burns, shrapnel wounds & lacerations
>
> TOM CHARITY LEADER ON CONDITIONS IN GAZA



THERAPY Rehab centre in Ukraine

> "Our work with dogs and cats helps stop disease in humans
>
> TOM TALKING ABOUT BREAKING THE CHAINS

Donate to Breaking the Chains at breakingthecha

MALS OF GAZA



TENDER Tom and his team treat a rescued horse in Gaza

e horror

from bomb rubble by charity

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ty, Sulala, has

been brilliant. Together, we are the only people in the world who are targeting every animal to help them, as well as helping the human population in Gaza."

Breaking the Chains was asked for help by a cat lover who had moved from Khan Younis, a city in southern Gaza, to an internationally displaced person's camp. Tom says: "She classes cats as her children. So, she grabbed as many of the street cats that she regularly fed and took them to her tent. There were adult cats and kittens.

"Seeing the level of compassion this lady had for the cats was incredibly inspiring and it moved her to tears when we helped. We took the injured cats and provided medical treatment, and left food for the cats she had.

"She's a great person and she's now going back to her destroyed home and continuing to look after animals there."

But Breaking the Chains does not put animals before people.

Tom says: "We believe in helping all living beings." It is obtaining medical supplies for injured babies, children and orphans in hospitals, and working on a water sanitisation project to help make individual families self-sufficient.

One of its biggest planned projects is to build a treatment centre for animals in Gaza. A ray of hope in what seems a hopeless crisis right now.



RESCUE Tom saves pet in Turkey

ainsinternational.org

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Mirror GARDEN



PRUNUS ORNAMENTAL CHERRY

'KOJO NO MAI'

This popular Fuji Cherry bursts into life in early spring when much of the garden is still dormant, with a flamboyant show of delicate white blossoms tinted with pink.

- **Bursts into life in early spring**
- **Highly attractive to bees and an important source of early nectar**

The pretty blooms are highly attractive to bees and an important source of early nectar. Unlike the more familiar cherry trees Cherry 'Kojo-no-mai' forms a neat, compact shrub which is ideal for small or low-maintenance gardens. Come autumn, the leaves of this RHS AGM variety turn to fiery shades of orange and red giving a long season of interest. Grow Prunus 'Kojo-no-mai' in a shrub border alongside early spring bulbs for a show-stopping spring display.

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LIFE live it well

Your paperback prescription

If you're feeling lost, lonely or lacking in confidence, a touch of bibliotherapy can boost your mood and get you back on track, says **Molly Masters**



HEARTBREAK Daisy Edgar-Jones and Paul Mescal in Normal People

Books are balm for the soul. As a life-long bookworm, I have, at every stage of life, turned to books to guide and support me, and found instant solace between their pages.

As a young girl, curled in the corner of the library, channelling Matilda, I learned how to dream through Roald Dahl's books.

I grew up loving Jacqueline Wilson, and the biographies of my favourite childhood writers led me to the classics.

All this time, I did not know this experience was bibliotherapy, and maybe you did not either. You simply enjoy the feeling of a hug from the pages of a much-loved novel – you're only human after all.

The ancient Greeks were the trailblazers of using bibliotherapy by putting hospitals next to theatres so that patients could be cured by the art as much as the medicine. After the First World War, soldiers returning home from the front were often prescribed a course of reading.

Literature has been part of therapeutic purposes since the birth of publishing, so here are some prescriptions to suit our modern world for when you need a boost or support through troubled times...

CONFIDENCE AND COURAGE

Witnessing the journeys of self-discovery for complex female characters has long inspired me to be more open to change and excitement in my own life.

Lessons in Chemistry by Bonnie Garmus shows you how daring and embracing change can empower your life.

Little Women by Louisa May Alcott empowers you with the narratives of enduring hardship through joy and togetherness, and the choices we make as characters of our own destiny.

Cassandra at the Wedding by Dorothy Baker emphasises the importance of coming to terms with the only life you have.

The Book of Night Women by Marlon James immerses readers in the lives of enslaved women in 18th-century Jamaica, portraying their resilience and rebellion.

HEARTBREAK

Inevitably life does not follow a Bridgerton-esque marriage plot, and our relationships can start to feel a bit more complicated, like Connell and Marianne of Normal People (pictured above).

Everything I know About Love by Dolly Alderton shows you a relatable account of what it's like to live and love in your twenties.

The Pisces by Melissa Broder weaves a tale of love, desire and transformation, exploring the complexities of human connection and the depths of the emotional sea.

The Rules Do Not Apply by Ariel Levy is a candid memoir, reflecting on her personal journey, breaking societal norms and navigating the unpredictability of life.



NOVELIST Elizabeth Day, author of How To Fail

Tiny Beautiful Things by Cheryl Strayed offers compassionate and wise advice, drawing on her experiences as an advice columnist to provide guidance on love, loss and life.

NEW BEGINNINGS

We have all experienced moments when everything appears to be going according to The Plan, and then suddenly, without warning, something goes spectacularly 'wrong'.

How to Fail by Elizabeth Day is a welcome guide, unveiling the truth behind how failure can be our best navigation system yet. Failure is simply a redirection to our true and authentic path in life.

Fates and Furies by Lauren Groff unravels the intricacies of a marriage, presenting a dual perspective that peels back the layers of love, deception and personal truths.

Really Good, Actually by Monica Heisey will make you laugh and cry as you inhale the story of a young divorcee getting back to herself.

> **"Literature has been part of therapeutic purposes since birth of publishing**

How to Be a Person in the World by Heather Havrilevsky offers thoughtful and humorous guidance on navigating life's challenges.

YOUR MIND

There really is nothing better for your mind in times of trouble than to open a book and lose yourself in the pages.

Hamnet by Maggie O'Farrell offers a beautiful escape into the world of Shakespeare's spiritually gifted wife, Agnes, and the story of the domestic life that happened in his absence.

It's Kind of a Funny Story by Ned Vizzini offers a poignant and humorous exploration of mental health, blending elements of comedy and introspection.

Something Bad is Going to Happen by Jessie Stephens crafts a narrative that explores the anticipation and aftermath of challenging events.

Acts of Desperation by Megan Nolan presents a raw and unflinching portrayal of love and desperation, exploring the darker aspects of relationships.

■ This is an adapted extract from Bibliotherapy: Books to Guide You Through Every Chapter of Life by Molly Masters, £14.99 (HarperCollins), published on September 12



Edited by HANNAH BRITT

Double down on denim

BY **EMMA JOHNSON**

Who doesn't love a bit of denim, the most enduring and versatile of materials?

The cotton fabric dates back to 17th-century France, and over the past 400 years has been used for everything from clothing to upholstery and even ships' sails.

Chances are you own a good few pairs of jeans. Maybe some denim shorts and a denim jacket too.

But if that's where your denim inventory ends, you are seriously missing out.

As we enter this transitional period between summer and autumn, the material comes into its own.

Denim dresses are a great smart-casual option, while skirts – long and short – have been on trend for the last couple of seasons and look great with everything from sweaters to boyfriend shirts.

And when the weather can't make its mind up, a denim jumpsuit is the perfect "one-and-done" outfit.

Do more with denim, we dare you…



Waistcoat, £26, skirt, £26, Threadbare. Sandals and accessories, stylist's own



Cap, £8, stripe shirt, £15, denim skirt, £15, Matalan



White shirt £24.99, stretch denim skirt, £29.99, Yours



Belted denim dress, £50, espadrilles £30, River Island. Accessories, stylist's own



Denim jumpsuit, £90, Hoff trainers, £99, Oliver Bonas



Jade denim dress, £32, Canvas trainers, £35, White Stuff

We love HIGH TOPS



Converse canvas high tops, £68, Very



Color Theory Sk8-Hi shoes, £37.50, Vans



Nike Court Borough Mid 2, £54.99, Zalando



Heidi high tops, £85, White Stuff



Dvs Honcho high tops, £33, Rollersnakes



Puma Rebound v6 trainers, £42, Simply Be



Veja V-15, £64, The Sports Edit



Pink check high tops, £7, George at Asda



Adidas Forum Mid, £55, & Other Stories



All Saints high tops, £139.99, Zalando

TOP of the SHOPS

We find out what's hot to shop this week

BEAUTY



Nearly half of people in the UK struggle with sensitive eyes, especially when allergies are at their peak. Optase Life Sensitive Eye Make-up Remover, £9.99, has been designed to soothe and protect the delicate eye area when removing even hard-to-budge mascara. It contains ionised water, which boosts ceramide production in the skin, and hydrating hyaluronic acid and pro vitamin B5. Find it in Boots.

HOME



Incense sticks were once the preserve of teenagers and students, but home fragrance brand Temple of Incense is decidedly grown up. Available in a range of sophisticated scents, you'll find a match for every mood. Try White Sage, £8, which is designed to cleanse and purify the air and blends sage with refreshing camphor and mint. Visit templeofincense.com to buy.

TECH



Kim Kardashian has teamed up with Beats to launch a new range of headphones in her signature colours. The Beats x Kim Studio Pro, £349, come in three neutral shades – Moon (light), Dune (medium) and Earth (deep) – and have the sparkling sound and all the hi-tech features you'd expect. But you'd better be quick – the reality star's last collaboration with the brand sold out. Find out more at apple.com/beatsxkim

EAT



Food is a great gift for new parents, and luxury delivery ready meal brand FieldGoods has made it easier than ever to get a delicious dinner to tired mums and dads. They've recently added three new dishes to their range – Trout & Asian Greens, Rustic Meatballs and the tasty Apple Tarte Tatin. From £4.95, see fieldgoods.co.uk for more details.

FITNESS



If you're training for a marathon – or just want a good excuse to get outside and go for a run – then why not upgrade your fit kit with these new trainers from Sudu. The SRM Running Shoe, £125, is designed to support the foot with a responsive sole, while the clever mesh fabric cools you down. They are extremely comfortable and will definitely put a spring in your step. Available at sudu.co.uk

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- Grana military • Gruen
- Gubelin • Hamilton • Hanhart
- Harwood • Hermes • Heuer
- Hublot • International • IWC
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dearcoleen@mirror.co.uk

DEAR COLEEN



Needy grown-up kids are bleeding us dry of money

Dear Coleen

I'm a man in my 70s and have been happily married for more than 40 years. My wife and I have three grown-up children, who drive us nuts if I'm honest.

Our daughter, who's nearly 40, shows no signs of ever settling down. She leads a nomadic life, travelling, coming home to earn money, so she can go off again on another trip. She spends her free time going to music festivals and protests, and it feels like she'll never grow up.

Our two sons are hopeless with money and, over the years, we've bailed them out on many occasions. They've "bled us dry" as my wife says.

Just last week, our youngest son came to us, cap in hand, saying his house was in danger of being repossessed if we couldn't help him out with the mortgage payment, which we did. We couldn't see his partner and baby put out on the street.

Where did we go wrong, Coleen? Not one of our kids seems to have their life together and we are starting to feel too old to cope with it, plus we're not a bottomless pit of money.

How would you deal with this situation?



Coleen says

You haven't done anything wrong, but I think you should make the decision to stop bailing out your sons.

Your daughter sounds like she's doing great. OK, she hasn't chosen a traditional path of career, marriage, kids, but what's wrong with that? She's enjoying her life and living it how she wants to live it, and she's paying her own way.

I think it shows she's a strong, independent and resourceful character who knows her own mind. There's nothing in the rule book that says you have to settle down and have a family, and it's not for everyone.

> Our sons are hopeless with money and it drives me nuts

As for your sons, you should make it absolutely clear that the Bank of Mum and Dad is running out of funds and you can't keep rescuing them. You need to keep hold of your savings in case of ill health, house repairs, bills or just a damn good holiday. We're talking about grown men here and they need to start living up to their responsibilities.

I'm a parent, too, so I know it's really hard to refuse your kids anything, but if you carry on being their financial life raft, you won't give your sons a chance to grow as people and to learn to budget and figure things out for themselves.

They need to learn these adult skills.

Turning off the handouts doesn't mean that at Christmas and birthdays, you can't give them something. But maybe the best thing you can do for them is to advise them on how they can sort out their finances or point them in the direction of someone who can help.

COLEEN'S WORDS OF WISDOM

It's easy to show up for your friends when they're happy and good fun, but it takes a true friend to be there when they're going through something tough. Be that person who shows up for the bad times as well as the good times.

PROBLEMS?

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ADVERTISEMENT FEATURE

Ryobi's Cordless Power Washer blasts away dirt and grime with ease for a spotless finish every time!



As we are spending more time outdoors, we're reminded of all those cleaning tasks that need to be done. But don't let the thought of tedious outdoor cleaning put a dampener on your plans — the Ryobi ONE+ 18v Cordless Power Washer is here to make outdoor cleaning quick and easy, without the hassle of traditional power washers.

You want those cleaning tasks done quickly, yet dragging out a bulky, cumbersome power washer that requires an electrical outlet just isn't practical. That's where Ryobi's 18V Cordless Power Washer comes in — the easy solution to all your outdoor cleaning woes.

Enjoy the convenience of cordless cleaning

This handy tool blasts away dirt and grime effortlessly. And as it's cordless, you won't have to worry about trip hazards or finding a power source. You'll have the freedom to clean wherever you need to, without being restricted by a cord.

Trustpilot 4.4/5

And don't let its compact size fool you – Ryobi's 18V Cordless Power Washer makes light work of cleaning cars, patios, decks, and more. Plus, with the 3-in-1 nozzle, you'll be able to switch between jet, fine or wide spray to suit the task at hand, whether that's removing stubborn dirt or general rinsing.

A great choice for the eco-friendly user, too

This cordless washer is a great choice for the eco-conscious buyer, too. The 6-metre syphoning hose lets you draw water from a bucket, butt or other water source – perfect for cleaning areas that aren't near a mains supply. With no tap left running, you only use the water your trigger finger demands! This ensures much more efficient water use – and it's a great way to feed your garden in the event of a summer hosepipe ban. Of course, it quickly and easily connects to your garden hose for instant mains supply should you wish.

Because it runs on a battery, there are no harmful emissions, making it a great choice for the environmentally conscious.





And let's not forget about the huge saving of £110 off the recommended price. You get complete cordless cleaning convenience for a fraction of the usual price.

So, what are you waiting for? Say goodbye to the hassle of traditional power washers and hello to the convenience of the Ryobi 18V Cordless Power Washer. With its impressive performance, cordless convenience, and eco-friendly design, it's the perfect tool for all your outdoor cleaning needs.

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RYOBI



YOUR DAILY Mirror COMMUNITY CORNER

Let's do this together

Edited by **SIOBHAN McNALLY**

My late dad Jack survived a stroke like Queen's Brian May – but it was caused by the brutal chemotherapy he'd had for Non-Hodgkin lymphoma.

Having watched several friends be successfully treated with chemotherapy for breast cancer recently, Elle Macpherson's decision not to have chemo seven years ago seems over-the-top now.

But back in the 1980s, chemotherapy was like using a sledgehammer to crack a nut.

After being diagnosed with cancer and given three to six months to live, I remember Dad being put through extreme tests in hospital to check his heart could withstand chemotherapy and, later, a bone marrow transplant.

In the end, my fit and wiry 40-year-old dad survived but his kidneys were destroyed and he needed dialysis until the end of his days.

In layman's terms, the treatment put so much pressure on his vital organs, that it eventually led to a stroke. He also had congenital high blood pressure, like his father before him.

I remember it like it was yesterday but it was in 1998. Dad rang me where I lived in East London and slurred: "I...f-e-e-l...f-u-n-n-y...m-y...a-r-m."

I called for an ambulance to go to his flat in North London, jumped in a taxi to West Hampstead, then followed the paramedics to the Royal Free Hospital.

It's not always obvious just after a stroke how badly affected a patient is, and it soon became clear my dad had not completely lost the use of speech as he was bossing me about again by the next day.

Days later he began stroke rehabilitation at North Middlesex where he worked hard on regaining the use of his left leg and arm. I'd visit regularly but he was always fairly cheerful, joking with all the inmates, as he called his fellow patients.



WAKE-UP CALL Siobhan and her dad in 1972

After six months, Dad had sufficiently recovered to go home, and with a bit of home help and meals on wheels, his life returned to normal.

Sadly my fighter dad couldn't survive another stroke and he died during a routine stay in hospital in 2000 and was buried back at home in Northern Ireland. His early death left me with a lifelong paranoia about having a stroke, but it wasn't until I went to the optician 15 years ago that they spotted I had the first signs of raised BP, which is one of the major causes of heart attacks.

In fact heart disease is the biggest killer of women – twice as many as breast cancer. But many women don't realise they should also be checking their heart disease risk.

I have a healthy cholesterol level despite my full-fat dairy and meat diet, which means the only way to manage my blood pressure is with a low dose of medication called Candesartan, and I am religious about attending all my annual check-ups.

I'm also a massive advocate of using the online GP service, Patient Access, where I can reorder my medication and HRT (also another huge health benefit to over-50s women) and monitor my blood test results. Using the service, I can see that when I had my first tests in 2016, my risk of cardiovascular disease within 10 years was 1.5%, now in 2024, it's 3.7% – the rise mostly due to natural ageing and my stroppy teenage daughter.

This may all be academic if I'm run over by a bus, like my 6ft Glaswegian great-granny in the 1970s, but I still feel like I'm taking control of my health. If you haven't signed up for this service, get thee online to patientaccess.com – it's life-changing.

Please note, if you send us photos of your grandchildren, we'll also need permission of one of their parents to print them... Thanks!

Yours, Siobhan

SILLY PET SELFIE



"I took this photo of our energetic collie Nell on our hike near the Cheviot hills in Northumberland last week," writes Cynthia Parton of Crewe, Cheshire

"She's probably saying to my partner David, 'Come on, Dad, we can't sit here all day, we have lots of walking to do'."

■ We love a doggy of the day. Send your pawtraits in to me at siobhan.mcnally@mirror.co.uk

THOUGHT OF THE DAY



I can't really say my height has hindered me in the theatre, though it has in TV. I like to think that I offer more woman per square inch.

HANNAH WADDINGHAM

Join in and be a part of our amazing community. Share your tips, pictures and hobbies, tell us the quote you live by, or nominate your hero of the day. Whatever is happening in your life and whatever you're talking or thinking about, we want to hear. Email us at siobhan.mcnally@mirror.co.uk or write to Community Corner, PO Box 791, Winchester SO23 3RP

Lonely hearts CLUB

Faint heart never won fair... bloke.

In an effort to look for company, Eileen McLean reveals that she put an advert in a lonely hearts column back in the late 1990s.

"A few replied and got binned," she says. "But one message was different and made me smile, so I replied. Ronnie was out but replied to my message. That was 26 years ago."

And, reader, she married him.

"We've been married for 20 years and have never been happier, says Eileen, 61, who lives with Ronnie in Stirling.

Sadly the passage of time means Eileen can't remember her original advert, but adds: "It must have been good if Ronnie replied to it. We spoke on the phone for about a week before meeting. BT's profits must have been massive as they weren't short phone calls.

After a week the pair decided to meet – at Eileen's flat. "I totally forgot all about meeting in a public place, I felt I could totally trust him. I wasn't wrong – he was a total gentleman."

The way to all men's hearts is, as we know, through their stomachs, so of course Eileen cooked for Ronnie.

"I invited him up on the Sunday for dinner and made him chicken, potatoes and peas. He cleared his plate and offered to wash the dishes.

"I told him to leave them and instead we put on some music and sat and chatted for hours."



LOVE Ronnie and Eileen's wedding day

Two weeks later Ronnie went to Blackpool for his 40th birthday, then a week after that he went to Spain for a pre-booked holiday.

"I really missed him," admits Eileen. And the rest, as they say, is history.

She says now: "Thank you for replying, Ronnie. And happy 66th birthday for today."

■ Did you meet someone from a lonely hearts advert? Email your stories to me at siobhan.mcnally@mirror.co.uk



Stupid ADVERTS



OUT OF TOUCH Cremation advert

When Gen Z takes over advertising departments, strange things can happen to the English language.

One in particular has been making steam vent out of Ralph Peterson's ears.

The reader in Reading, Berks, says: "The Fisher Investments UK advert usually airs in the afternoons among the standard fare of cheap cremations, people explaining travel insurance to each other as if it is an unknown concept, and charities outdoing themselves to show the most harrowing images to extract cash from us oldies.

"I have never heard the Fisher advert's slogan, 'We never put you in a bucket', in common usage – and I suspect it's an Americanism borrowed by some 20-year-old just out of college trying to be fresh.

"The term they are seeking, of course, is not pigeon-holing someone. Aargh!"

Another disgruntled reader, Janet Austin in Colchester, Essex, can't stand the nonstop funeral ads and much prefers the ones about gardening.

"I like to be reminded about the beauty of life rather than my impending demise!"

■ Which ads get on your nerves? Email your irritations in to me at siobhan.mcnally@mirror.co.uk

DMIST

Reader Offer in partnership with Yimbly.com

DISCOVER THE LUMI WHITE NOISE MACHINE



Discover the LUMI YourVoice, the ultimate sleep companion for your baby. With 30 soothing sounds and the ability to record and save custom sounds, including your own voice, the LUMI YourVoice ensures you can comfort your little one even when you're not right there beside them.

> "This machine is amazing! I am so impressed with the quality of the product itself and how it sounds.
> ★★★★★
> **Lewis**

- 9 light settings
- Records and plays back custom sounds
- Lightweight and portable
- Long-lasting battery
- Suitable for babies and adults

The adorable moon night light offers seven calming colours and three gentle brightness options, providing a comforting glow for late-night feeds and check-ins. With customisable timer settings, a smart memory function, and a USB rechargeable battery which lasts all night long, LUMI makes bedtime a breeze.

SAY GOODBYE TO SLEEPLESS NIGHTS

Exhausted from endless nights of pacing and soothing your baby to sleep? LUMI understands. With soothing sounds that mimic the comforting embrace of the womb, LUMI masks unwanted noises and lulls your baby into a peaceful slumber. No more interrupted nights—LUMI plays continuously, ensuring both you and your little one can finally rest easy.

SOOTHE THE BABY WITH YOUR OWN VOICE

As well as a range of 30 pre-loaded sounds, the LUMI YourVoice goes the extra mile by allowing you to record and store up to 4 minutes of sounds, ensuring a truly personalised bedtime experience for your baby. Imagine the comfort of having your voice or the familiar hum of a favourite household sound play on demand, even when you're not physically present. Whether it's the rhythmic churning of a washing machine or the gentle whir of a vacuum cleaner, you can save any sound you'd like and play it back continuously until another sound is recorded.

CUSTOMISABLE NIGHT LIGHT

Not just a sound machine, the YourVoice features a fully customizable night light in an adorable moon shape. Choose from a warm white light with adjustable brightness levels or experiment with red, green, orange, dark blue, pink, yellow or light blue. Ideal for a nursery, the night light is designed to be bright enough for nighttime feeds yet gentle enough to avoid disrupting babies' sleep by preventing them from waking up fully.

- 30 soothing sounds
- 4 minutes of recorded sound
- Child-safe clip for easy fastening
- USB rechargeable
- 20 hours battery life

www.yimbly.com/Offer24 | 0871 664 2450 | Quote **Offer24**

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Trustpilot 4.6 | Rated **Excellent**

TODAY'S TV

with SARA WALLIS





FOCUS Episode dedicated to Belle

EMMERDALE

ITV1, 7.30pm

This special episode focuses on Belle and her choices as she deals with her domestic violence hell.

After her run in with Tom, she is in a trance-like state. She leaves her house and wanders down Main Street.

Belle heads to Tom's place, where he is with Amelia, and tells him she wants him back, blaming her paranoia for their break up.

But before long we see she is being haunted by different imagined futures.

Will Belle open up about her abuse?



MOMENT OF TRUTH Dean is shocked after the chaos in court

EASTENDERS

BBC1, 7.30pm

It's been a hell of a week for The Six. Juicy details have come to light, Linda disappeared, Denise has been stressed out of her mind... pretty much everyone has been on the edge.

After chaos in court, Dean was left shocked when the reality of the situation hit him.

It's all now coming to a head as The Six continue to deal with the repercussions of Dean's trial. Their freedom is on the line – could they end up behind bars?

In the DAILY MIRROR Saturday



All the new shows, soap news and 7-day listings

More TV and film news online at **mirror.co.uk/tv**

PICK of the DAY



FAMILY Rose, above, with her mum Donna and brother Jacob

Landlady? I'll drink to that

WHO DO YOU THINK YOU ARE?

BBC1, 9pm

STRICTLY winner, deaf rights campaigner and ex-EastEnder, Rose Ayling-Ellis is thrilled to discover a formidable pub landlady in her family tree.

As she investigates her ancestry, the actor, who played Frankie in the soap, finds out that her three times great-grandmother Agnes was a real-life Peggy Mitchell.

Agnes Chilton, who married twice and had six kids, ran a Birmingham pub in the late 1800s with an iron fist, hosting singalongs, throwing out drunks and even slapping a troublesome punter round the face.

The image of Peggy yelling "Get outta my pub!" certainly springs to mind.

"It is like EastEnders," laughs 29-year-old Rose. "I chucked a drink in someone's face, so I feel like it's in my blood."

Rose, who is desperately hoping for some juicy historical gossip, solves several mysteries.

She wonders: "Is there any drama? I like a bit of drama."

Rose, who grew up in Hythe on the Kent coast with her single mum Donna Ayling and brother Jacob, has heard a rumour of Italian ancestry. She is also intrigued about a photo of a relative with one hand and a huge family of 17 children, who was said to be destitute.

First she finds out about Agnes and her husband Alfred getting caught up in a brawl with a customer.

There's a desperate search back through the generations to find the rumoured Italian connection.

And she learns about an ancestor who had a terrible railway accident.

Rose says: "When you hear the family stories, it makes them all very real, very human."



WHODUNIT? Murder ruins high society wedding

THE PERFECT COUPLE

Netflix

With a starry cast including Nicole Kidman, Liev Schreiber, Eve Hewson, Dakota Fanning and many more recognisable faces, this is a delicious murder mystery adapted from a novel by American writer Elin Hilderbrand.

Based around the lives of the extremely rich, delving into the torments of insufferable people, this has all the markings of a White Lotus-style satire.

It follows the preparations for the wedding of Amelia (Hewson), who is about to marry into one of Nantucket's richest (and most despicable) families. As it begins, everyone is well dressed and sipping champagne at the family's beachside mansion on the eve of the wedding, until a shocking death that night derails the big day.

We hear a scream and someone is thrashing about in the water, with a body discovered floating early the next morning.

Now everyone is a suspect and hauled into the local police station.

Rivalries emerge, past grudges are dredged up and accusations are thrown about with wild abandon.

Glossy, gorgeous and completely addictive drama.

EMMA WILLIS: DELIVERING BABIES

U&W, 9pm

TV presenter Emma Willis returns to work in maternity services, but this time it's all change – she's got a new role working in a bigger hospital, Watford General in Hertfordshire.

Over the course of 12 weeks, Emma is challenged to step up her training to qualify as a Maternity Support Worker, one level up from her previous job as a Maternity Care Assistant.

Under the supervision of dedicated midwives, Emma takes on more responsibility, caring for women, and their families, going through pregnancy and childbirth.

But to qualify, Emma must prove she's competent in the skills she's already learned as well as understanding vital new techniques.

Then she will have to face the biggest challenge of her NHS career – running an antenatal clinic for expectant mums completely on her own.

On her first day, she says: "For me, giving a first impression of myself is really important."

So it's not ideal when she forgets the right shoes and has to call husband Matt to come to her rescue.



CHALLENGES Emma has a new role ahead of her

Today's TV previews are on the previous page

All programmes are listed in British Summer Time (BST).

film ratings

★★★★★ Brilliant
★★★★ Very Good
★★★ Good
★★ Average
★ Bad

(R) Repeat

BBC ONE

6.00am Breakfast News headlines.
9.30 Morning Live Magazine.
10.45 Maximum Security Dom Littlewood checks out the security around air freight.
11.15 Homes Under the Hammer With properties in Aldershot, Wallasey and Great Yarmouth.
12.15pm Bargain Hunt (R)
1.00 BBC News at One; Weather
2.00 Doctors Scarlett meets her noisy new neighbour, while Rob gets a young foster placement who remains silent and Bear helps a young barber come to terms with his health.
2.30 Make It at Market (R)
3.00 Escape to the Country (R)
3.45 Antiques Road Trip Hettie Jago and Tim Medhurst travel around Hampshire and Wiltshire, with purchases including a large handsaw, a boat propeller and a coin.
4.30 The Answer Run Quiz show, hosted by Jason Manford.
5.15 Pointless Quiz show, with co-host Desiree Burch.
6.00 BBC News at Six; Weather
6.30 Regional News; Weather

BBC TWO

6.30am Bargain Hunt (R)
7.15 Antiques Road Trip (R)
8.00 Sign Zone: Gardeners' World Bindweed advice. (R)
9.00 BBC News Headlines.
12.15pm Politics Live
1.00 Head Hunters Quiz show. (R)
1.45 Bridge of Lies (R)
2.30 My Unique B&B (R)
3.00 MasterChef: The Professionals (R)
4.00 Home Away from Home (R)
4.45 More Creatures Great and Small In Teesdale, farm vet Graham discovers a cow is having difficulty giving birth. (R)
5.15 Flog It! The team values antiques at Longleat in Wiltshire, where an amethyst and pearl brooch and an autograph album featuring signatures by the Beatles come under scrutiny. (R)
6.00 Richard Osman's House of Games Quiz show. (R)
6.30 Great British Railway Journeys Michael Portillo stops in Wolverhampton, Kidderminster, Worcester and Cheltenham. (R)

ITV1

6.00am Good Morning Britain News and current affairs.
9.00 Lorraine Entertainment news.
10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion.
12.30pm Loose Women Celebrity interviews and topical debate.
1.30 ITV News; Weather
1.55 Regional News; Weather
2.00 Dickinson's Real Deal David Dickinson and experts Fay Rutter, Mark Stevens, James Layte and Karen Dalmeny are in Wolverhampton to assess items brought in by members of the public, who either take the cash for their antiques or gamble at auction. (R)
3.00 Lingo Brothers Laurence and Ben, friends Karen and Helene, and workmates Oliver and Franklyn compete in the quiz hosted by Adil Ray.
3.59 Regional Weather
4.00 Tipping Point Quiz show, hosted by Ben Shephard. (R)
5.00 The Chase Quiz show, hosted by Bradley Walsh.

CHANNEL 4

6.10am Everybody Loves Raymond Double bill. (R)
7.00 Frasier Double bill. (R)
8.00 LIVE **Paralympics Paris Breakfast** Billy Monger and Vick Hope kick off day eight of the 2024 Paralympic Games with a selection of athletics finals at the Stade de France.
10.55 Channel 4 News Summary
11.00 LIVE **Paralympics Paris 2024** More live action from the athletics on day eight. Plus, a busy day in the wheelchair tennis at Roland-Garros begins, including the men's singles semi-finals.
1.00pm LIVE **Paralympics Paris 2024** JJ Chalmers presents further coverage of day eight, as focus remains on the wheelchair tennis at Roland-Garros, where the men's singles semi-finals continue.
3.00 LIVE **Paralympics Paris 2024** Clare Balding and Rose Ayling-Ellis introduce more live action from day eight in the French capital, including the conclusion of the boccia.
6.00 Channel 4 News

CHANNEL 5

6.00am Milkshake! Children's TV.
9.15 Jeremy Vine Discussion.
11.30 Storm Huntley Debate.
12.45pm Friends Double bill. (R)
1.40 5 News at Lunchtime
1.45 Home and Away Irene is frustrated by Leah and Marilyn's persistence. (R)
2.15 FILM **Framed for Murder** (2022, 12) A gold medal gymnast gets caught in a web of lies when her mother and step dad are found murdered in the family home. Thriller, with Meredith Thomas. ★★
4.00 Bargain-Loving Brits in the Sun In La Cala De Mijas, sisters Amelia and Annabelle publicise their boutique with a catwalk fashion show, and there is a trip to the popular Lemon Tree Market in Albir.
5.00 5 News at 5
6.00 Dogs Behaving (Very) Badly Graeme Hall helps to train three dogs that go overboard in protecting the family home, as well as a cavapoochon who loves to run very fast. (R) Followed by 5 News Update



BBC ONE

7.00 The One Show Alex Jones and Roman Kemp host the magazine show featuring a mixture of celebrity chat and stories of interest.
7.30 EastEnders The Six fight for their freedom as they deal with the repercussions of the trial.
8.00 Celebrity MasterChef John Torode and Gregg Wallace set the four remaining contestants three tasks, including a pairs challenge in which they try to deliver matching dishes, but only one celebrity in each duo receives the basic instructions.
9.00 Who Do You Think You Are? Actress and deaf rights campaigner Rose Ayling-Ellis goes in search of her family history, investigating a rumour of Italian ancestry on her father's side with genealogist Lucy Browne helping her.
10.00 BBC News; Weather
10.30 Regional News; Weather
10.40 America's New Female Right In America, a new wave of young women are championing extreme views on social media, including content that is increasingly shocking. Layla Wright meets influencers at the forefront of a new movement on the political right. (R)
11.40 Freddie Flintoff: Field of Dreams on Tour Freddie and the boys head to the oldest cricket club in India. (R)
12.40am The Hit List. Marvin and Rochelle Humes present the music-based quiz show, with contestants from Manchester, Alfreton and London trying to name as many hit songs and artists as possible. (R) **1.25** Weather for the Week Ahead **1.30-6.00am** BBC News. The latest headlines.

BBC TWO

7.00 LIVE **Athletics: Diamond League Zurich** The Weltklasse Zurich. Coverage of the 12th and penultimate meeting of the season, held at Letzigrund in Switzerland. There was a British victory here last year, with Laura Muir taking the honours in the 800m, and there were also second-placed finishes for her compatriots Josh Kerr and Daryll Neita behind Yared Nuguse and Shericka Jackson in the 1500m and 200m respectively.
9.00 Inside the Factory Gregg Wallace explores the Jelly Bean Factory in Dublin, Cherry Healey visits the University of Birmingham to learn about the role glucose plays in our bodies, and Ruth Goodman looks at the history of jelly. (R)
10.00 NEW **Couples Therapy** Return of the documentary about relationship counselling with Dr Orna Guralnik. Josh, Aryn and Lorena unpack their polyamorous past and the latter's fear of planning.
10.30 Newsnight Headline analysis.
11.05 Interview with the Vampire Double bill. The coven stage a show trial, but the chief witness fails to stick to the script; Louis plots revenge, last lies are revealed, and in New Orleans, a storm is coming. Last in series.
12.45am Sign Zone: Celebrity MasterChef. The celebrities cook for previous contestants Su Pollard, Vicky Pattison and Angellica Bell. (R) **1.15** Sign Zone: Saving Lives in Cardiff (R) **2.15** Sign Zone: The Misinvestigations of Romesh Ranganathan (R) **3.15-6.15am** This Is BBC Two

ITV1

6.00 Regional News; Weather
6.30 ITV Evening News; Weather A round-up of the day's news headlines and talking points.
7.30 Emmerdale In a stylised episode, Belle is haunted by her imagined futures and sees the choices she can make.
8.30 Love Your Garden Alan Titchmarsh and the team create a cleverly designed family garden that is fun for pre-school tots without being a primary-coloured plastic eyesore for the grown ups who share it. (R)
9.00 The Tower Operation Perseus reaches its climax as Kieran prepares to catch Shakiel with a car-load of weapons. However, Spencer's killer, Jermaine King, has escaped from custody and kidnapped Ryan's sister. Last in series.
10.00 ITV News at Ten; Weather
10.30 Regional News; Weather
10.45 Local Political Programmes In-depth discussion and analysis of the latest political developments, with a panel of guests exploring issues that affect the region.
11.15 Olivia Attwood's Bad Boyfriends The unsuspecting men enter the next phase of Olivia's special undercover project, and Sam and Bayley are left sweating when Olivia asks them to hand over their phones. (R)
12.05am Shop on TV **3.00** Champions: Full Gallop. Paul Nicholls and former assistant Dan Skelton go head-to-head. (R) **3.50** Unwind with ITV **5.05** In for a Penny. Stephen Mulhern sets challenges to members of the public. (R) **5.30-6.00am** Gino's Italian Family Adventure (R)

CHANNEL 4

6.30 LIVE **Paralympics Paris 2024** Ade Adepitan and Clare Balding present a packed night on the athletics track, as day eight concludes. Ed Jackson is at the Stade de France to watch Sammi Kinghorn compete for the second night in a row, this time in the final of the women's T53 400m – an event in which she won silver in Tokyo. In the men's T54 800m final, ParalympicsGB's hopes rest on Nathan Maguire and Daniel Sidbury. Plus, Dan Pembroke looks to win a second Paralympic gold in the men's F13 javelin throw final.
9.30 The Last Leg in Paris Adam Hills, Josh Widdicombe and Alex Brooker present a comic review of Paralympic Games highlights, they're joined by Jon Richardson and Fats Timbo.
10.30 Paralympics Paris Highlights A round-up of the best bits from day eight. ParalympicsGB had a wealth of medal hopes in athletics, as Sammi Kinghorn competed for the second night in a row, Dan Pembroke looked to defend his gold medal from Tokyo, and Olivia Breen and Maddie Down leapt for medals in the women's T38 long jump. Plus, Olivia Broome went for gold in the women's powerlifting.
11.35 Gogglebox The armchair critics share their opinions on TV shows from May 2022. (R)
12.30am Night Coppers (R) **1.25** Ramsay's Kitchen Nightmares USA (R) **2.15** FILM Blackbird (2019, 15) Drama, with Susan Sarandon. ★★★ **4.00** Kirstie and Phil's Love It or List It: Brilliant Builds (R) **4.25** Food Unwrapped (R) **4.55** Frasier (R) **5.45-6.10am** Everybody Loves Raymond (R)

CHANNEL 5

7.00 Madrid with Michael Portillo Michael enjoys some traditional chocolate and churros, remembers a childhood trip to the vast and restful El Retiro Park, and visits Madrid's 'Golden Triangle' of art galleries; 5 News Update
8.00 Michael Mosley: Wonders of the Human Body The presenter reveals the best way to keep our brains young as we age, and at Royal Papworth Hospital, cameras follow a life-saving procedure. Last in series.
9.00 Cause of Death Raymond Rahamatally, 63, is found dead with a severe wound to his hip and cuts and abrasions on his hands. With no sign of criminal involvement, it is down to the coroner's officers to try and ascertain the cause of death.
10.00 Cruel & Unusual: Terror in Suburbia The story of the police manhunt for The Fox – one of the most prolific offenders in British criminal history, told by the detectives who captured him. The criminal's activities spread across Bedfordshire, Buckinghamshire and Hertfordshire. (R)
11.55 Accused: Guilty or Innocent? When a seemingly perfect husband is shot by his wife in the garage of their home, the investigation reveals a private nightmare.
12.50am Entertainment News **1.00** Live Casino Show **3.00** Tyrant: The Rise of Adolf Hitler (R) **3.50** The World's Greatest Bridges (R) **4.40** Wildlife SOS (R) **5.05** Divine Designs (R) **5.30** Entertainment News **5.35** Thomas & Friends: Big World! Big Adventures! (R) **5.45-6.00am** Paw Patrol (R)

ITV2 Freeview 6

6.00am CITV **9.00** Totally Bonkers Guinness World Records **10.00** Secret Crush **12.00noon** Dress to Impress **1.00** Wheel of Fortune **2.00** Celebrity Supermarket Sweep **3.00** Charmed **4.00** Dawson's Creek **5.00** Dress to Impress

6.00 Celebrity Catchphrase Gameshow.

7.00 Family Fortunes The Collards go up against the Mitchell family.

8.00 Bob's Burgers Double bill. An infestation of head lice breaks out in Wagstaff; Gene, Louise, Tina and their friends look for a mythical creature.

9.00 Olivia Attwood's Bad Boyfriends Sam and Bayley are left sweating when Olivia asks them for their phones.

10.00 Family Guy Animated triple bill.

11.30 American Dad! Steve joins his high-school water polo team.

12.00m't American Dad! **12.30** Bob's Burgers **1.30** Don't Hate the Playaz **2.15** Totally Bonkers Guinness World Records **2.45** Unwind **3.00-6.00am** Teleshopping

ITVBe Freeview 28

7.00am Unwind with ITV **7.20** Be Beautiful **7.35** Billie and Greg: The Family Diaries **8.35** Masters of Flip **9.35** Buying and Selling **10.35** Billie and Greg: The Family Diaries **11.35** The Real Housewives of New York City **12.30pm** The Real Housewives of Atlanta 10th Anniversary Special **1.20** The Only Way Is Essex **2.05** Dinner Date **3.00** Abbey Clancy: Celebrity Homes **4.05** The Real Housewives of New York City **5.00** The Real Housewives of Potomac **6.00** Masters of Flip

7.00 Abbey Clancy: Celebrity Homes The homes of Olivia Bowen and Emma Thynn.

8.00 Dinner Date Londoner Roxanne.

9.00 The Real Housewives of Orange County Jenn urges Tamra to invite Shannon to the CUT closing party.

10.00 Love Island USA Reality show.

11.15 My Mum, Your Dad Sparks fly between one of the couples.

12.20am Unwind with ITV. Daily escape for the mind. **1.00-7.00am** Teleshopping

BBC3 Freeview 23

7.00pm Planet Earth II Animals that live in deserts, including swarms of locusts, desert lions hunting giraffes, sand grouse flying to gather water, and a tiny bat defending itself against a scorpion.

8.00 Top Gear Matt LeBlanc drives an eight-wheeled rescue vehicle from Russia and Rory Reid turns the world's ugliest car into a luxury yacht.

9.00 Dubai Hustle Double bill. Chris competes with a colleague for a deal; Chris's deal is in peril and Jess hosts a birthday party on a yacht.

10.00 The TikTok Effect Evidence that behaviour on TikTok has started spilling out into the real world.

11.00 Stacey Dooley in the USA People who illegally enter the USA.

12.00m't Back to Life **12.50** Starstruck **1.15** Top Gear **2.15** Zen Motoring **2.25** Eating with My Ex **2.55-3.55am** America's New Female Right

BBC4 Freeview 9

7.00pm Great American Railroad Journeys Michael visits Colorado.

8.00 Mercury Prize 2024: Album of the Year The annual music event from Abbey Road Studios.

9.15 FILM **Porridge** (1979, PG) Cellmates Fletcher and Godber are forced into aiding an escape attempt and then have to break back in. Comedy spin-off, starring Ronnie Barker and Richard Beckinsale. ★★

10.45 FILM **Get Carter** (1971, 18) A racketeer returns to his native Newcastle to bury his brother and investigate the mysterious circumstances surrounding his death. Thriller, starring Michael Caine and Ian Hendry. ★★★★★

12.35am Michael Caine: Talking Pictures. Profile of the acting legend. **1.25** Raiders of the Lost Past with Janina Ramirez **2.25-3.25am** Great American Railroad Journeys

5 USA Freeview 21

6.00am Home Shopping **9.00** NCIS **9.55** Entertainment News on 5 **10.00** NCIS **12.00noon** Law & Order

6.00 NCIS Triple bill. Survivors from a helicopter crash are discovered; a petty officer is gunned down; a US Navy lieutenant dies after a fight, but the sole witness has PTSD and his testimony cannot be relied upon.

9.00 Blue Bloods Frank faces a public backlash after an officer's camera malfunctions during an altercation with a civilian, and Danny and Baez struggle to protect an informant.

10.00 Law & Order: Special Victims Unit Double bill. Amaro becomes the target of an Internal Affairs investigation; a detective assigned to the unit gets off to a rocky start.

12.00m't Law & Order: Special Victims Unit: double bill **1.55** The Blacklist **3.35** 999: Criminals Caught on Camera **4.00-6.00am** Teleshopping

U&DAVE Freeview 19

6.00am Teleshopping **7.10** Whose Line Is It Anyway? USA **8.00** Cop Car Workshop **10.00** Extreme Fishing with Robson Green **12.00noon** Storage Hunters UK: four episodes **2.00** Robson's Extreme Fishing Challenge **3.00** Top Gear **5.00** Rick Stein: From Venice to Istanbul

6.00 Rick Stein: From Venice to Istanbul The chef travels from Croatia to Albania.

7.00 Would I Lie to You? With Maggie Aderin-Pocock, Phil Wang, Jason Watkins and Adam Woodyatt.

7.40 Richard Osman's House of Games

9.00 QI XL With guest panellists Sean Lock, David Mitchell and Danny Baker.

10.00 Have I Got a Bit More News for You Stephen Mangan hosts, with guests Roisin Conaty and Brian Cox.

11.00 Taskmaster Russell Howard presents a nightmarish fairy tale.

11.55 Mock the Week **12.35am** Dave Gorman: Modern Life Is Goodish **1.35** Room 101 **4.00-6.00am** Teleshopping

U&DRAMA Freeview 20

6.00am Teleshopping **7.10** London's Burning **8.00** Doctors **9.15** Classic Holby City **10.35** Casualty **11.40** The Bill **12.40pm** Classic EastEnders **2.00** London's Burning **3.00** Soldier, Soldier **4.10** Howards' Way **5.20** One Foot in the Grave. Victor is plagued by bees.

6.00 'Allo 'Allo! Rene, in disguise as his own twin brother, faces the unenviable task of arranging a funeral – for himself.

6.40 Last of the Summer Wine Double bill.

8.00 FILM **An Inspector Calls** (2015, 12) A detective interrupts a wealthy family's dinner party to tell them a young woman has committed suicide. Stage play adaptation, starring David Thewlis. ★★★

9.50 New Tricks A woman claims to be Standing's daughter.

11.10 Waking the Dead Part one of two. The team investigates a terrorist attack.

12.20am Waking the Dead **1.40** Birds of a Feather. Classic comedy. **2.20** Classic Holby City **4.00-6.00am** Teleshopping

E4 Freeview 13

6.00am Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** The Goldbergs **10.00** Young Sheldon **11.00** Modern Family **12.00noon** The Big Bang Theory: four episodes **2.00** The Goldbergs **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory: double bill

6.00 The Big Bang Theory Double bill.

7.00 Hollyoaks The Osbornes face off.

7.30 Modern Family Phil helps Haley.

8.00 Below Deck: Mediterranean An elaborate pirate-themed day.

9.00 Celebs Go Dating The Lake District.

10.00 Rob Beckett's Big Hollyoaks Catch Up A snappy recap of the soap.

10.05 Gogglebox TV opinions.

11.10 First Dates DJ Terry's love life.

12.10am The Big Bang Theory: double bill **1.10** Rick and Morty. Animation. **1.40** My Adventures with Superman **2.10** Celebs Go Dating **3.10** Brooklyn Nine-Nine **4.00** Modern Family **4.50-6.00am** Ramsay's Kitchen Nightmares USA

MORE4 Freeview 18

9.00am LIVE Paralympics Paris 2024. Day eight, including para powerlifting. **12.00noon** LIVE Paralympics Paris 2024. Action from day eight, including women's powerlifting. **3.00** LIVE Paralympics Paris 2024. Kate Ager presents coverage of the first of the men's wheelchair basketball semi-finals.

6.00 LIVE **Paralympics Paris 2024** Arthur Williams presents the closing action on day eight from the capital, including the second of the men's wheelchair basketball semi-finals at Bercy Arena.

9.00 24 Hours in A&E Patients include an elderly woman who fell at home.

10.00 Super Surgeons: A Chance at Life Surgeons attempt to remove a tumour between an oesophagus and stomach.

11.05 Surgeons: Life in Their Hands

12.00m't 999: On the Front Line **1.05** Super Surgeons: A Chance at Life. Documentary. **2.05** 24 Hours in A&E **3.10-3.50am** A Place in the Sun

VARIATIONS & S4C

WALES As BBC1 except: 1.35-1.45pm BBC Wales Today; Weather **6.30-7.00** BBC Wales Today; Weather **9.00-10.00** Brian May: The Badgers, the Farmers and Me. The guitarist's campaign for a change in the approach to badger culling. **10.30** BBC Wales Today; Weather **10.40** Feast of Football **11.10** America's New Female Right **12.10am** Freddie Flintoff: Field of Dreams on Tour **1.10** The Hit List **1.55-6.00am** BBC News

WALES As BBC2 except: 9.00-10.00pm Who Do You Think You Are?. Actress Rose Ayling-Ellis traces her ancestry.

MERIDIAN As ITV1 except: 1.55-2.00pm ITV News Meridian **6.00-6.30** ITV News Meridian **10.30-10.45pm** ITV News Meridian

CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central **6.00-6.30** ITV News Central **10.30-10.45pm** ITV News Central

ITV WALES As ITV1 except: 1.55-2.00pm ITV News Cymru Wales **6.00-6.30** ITV News Wales **8.30-9.00** Wales This Week. Changing 'toxic' cultures. **10.30** ITV News Cymru Wales **10.45-11.15pm** Love Your Garden

WEST As ITV1 except: 1.55-2.00pm ITV News West Country **6.00-6.30** ITV News West Country. The latest headlines. **10.30-10.45pm** ITV News West Country

ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia **6.00-6.30** ITV News Anglia **10.30-10.45pm** ITV News Anglia

WESTCOUNTRY As ITV1 except: 1.55-2.00pm ITV News West Country **6.00-6.30** ITV News West Country. The latest headlines. **10.30-10.45pm** ITV News West Country

S4C 6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Sain Ffagan **12.30** Heno **1.00** Darn Bach o Hanes **1.30** Adre **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Radio Fa'ma **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwyd Epic Chris **6.30** Codi Hwyl **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Pobol y Cwm: Y Cymeriadau **8.55** Newyddion S4C a'r Tywydd **9.00** Cynefin **10.00** NEW Sgorio Rhyngwladol: Rhagolwg Cynghrair UEFA. A preview of the first games of Craig Bellamy's tenure. **10.30** Bois y Pizza **11.00pm-12.05am** Ar Brawf

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Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News **7.00** Good Morning Sports Fans **10.00** The Football Show. The latest updates. **12.00noon** Lunchtime Live **12.30** LIVE **DP World Tour Golf** The Omega European Masters. Coverage of day one from Crans-sur-Sierre Golf Club in Switzerland. **5.30** Sky Sports News **6.00** Sports Desk **6.30** LIVE **Vitality T20 Blast Cricket** Northamptonshire Steelbacks v Somerset. Coverage of the third quarter-final from The County Ground, Northampton. **9.30** LIVE **US Open Tennis** Coverage of day 11 of the Grand Slam at USTA Billie Jean King National Tennis Centre in New York, including either the mixed doubles or women's doubles final. Plus, the first women's singles semi-final. **4.00-6.00am** Sky Sports News. Headlines.

SKY SPORTS CRICKET

6.00am Vitality T20 Blast Cricket **11.30** T20 Blast 2018 **12.00noon** Vitality T20 Blast Cricket **1.00** Test Cricket Bitesize **2.00** Best of ICC WT20 **2.15** Vitality T20 Blast Cricket **5.45** Captain's Log **6.15** LIVE **Vitality T20 Blast Cricket** Northamptonshire Steelbacks v Somerset. **9.45** Ace – in the Making **10.05** Ace – in the Making **10.30** Best of England v Australia **11.00** Best of England v Australia **11.45** Best of ICC WT20 **12.00m't-6.00am** Vitality T20 Blast Cricket

SKY SPORTS FOOTBALL

6.00am Retro League One **8.00** EFL Cup Highlights **8.30** EFL Trophy Football **9.00** EFL Greatest Games **10.00** EFL Cup Retro **11.00** EFL **12.00noon** EFL Highlights **1.30** SPFL Highlights **2.00** EFL Highlights **3.00** Bundesliga Highlights Show **4.00** EFL Highlights **6.00** Bundesliga **6.30** Bundesliga Weekly **7.00** EFL Highlights **7.15** EFL Highlights **7.30** EFL Highlights **7.45** EFL Highlights **8.00** Scottish Premiership Round-Up **8.15** SPFL Highlights **8.45** EFL Highlights **9.00** Bundesliga Weekly **9.30** EFL Highlights **9.45** EFL Highlights **10.00** Scottish Premiership Round-Up **10.15** SPFL Highlights **10.45** EFL Highlights **11.00** Bundesliga Weekly **11.30** EFL Greatest Games **12.00m't** SPFL Special: Celtic's Invincibles **1.00** Old Firm Derby Best Goals **1.30** SPFL: Edinburgh Derby Best Goals **2.00** SPFL Greatest Games **5.15** Craig Brown: My Scotland **5.45-6.00am** SPFL Highlights

TNT SPORTS 1

6.00am Badminton **8.00** Serie A – Full Impact **8.30** Fight Night **9.00** America's Cup **9.30** The WRC Magazine **10.00** TNT Sports Reload **10.15** LIVE **AFL** Port Adelaide v Geelong Cats (Bounce-up 10.40am). From Adelaide Oval. **1.00pm** Premier League Reload **1.15** TNT Sports Reload **1.30** Premier League Stories **2.00** CPL **2.30** America's Cup **3.00** European Rally Championship Highlights **3.30** The WRC Magazine **4.00** Serie A – Full Impact **4.30** MLB Highlights **5.30** MLB: Off the Bat **6.00** LIVE **MLB** Tampa Bay Rays v Minnesota Twins (Start time 6.10pm). From Tropicana Field. **9.15** Serie A – Full Impact **9.45** Premier League Netbusters **10.15** Premier League – The Big Interview **10.45** Badminton Weekly **11.00** CPL **11.30** LIVE **Hero CPL** Antigua & Barbuda Falcons v Trinbago Knight Riders. The T20 match. **3.45-6.00am** LIVE **Pacific Nations Cup Rugby** Tonga v Fiji (kick-off 4.00am). Coverage of the Group A match from Teufaiva Stadium.

TNT SPORTS 2

6.00am MotoE Highlights **9.30** MotoGP Rewind **9.45** MotoGP Classics **1.45pm** MotoGP Highlights **2.45** Badminton Weekly **3.00** Badminton **5.00** Fight Night **5.30** Ultimate Pool **7.00** MotoGP Highlights **8.00** CPL **8.30** LIVE **MLB** Oakland Athletics v Seattle Mariners (Start time 8.37pm). **11.45** MLB Plays of the Week **12.15am** MLB: Off the Bat **12.45** MotoGP Rewind **1.00** V8 Supercars Highlights **3.00** MotoGP Highlights **4.00** WSL Championship Tour **5.00-6.00am** WSL: Inside Pro Surfing

EUROSPORT 1

6.30am Vuelta a Espana – The Breakaway **7.00** E Sports World Cup **7.30** Discovery Golf **8.00** British Speedway **9.00** Triathlon Supertri **10.00** Mountain Bike World Championships **12.00noon** Cycling: Vuelta a Espana **1.00** Vuelta a Espana – The Breakaway **1.30** LIVE **Cycling: Vuelta a Espana** Stage 18. **5.00** Mountain Bike World Championships **6.00** Sailing: America's Cup **6.30** Climbing: European Championship **8.00** Cycling: Vuelta a Espana **9.00** Vuelta a Espana – The Breakaway **9.30** Triathlon Supertri **10.30** Mountain Bike World Championships **11.00** Cycling: Vuelta a Espana **12.00m't** Vuelta a Espana – The Breakaway **12.30** FIA World Endurance Championship **1.30** Sailing: Spirit of Yachting **2.00** Cycling: Vuelta a Espana **3.00** Vuelta a Espana – The Breakaway **3.30** Motocross World Championship **5.30-6.30am** Cycling: Vuelta a Espana

BEST OF THE REST – LIVE SPORT

1.00-5.00am LIVE **NFL** Kansas City Chiefs v Baltimore Ravens (kick-off 1.20am). Coverage from Arrowhead Stadium. (Sky Sports NFL)

Entertainment & Factual

ITV3 Freeview 10

6.00am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Wild at Heart **10.20** The Royal **11.30** Heartbeat **1.40pm** Classic Emmerdale **2.40** Classic Coronation Street **3.50** Foyle's War **5.55** Heartbeat **8.00** Vera **10.00** Wycliffe **12.05am** Wild at Heart **2.00-2.30am** Unwind with ITV

ITV4 Freeview 26

6.00am World of Sport **6.20** Minder **7.25** The Professionals **8.35** Kojak **10.45** LIVE Cycling: Tour of Britain. Coverage of the third stage. **3.45pm** World of Sport **3.50** Kojak **5.55** The Motorbike Show **6.55** Junk and Disorderly **8.00** Cycling: Tour of Britain Highlights **9.00** Manx Grand Prix Highlights 2024 **10.00** FILM Assault on Precinct 13 (2005/15) ★★★★ **12.10am** Minder **1.10** The Professionals **2.05** Auto Mundial **2.30-3.00am** Unwind with ITV

5STAR Freeview 32

8.00am Rich Kids Go Skint **9.00** Dogs Behaving (Very) Badly **10.00** Shoplifters & Scammers: At War with the Law **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Nightmare Tenants, Slum Landlords **6.00** Home and Away **7.00** GPs: Behind Closed Doors **8.00** Casualty 24/7: Every Second Counts **9.00** A&E After Dark **10.00** Ambulance: Code Red **11.00** 999: Critical Condition **12.00m't** Skin A&E **1.00** Don't Tell the Doctor **2.00** Casualty 24/7: Every Second Counts **2.50** GPs: Behind Closed Doors **3.35-4.00am** Home and Away

REALLY Freeview 17

6.00am Fantasy Homes by the Sea **7.00** Cruise TV with LoveitBookit **8.00** Salvage Hunters **10.00** A Place in the Sun **12.00noon** Money for Nothing **2.00** The Repair Shop **3.00** Celebrity Antiques Road Trip **5.00** Celebrity Yorkshire Auction House **7.00** Antiques Road Trip **9.00** It's Me or the Dog UK **10.00** Long Lost Family **11.00** Help! My House Is Haunted **1.00am** Unexplained: Caught on Camera **2.00** Teleshopping **4.00-6.00am** Salvage Hunters

5ACTION Freeview 33

9.00am Entertainment News **9.10** Outback Truckers **10.10** Traffic Cops **11.10** Police Interceptors **12.10pm** FILM The Spoilers (1942/PG) ★★★★ **2.05** FILM Young Billy Young (1969/15) Western, with Robert Mitchum. ★★★ **4.00** Outback Truckers **5.00** Traffic Cops **6.00** Police Interceptors **7.00** Motorway Cops: Catching Britain's Speeders **9.00** Trucking Hell **10.00** Outback Truckers **11.00** Extreme Tow Truckers **12.00m't** Yellowstone **2.00** Trucking Hell **3.50-4.00am** Entertainment News on 5

SKY ARTS Freeview 36

6.00am Sky Arts Ambassador Bursary Shorts **6.10** Andre Rieu: Live in Vienna **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Charles Bronson **12.00noon** Portrait Artist of the Year 2013 – Painting Hilary Mantel **12.30** Tales of the Unexpected **2.00** Art Traffickers: Treasures Stolen from the Tombs **3.00** Discovering: Peter O'Toole **4.00** Watercolour Challenge **5.00** Portrait Artist of the Year 2014 **6.00** Tales of the Unexpected **7.00** Alfred Hitchcock Presents **8.00** Classic Movies: The Story of Murder on the Orient Express **9.00** Discovering: Samuel L Jackson **10.00** The Directors **11.00** Comedy Legends **12.00m't** A Brush with Comedy **2.00** NEW Guy Garvey: From the Vaults **3.00** Offended by Irvine Welsh **4.00** Tales of the Unexpected **4.30** Auction: David Hockney Special **5.00-6.00am** Auction



Live DP World Tour Golf
Sky Sports Main Event, 12.30pm
Twelve months ago, Ludvig Åberg (left) secured his first professional victory at the Omega European Masters. He begins his title defence at the Crans-Sur-Sierre Golf Club today.

GOLD

7.10am The Fosters **7.40** Keeping Up Appearances **8.15** Last of the Summer Wine **9.35** Hi-de-Hi! **10.15** Open All Hours **11.00** Last of the Summer Wine **1.40pm** Keeping Up Appearances **2.20** Open All Hours **3.00** Dad's Army **3.40** Hi-de-Hi! **4.20** Last of the Summer Wine **5.35** Open All Hours **6.20** Keeping Up Appearances **7.00** Dad's Army **8.20** The Thin Blue Line **9.00** Gavin & Stacey **9.40** Not Going Out **10.20** The Cleaner **11.00** Inside No 9 **11.40** Toast of London **12.15am** Gavin & Stacey **12.55** Not Going Out **1.30** The Cleaner **2.10** Inside No 9 **2.40** Toast of London **3.20-4.00am** The Fosters

U&YESTERDAY Freeview 27

6.10am Canals: The Making of a Nation **7.35** Channel Tunnel: Life on the Inside **8.00** Abandoned Engineering **10.00** War Factories **11.00** The World at War **12.00noon** WW2 – Battles for Europe **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** War Factories **5.00** The World at War **6.00** Antiques Roadshow **7.00** Make It at Market **8.00** Bangers & Cash **9.00** Dream Car Fixers **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00m't** Great American Railroad Journeys **1.00-3.00am** The Architecture the Railways Built

ALIBI

7.10am Murdoch Mysteries **9.00** Miss Fisher's Murder Mysteries **10.00** Shakespeare & Hathaway: Private Investigators **11.00** Hudson & Rex **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Shakespeare & Hathaway: Private Investigators **5.00** Father Brown **6.00** Hudson & Rex **7.00** Elementary **8.00** Death in Paradise **9.00** So Help Me Todd **10.00** The Company You Keep **11.00** Elementary **12.00m't** Hudson & Rex **12.55** Justified **1.55-4.00am** Murdoch Mysteries

SKY MAX

6.00am DC's Legends of Tomorrow **7.00** SEAL Team **8.00** Supergirl **9.00** Stargate SG-1 **11.00** DC's Legends of Tomorrow **12.00noon** Supergirl **1.00** Magnum P.I **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** SEAL Team **6.00** Stargate SG-1 **8.00** Rob & Romesh vs Heavy Metal **9.00** The Walking Dead: Dead City **10.00** The Walking Dead: Daryl Dixon **11.05** Never Mind the Buzzcocks **11.45** The Walking Dead **12.45am** Entourage **2.00** NEW Funny Woman **3.00** Last King of the Cross **4.00** S.W.A.T **5.00-6.00am** Highway Patrol

SKY ATLANTIC

6.00am The Guest Wing **7.55** Boardwalk Empire **10.00** Westworld **12.30pm** Game of Thrones **1.35** The Sopranos **3.55** Boardwalk Empire **6.00** Westworld **8.00** Game of Thrones **9.00** Succession **10.15** Yellowjackets **11.25** Euphoria **12.30am** Winning Time: The Rise of the Lakers Dynasty **1.40** The Outsider **2.45** Game of Thrones **3.55-6.00am** The Guest Wing

SKY WITNESS

6.00am Highway Patrol **7.00** The Real A&E **8.00** Border Patrol **9.00** Brit Cops: Law & Disorder **10.00** Caught on Dashcam **11.00** Bull **12.00noon** The Rookie **1.00** Chicago Fire **2.00** The Equalizer **3.00** Caught on Dashcam **4.00** Nothing to Declare **8.00** The Equalizer **9.00** FBI: International **10.00** The Good Doctor **11.00** Chicago Fire **12.00m't** Law & Order: Special Victims Unit **1.00** Law & Order: Organized Crime **2.00** Law & Order: Special Victims Unit **3.00** Law & Order: Organized Crime **4.00** Sun, Sea and A&E **5.00-6.00am** Bondi Rescue

SKY COMEDY

8.00am Will & Grace **9.00** The Conners **9.55** Crashing **10.35** Bored to Death **11.45** Veep **1.00pm** Insecure **2.15** Bored to Death **3.15** Veep **4.20** Crashing **5.00** Will & Grace **6.00** The Office (US) **7.00** The Conners **8.00** Will & Grace **9.00** Girls **10.05** The Tonight Show Starring Jimmy Fallon **11.05** Veep **12.15am** Amy Schumer: Live at the Apollo **1.25** Entourage **2.35** Insecure **3.50** Betty **4.25-5.00am** Bored to Death

DISCOVERY

6.00am How It's Made **7.00** How Do They Do It? **8.00** Blowing Up History **9.00** Insane Pools: Off the Deep End **10.00** How Do They Do It? **11.00** Wheeler Dealers **1.00pm** Alaska: Homestead Rescue **3.00** Hoffman Family Gold **4.00** Edge of Alaska **5.00** Salvage Hunters **6.00** How Do They Do It? **7.00** Gold Rush **8.00** Wheeler Dealers **9.00** Shark Attack Island **10.00** Naked and Afraid: Last One Standing **12.00m't** Expedition Bigfoot **1.00** Shark Attack Island **2.00** Naked and Afraid: Last One Standing **4.00-5.00am** Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory **9.00** Air Crash Investigation **10.00** World's Greatest Train Journeys from Above **11.00** Ice Road Rescue **12.00noon** Car S.O.S **1.00** Air Crash Investigation **3.00** Spanish Empire: Rise and Fall **4.00** Drain the Oceans **5.00** Car S.O.S **6.00** Nazi Megastructures **7.00** Air Crash Investigation **8.00** Rocky Mountain Railroad **9.00** Wicked Tuna **10.00** Life Below Zero: First Alaskans **11.00** Air Crash Investigation **12.00m't** Situation Critical **1.00** To Catch a Smuggler **2.00-2.30am** Abandoned

Radio

BBC RADIO 1

97.6-99.8MHz 6.57am Newsbeat **7.00** Radio 1 Breakfast with Greg James **10.30** Newsbeat **10.32** Rickie, Melvin and Charlie **12.45pm** Newsbeat @ 12:45 **1.00** Matt and Mollie **3.00** Radio 1 Pop Anthems **3.30** Newsbeat **3.32** Going Home with Vick, Katie and Jamie on Radio 1 **5.45** Newsbeat @ 17:45 **6.00** Radio 1's New Music Show with Jack Saunders **8.00** Radio 1's Rave-Up with Arielle Free **10.00** BBC Introducing Dance **11.00** Radio 1's Residency **1.00am** Danny Howard Club Mix **2.00** Radio 1 at Reading and Leeds 2024 **2.30** Radio 1 at Reading and Leeds 2024 **3.00** Radio 1 Happy **4.00** Radio 1's Workout Anthems **5.00-6.57am** Radio 1 Early Breakfast with Sam & Danni

BBC RADIO 2

88-91MHz 6.30am Scott Mills **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00** DJ Spoony **4.00** Sara Cox **6.30** Sara Cox's Half Wower **7.00** Jo Whiley **9.00** The Country Show with Bob Harris **10.00** Trevor Nelson's Rhythm Nation **12.00m't** OJ Borg **3.00** Sounds of the 90s with Fearne Cotton **4.00-6.30am** Owain Wyn Evans

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week: Bruckner **5.00** In Tune **7.00** Classical Mixtape **7.30** BBC Proms **10.00** Night Tracks **11.30** 'Round Midnight **12.30-6.30am** Through the Night

CHOICE

This Cultural Life
Radio 4, 11am
The New Zealand-born opera singer Dame Kiri Te Kanawa is one of the world's greatest sopranos. She talks to John Wilson about her early life in Gisborne and Auckland, New Zealand, her love of musical theatre, and when she performed at the wedding of Prince Charles and Lady Diana Spencer.

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today **9.00** Across the Red Line **9.30** Brood X **10.00** Woman's Hour **11.00** This Cultural Life **11.45** The Lowball Tapes **12.00noon** News **12.04** You and Yours **12.32** Sliced Bread **1.00** The World at One **1.45** More Wow **2.00** The Archers **2.15** Drama: Stealing Shelley's Heart **3.00** Open Country **3.27** Radio 4 Appeal **3.30** Word of Mouth **4.00** The Briefing Room **4.30** BBC Inside Science **5.00** PM **5.57** Weather **6.00** News **6.30** Phil Ellis Is Trying **7.00** The Archers **7.15** Front Row **8.00** The Media Show **9.00** Loose Ends **9.45** NatureBang **10.00** The World Tonight **10.45** Book at Bedtime: The View from Castle Rock **11.00** The Today Podcast **11.30** Today in Parliament **12.00m't** News **12.30** The Lowball Tapes **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45-6.00am** Farming Today

BBC RADIO 5 LIVE

693/909kHz 6.00am 5 Live Breakfast **9.00** Nicky Campbell **11.00** Adrian Chiles **2.00pm** Matt Chorley. Big political guests and the key news of the day. **4.00** 5 Live Drive **7.00** 5 Live Sport **7.45** 5 Live Sport. Scotland v Poland (kick-off 7.45pm). Commentary on the UEFA Nations League Group A1 match at Hampden Park. **10.00** Gordon Smart. Late-night conversation. **1.00am** Dotun Adebayo **5.00-6.00am** Wake Up to Money

BBC RADIO WALES

FM: 94.6MHz 6.00am Radio Wales News Update **6.05** Wake Up with Radio Wales **6.30** Country Focus **7.00** Radio Wales Breakfast **9.00** Bronwen Lewis **12.00noon** The Phone In **2.00** Nathan Sussex **5.00** Radio Wales Drive **6.30** The Learners **7.00** Aleighcia Scott **10.00** Eleri Sion **12.00m't** Relax with Radio Wales **1.00-6.00am** As BBC Radio 5 Live

CLASSIC FM

100-102MHz 6.30am Classic FM Breakfast with Dan Walker **9.00** The Classic FM Hall of Fame Hour with Dan Walker **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Relaxing Evenings **10.00** Calm Classics **1.00am** Bill Overton **4.00-6.30am** Early Breakfast

ABSOLUTE RADIO

DAB 6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00-6.00am** Dan Noble

Movies

FILM4

11.00am 23 Paces to Baker Street (1956/PG) Thriller, starring Van Johnson. ★★★★
1.10pm The Colditz Story (1954/U) Second World War drama, starring John Mills, Eric Portman and Lionel Jeffries. ★★★★★
3.10 The Fallen Idol (1948/PG) Crime drama, starring Ralph Richardson. ★★★★
5.00 Carry On Cabby (1963/PG) Comedy, with Sid James and Hattie Jacques. ★★★
6.50 The Devil Wears Prada (2006/PG) Comedy drama, starring Meryl Streep, Anne Hathaway and Emily Blunt. ★★★★
9.00 French Exit (2020/15) An ageing Manhattan socialite, living on what is left of her inheritance, moves into a small apartment in Paris with her son and cat. Comedy drama, starring Michelle Pfeiffer, Lucas Hedges and Valerie Mahaffey, with the voice of Tracy Letts. ★★★
11.15 Trading Places (1983/15) Comedy, with Dan Aykroyd and Eddie Murphy. ★★★★
1.30-3.30am Blood Simple (1983/18) Thriller, starring Frances McDormand. ★★★★★

SKY CINEMA PREMIERE

6.25am The Inventor (2023/PG) See 2.50am for details. ★★★
8.15 Under the Boardwalk (2023/PG) Animated musical comedy, with the voices of Keke Palmer and Michael Cera. ★★★
9.50 Migration (2023/U) Animated comedy, with the voice of Kumail Nanjiani. ★★★★
11.20 Madame Web (2024/12) See 8.00pm for details. ★★
1.20pm Lovely, Dark, and Deep (2023/15) See 1.15am for details. ★★★
3.00 If You Were the Last (2023/15) Romantic comedy, starring Anthony Mackie. ★★★
4.40 He Went That Way (2023/15) Crime drama, starring Zachary Quinto. ★★★
6.20 Barber (2023/15) Mystery drama, with Aidan Gillen and Aisling Kearns. ★★★
8.00 Madame Web (2024/12) Fantasy adventure, with Dakota Johnson. ★★
10.00 Arcadian (2024/15) Horror thriller, with Nicolas Cage and Jaeden Martell. ★★★★
11.35 He Went That Way (2023/15) See 4.40pm for details. ★★★
1.15am Lovely, Dark, and Deep (2023/15) Drama, starring Georgina Campbell. ★★★
2.50 The Inventor (2023/PG) Animation, with the voice of Daisy Ridley. ★★★
4.35-6.20am Barber (2023/15) See 6.20pm for details. ★★★

SKY CINEMA DRAMA

4.55pm Meet Joe Black (1998/12) Drama, with Brad Pitt and Anthony Hopkins. ★★
8.00 Magic Mike's Last Dance (2023/15) Comedy, starring Channing Tatum. ★★★
10.00 Mother! (2017/18) Horror, with Jennifer Lawrence and Javier Bardem. ★★★★
12.10am Burlesque (2010/12) Musical, with Cher and Christina Aguilera. ★★★★
2.15 Meet Joe Black (1998/12) See 4.55pm for details. ★★
5.20-7.25am The Starling Girl (2023/15) Drama, starring Eliza Scanlen. ★★★

SKY CINEMA KIDS BOOKS

4.00pm Jumanji (1995/PG) Fantasy, starring Robin Williams and Kirsten Dunst. ★★★★
6.00 Captain Underpants: The First Epic Movie (2017/U) Cartoon adventure, with the voices of Kevin Hart and Ed Helms. ★★★★
7.45 Mary and the Witch's Flower (2017/U) Animated adventure, featuring the voices of Kate Winslet and Jim Broadbent. ★★★★
9.35 Goosebumps (2015/PG) Fantasy, with Jack Black and Dylan Minnette. ★★★
11.35 The Secret Garden (2020/PG) Drama, starring Colin Firth and Julie Walters. ★★★
1.30am Dr Seuss' The Lorax (2012/U) Animated fantasy, with the voices of Danny DeVito and Zac Efron. ★★★★
3.15-5.05am Journey 2: The Mysterious Island (2012/PG) Fantasy sequel, starring Dwayne Johnson and Michael Caine. ★★★

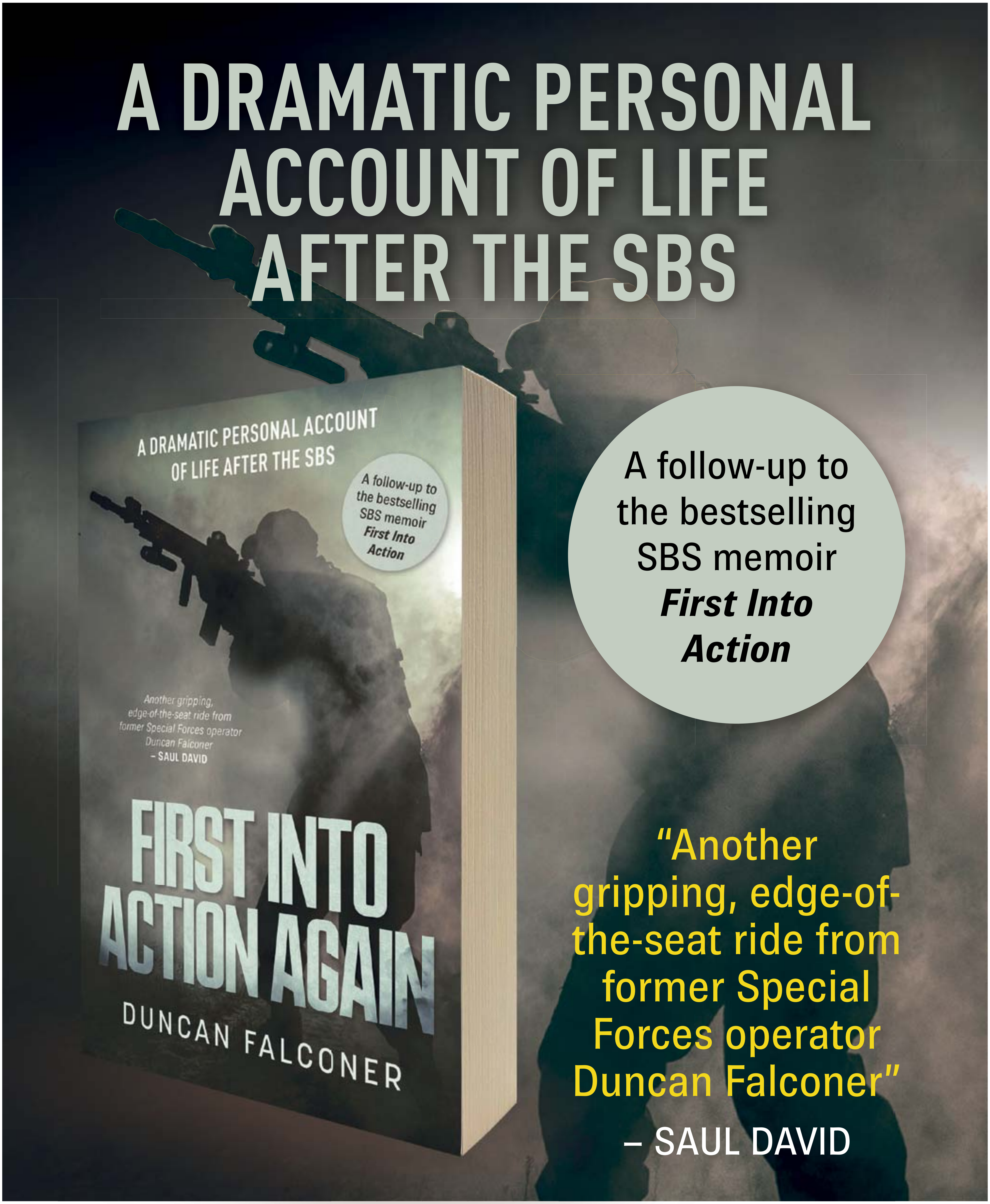
TALKING PICTURES TV

10.10pm North West Frontier (1959/U) Action adventure, starring Lauren Bacall, Kenneth More and Herbert Lom. ★★★★
12.45am The Chase (1946/PG) Psychological film noir thriller, starring Robert Cummings, Michele Morgan and Peter Lorre. ★★★★
2.30 Convicted (1950/PG) Melodrama, starring Glenn Ford and Broderick Crawford. ★★
4.20-6.00am Passing Clouds (1941/PG) Horror, starring Derek Farr. ★★★

GREAT! MOVIES

4.55pm Love on the Rise (2020/U) Romantic drama, starring Katrina Norman. ★★
7.00 Mr Deeds (2002/12) Romantic comedy remake, starring Adam Sandler. ★★
9.00 The Last Witch Hunter (2015/15) Fantasy adventure, starring Vin Diesel. ★★
11.15pm Cell (2016/15) Sci-fi thriller, starring John Cusack and Samuel L Jackson. ★★
1.30am The Box (2009/12) Sci-fi thriller, with Cameron Diaz and James Marsden. ★★★
4.00-5.40am Washed Away (2017/PG) Thriller, starring Emmanuelle Vaugier. ★★

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ON THE ROAD





Get in seventh heaven with Kia

BIG HYBRID GETS A FACELIFT WITH FLEXIBLE CHOICES

Kia is not quite the budget brand it used to be. That patch is now occupied by MG and even more decisively by Dacia.

The South Korean company still makes some excellent motors though. Like the Sorento that we're testing this week.

It's the largest car in Kia's catalogue – a seven-seat SUV that was launched (this generation model) four years ago. Manufacturers like to keep tabs on rivals so since Skoda has just revised its Kodiaq seven-seater and Peugeot has launched a completely new seven-chair 5008, Kia needed to give its Sorento some extra sparkle. The Sorento is the only car in Kia's line-up that is available with a diesel engine and there's a good reason for that: diesel engines are excellent for towing especially, if as in all versions of the Sorento, the engine is mated to a four-wheel-drive transmission.

Choose the 190bhp 2.2-litre diesel and you will have a car with a 2,500kg towing capacity. That's 100kg more than the Kodiaq can tug.

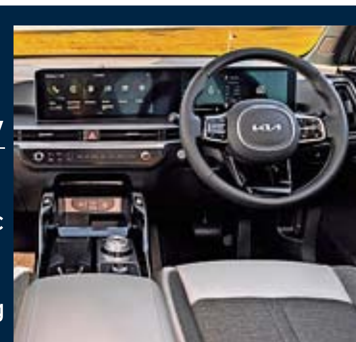
You can also have the Sorento with a plug-in hybrid powertrain but the car we're testing is a straightforward hybrid. Kia badges this arrangement as HEV (Hybrid Electric Vehicle). Under the bonnet is a 1.6-litre petrol engine that is allied to a 59bhp electric motor for a total power output of 226bhp.

Given the option we always choose to test the entry-level version of a new car but as often as not, the car maker wants us to try the most expensive one

THE FACTS

Kia Sorento HEV 2
Five-door/seven-seat SUV

Price: £42,995
Engine: 1.6-litre four-cylinder petrol, electric motor, 226bhp
Power: 0-62mph: 9.7secs
Fuel consumption 42.2mpg
Co2: 153g/km



NEW SUV OF INSTER-EST



Manufacturers who give their cars names spelled out in capitals really annoy me – because when I type their names I HAVE TO REMEMBER TO CHANGE BACK TO LOWER case letters afterwards.

Like Hyundai's new INSTER – although in practice I tend to just spell them normal fashion. So, the Inster is Hyundai's latest and smallest electric SUV. We don't have a price yet but the car itself, or a pre-production example of it, will be making an appearance in dealers from October to December.

The Inster comes with a choice of 42kWh and 49kWh batteries and will have a maximum range of 220 miles. I'd guess at a starting price of around £30,000.

GTX GOES FAST AND FAR



Volkswagen is billing the new electric ID.3 GTX as the equivalent to the GTI Clubsport – but I'm not sure enthusiasts of that petrol-engined motor will consider it to be quite as tempting.

The ID.3 GTX features a 326PS electric motor that feeds a mighty 545Nm of torque to the rear wheels. Performance is certainly impressive with 0-62mph taking only 5.7 seconds.

A bigger attraction perhaps is the car's range, which is a very impressive and practical 369 miles.

The GTX is available to order now from £46,225.

with COLIN GOODWIN

It's rather surprising that BMW hasn't done this before. Sporty add-on parts have been available for the M saloons for a while but now the programme has been extended to the X3 SUV. The M Sport Package and M Sport Package Pro are available ex-works and feature such goodies as carbon fibre front splitters and mirror covers, and decal sets. There's lots more including bespoke wheels and exhaust tailpipe finishers. Have a look online or pay your local BMW dealer a visit.



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THE RIVALS



Skoda Kodiaq SE e-Tec
Also just facelifted. Particularly good value.
£37,505



Mercedes-Benz GLB AMG Line Premium
High quality and practical seven-seater. One of Merc's best cars.
£42,140



Peugeot 5008 Allure
We've yet to drive it but this is Peugeot's all new seven-seater. It's likely to be a contender.
£37,360

because that's where the profit is. So thank you, Kia, for giving us this Sorento HEV 2.

Our opening statement that Kias are not quite the bargain they used to be is born out by the fact that at £42,995, this Sorento is a few grand dearer than the equivalent Skoda Kodiaq.

That said, you're still getting an awful lot of car for your money as the Sorento is very capacious.

Front seat occupants enjoy class-leading elbow room and there's masses of headroom front and back.

The rear seats both slide and recline so six-footers in the back will be very comfortable.

There's even a lot of headroom in the third row seats – more so than there is in the Land Rover Discovery and Skoda Kodiaq.

The luggage space is very generous and will even hold a couple of carry-on cases when all seven seats are in operation. It'll take 10 with the third row folded flat.

There is an argument for upgrading your choice to trim level 3 because with that comes electrically adjusted seats. Also, and this would appeal even more strongly, it has wireless charging for your portable phone. All Sorentos have parking sensors and a rear-view camera, which is handy in such a big car.

> **"You're getting an awful lot of car for your money as it's very capacious**

The infotainment system has been upgraded in the facelift and although it doesn't have the number of physical buttons once found in the Sorento, it's not difficult or too distracting to use.

As far as the powertrain goes, Kia claims a combined official fuel consumption of 42.2mpg but late 30s is more realistic.

These figures are only average for 2024 even if it is a big car. The powertrain itself does the job but sounds a bit frantic when the petrol engine chimes in to do its bit, which it tends to do by default once you get to 25mph.

The Kodiaq's engine and mild hybrid arrangement is smoother, quieter and a bit more economical.

A diesel, a plug-in hybrid and regular hybrid gives the Sorento buyer a good choice.

Diesel if you tow, PHEV if you have off-street charging facilities at home, and the car we've tested if neither of the above apply to your circumstances.



MG A WHIZZ

The all new MG ZS is available to order now and with prices starting at £21,995 is likely to be a big seller.

That price is for the entry level SE Hybrid + but for an extra £2,500 you can step up to the better equipped Trophy. The cars have a powertrain that pairs a 102PS 1.5-litre petrol engine with a 136PS electric motor for a combined output of 196PS.

Performance is 0-62mph in 8.7sec and fuel economy is 55.4mpg. Both impressive figures.

I doubt the fact that MG is wholly owned by the Chinese government will put off many buyers.



A SUPER MODEL

The Little Car Co, makers of sublimely beautiful scaled-down electric versions of iconic classics like the Bugatti Type 35, Aston Martin DB5 and Ferrari Testarossa, has changed its name to Hedley Studios, after company founder Ben Hedley.

Their latest masterpiece is an 85% scale vintage Bentley that is fully road legal. All the first editions of the car have sold out but you can now entertain yourself on the company's configurator and spec one of the 250 regular models that will be built.

Interested? Prices start from £90,000.

SPLASH OUT ON A DOLPHIN



BYD, the giant Chinese EV maker, is introducing a new version of its Dolphin hatchback.

Launched around 18 months ago, the Dolphin up to now has been available only with a 60.4kWh battery, but now there are two new entry-level trims that come with a smaller 44.9kWh battery pack.

Smaller batteries mean a lower range but also a cheaper price. Cheapest Dolphin is now the Active at £26,165 with a range of 211 miles. Next up is the Boost at £27,165 with a range of 193 miles.

This has a more powerful electric motor and is therefore the quicker of the two. We'll be running a road test very soon.

DACIA SPRINGS OFFER



It comes as rather a surprise to hear that Dacia has a special offer running for its new Spring EV because at £14,995 it is already the cheapest electric car that you can buy – by a wide margin.

However, Dacia is offering a £500 deposit contribution or the same amount off the cash price of the car. Also available is a 3.9% APR on a four-year PCP which will see payments of £158 per month for a 45bhp Expression 45 or £168 per month for the more powerful Expression 65 and £178 for the Extreme 65.

The entry-level Spring may only have a range of 140 miles but with this offer a price of £14,495 is pretty impressive. Be quick though because the offer finishes at the end of this month.



A HEV-Y LIFT

Honda has facelifted its HR-V e:HEV – even though it seems like it's only been on sale for about a year.

The HR-V gets a new front bumper and grille with revised headlamps – and at the back there's now a full length LED lightbar, a feature that is now commonplace because designers today are incapable of resisting copying each other.

Inside, the centre console has been reshaped to make it easier to put a phone on the charging pad, a detail you'd think they'd have got right first time.

Finally, there's a new trim level called Advance Plus that features bespoke wheels and an extended paint finish that colour codes parts that are grey on other models. The upgraded HR-V goes on sale this month and are expected to start at £30,000.

YOUR VOICE

Edited by AMANDA EVANS

Lesson in tolerance

It comes as no surprise that there's been a rise in racism in schools, given the increase in racism in society in general.

Over the past few years, we have been bombarded by the right-wing rhetoric of illegal immigration, with negative comments directed at people of colour.

We all hold a responsibility to call out racism and hatred in all levels of society. Tolerance and positivity needs to replace hatred and bigotry.

Children pick up racist views from some adults and negative media outlets. We must embrace a multicultural and diverse society and should pass this on to our children.

John White, Northwingfield, Derbyshire

TAKE NOTICE... AND WIN £25



This funny sign was spotted by Graham Jones from North Walsham, Norfolk, outside the toilets at a farm shop in Diss – and it made him smile.

Please send your funny signs to the address below. Sorry, but photos can't be returned.

THE BIG QUESTION

Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

Reports suggest Prince Harry wants to spend more time here and be back in the royal fold. It is five years since he and Meghan moved to California.

Would you welcome Sussexes back to Britain?

YES 7%

NO 93%

No. As a working Royal Harry is not to be trusted. If he did get back in he'll listen to all the royals are saying, then just go and write another book or go on TV in the US and air his laundry in public again.
BLUE55A

Yes. I don't personally think he wants to come back, but it's his choice. Life is too short and if they want to come back they should be given the chance to make amends.
BLUEY12

No. Harry must not be allowed back into the royal fold.
RITABISHOP

Yes. He and Princess Meghan should be given a palace where they can live.
AREOPLANET

Yes. And just leave them alone.
SU

No. Most people don't want them to return. They chose to leave the Royal family. They did an interview with Oprah, and brought out that book.
3311

To have your say, go to mirror.co.uk

Right to impose partial arms ban

THE BIG ISSUE



The Government has slapped a partial ban on weapons sales to Israel with MPs told that 30 out of 350 arms export licences to Israel have now been suspended. The ban applies to "items that might be used in the current conflict" in Gaza. A review has found there is a "clear risk" UK arms may be used in "a serious violation of international humanitarian law" in relation to the war. You say...

THE British government is right to impose limits on arms sales to Israel. The main suppliers are America and Germany, but pressure is continuing to grow on them to follow suit, rightly so. Of course, there are victims on both sides of the Gaza conflict, but the Palestinian casualties of over 40,000 dead in comparison to the Israelis are out of all proportion, although any loss of life during conflict is a tragedy.

Up to now this has been a Catch-22 situation, where an end to this appalling war, which now threatens the peace of the world, is extremely unlikely. Now there is a ray of hope, with Britain taking an active part.

Bill Cook, Teignmouth, Devon

After almost a year of conflict, where condemnation has been constrained over Israel's out-of-proportion retaliation towards innocent civilians in Gaza, it was time to take a stand and restrict arms supply to Israel.

There is now international dismay over the many thousands of women and children who have died at the hands of Israeli forces with no abatement in sight. Israel is losing support and this indiscriminate killing has to stop.

Diane Silva, Bournemouth

Israel has broken international law on numerous occasions and been rebuked constantly by the UN. Yet it's taken till now for government to reluctantly make an insignificant gesture of suspending some of its arms export licences. Boris Johnson and the UK Chief Rabbi criticised the move. But when our government attacked Iraq and Afghanistan to wipe out terrorism, what happened? We got more terrorism.

Israelis feel the need for retribution since the attack by Hamas on October 7, 2023. But they have little respect for Palestinians.

John Navin, Witney, Oxfordshire

Congratulations to government for at long last suspending some of the arms sales to Israel. Benjamin Netanyahu talks of Israel defending itself and calls this shameful. What is shameful is that since October, Israel has killed over 40,000 Palestinians and they will continue with the bombardment and the rampage in the West Bank until they drive the Palestinian people from their land.

Joyce Barker, Manchester

This ban should have come a long time ago. The situation in Gaza is only getting worse and the UK needs to step up.

Foreign Secretary David Lammy has said the UK has suspended 30 out of 350 export licences, but we need to do more. Boris Johnson has now accused MPs of "abandoning Israel". This is rich coming from a former prime minister whose party did nothing to help the situation.

The Middle East is incredibly volatile and remember, there is still a threat of an Iranian strike, which could increase tensions even more. Instead of attacking government's decision, MPs from all sides need to come together on this matter.

Trevor Williams, Dover, Kent

The Government needs to go much further and ban all sales. A partial ban isn't going to go far enough. I was shocked to read that parts for the F-35 fighter jets are not exempt. There needs to be a firm message sent that war crimes in Gaza will not be tolerated – this can only happen with a total ban.

Francis Thomas, Cardiff

The Goverment should now implement a full arms embargo on Israel as it did in 1982 after it used UK-supplied equipment in the invasion of Lebanon and the massacres of civilians in Sabra and the Shatila refugee camp.

Phil Brand, South West London

Cycling power couple



SILVER Neil Fachie



BRONZE Lora, with her pilot

Congratulations to Neil Fachie and his wife Lora who've done so well at the Paralympic Games. Neil won silver in the B 1,000m time trial and Lora picked up bronze in the B 3,000m pursuit. This is a remarkable achievement and I am so pleased for them both. In Tokyo they both won golds.

They are elite athletes, who have achieved great things in cycling. I hope they don't retire as they are so talented and I'd love to see them compete again.

Fiona Chalmers, Weybridge, Surrey

Every Monday we print your treasured family photos in our popular Your Memories section. So, if you have an old picture you'd like to share with us please email or write to Your Memories at yourvoice@mirror.co.uk or Daily Mirror, One Canada Square, London, E14 5AP and include the photo and some information about who's in it and when and where it was taken. Please don't send originals as we can't return them.

Pleased the word is out

I completely agree with the scrapping of one or two-word Ofsted grades for schools.

This system has caused confusion for many years when choosing schools.

A description such as 'Good' or 'Inadequate' does not tell the whole story of how well a school operates.

This has led to a self-fulfilling prophecy among schools. Mud sticks, so if you are labelled as an under-achieving school, then you will continue with that bad reputation.

I hope the new system will give a better picture about the school as a whole. There are so many variants within a school that lead to its success, and parents need more information about its operation and the positives and negatives in all areas.

Val Peterson, Liverpool

Tweet of the day

Foreign Secretary David Lammy pays tribute to his friend after the final report from the public inquiry into the Grenfell Tower fire in 2017...

@DavidLammy - Today I'm thinking of Khadija Saye - a visionary artist and a wonderful friend - who tragically lost her life in the Grenfell Tower fire. The memory of the 72 will never be forgotten.

How I wish I could turn the clock back to the Sixties when I was growing up. Back then stabbing incidents were a rarity and I was always reassured by the presence of bobbies on the beat.

There was a general feeling of wellbeing which sadly, I cannot say that I feel today because we seem to be in the midst of a violent era.

Jenny Pain, Chatham, Kent

Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right?

1. Heaton Park
2. Smoking
3. Stephen Webb
4. Lamb
5. Wednesday

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- Ian Larkin's comedy & music
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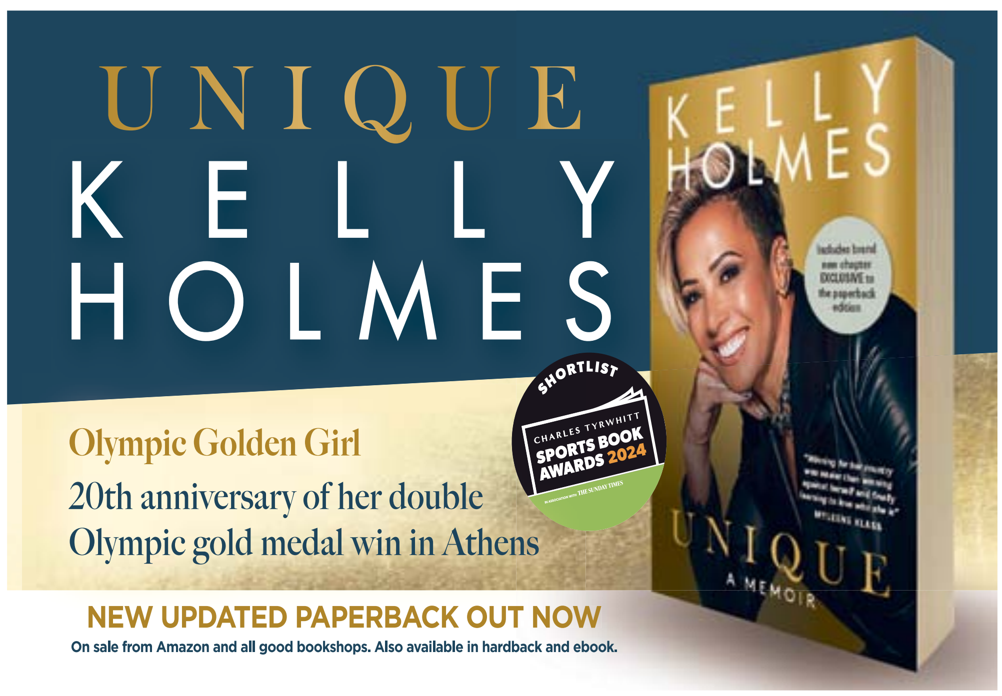
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BEHIND THE SCENES Engineer Billy with account manager Leah

TUNED IN TO LIVE EVENTS

FESTIVALS and concerts can only be staged thanks to the hundreds of thousands of highly skilled people working behind the scenes in the live events industry.

In the UK alone, there are around 7,000 live music venues, including giant arenas.

There are more than 200 stadiums, 4,000 theatres and hundreds of clubs, pubs, halls and auditoriums too. Whatever size they are, they all need specialist technical support, from sound and lighting to video and rigging.

A national campaign was launched this week by Adlib, a Liverpool-based company that provides audio, lighting, video, staging and rigging across the UK and Europe, to educate young people about job opportunities.

Billy Bryson, 26, from Liverpool, is an audio system engineer and joined Adlib in 2013, aged 16, as an apprentice in the audio warehouse.

"As part of my Year 10 work experience, I worked at Adlib and knew instantly it was right for me," he says.

"I knew from an early age that a career in this industry was something I wanted, but it wasn't until starting my apprenticeship that the range of careers and specialisms became apparent.

"Through mentorship from others at work, it became apparent that my goal would be to specialise in what is now my current role as a systems engineer."

Billy is now responsible for the design of loudspeaker systems, as well as their implementation and calibration, to best suit any given venue and to meet requirements of the show.

This mostly involves touring with artists for multiple months at a time, but also includes festivals, large-scale outdoor and stadium one-off shows, and fixed installations.

Billy is a typical example of being able to forge a career by swiftly working his way through the ranks after being offered an apprenticeship following his two-week long work experience in Adlib's Liverpool warehouse.

Proving how vast the range of jobs is, Leah Coyle, 31, works for Adlib as an account manager.

Originally joining as an admin assistant in 2014, her current role means she operates as the main point of contact between the business, her assigned clients and their productions.

Clients, which include production managers, tour managers and promoters, send over their tour routing, design and specifications, and Leah, from Liverpool, will take that from initial inquiry right through to delivery, until the tour ends.

"Most of the time, we are project managers and deal with a lot of logistical planning with our excellent team here," Leah says. "We collectively ensure we assign the correct stock/equipment, the right engineers to deliver the gig or tour – such as Billy – draw up rigging plots and make sure we have all the right paperwork to hand over to the production manager to get the kit and crew on the road.

"As well as this we manage existing client relationships, try and attain new clients and work, and widen the diversity of events we do. I love it."

Leah stumbled into the music and event world after finishing a degree in biology.

"Before I started here, I just had a uni job waiting and bar tendering at the ACC venue in Liverpool, where they host everything from concerts to big corporate dinners and conferences, so I got to see a bit of everything there. It's one of the factors that pushed me into this field.

"Back then, I had my mind set that I wanted to be a teacher and I wanted to do something within the biosciences, so I did my work experience in the biosciences department of the University of Liverpool. But eventually I knew I couldn't see myself being in that field of work for the long run."

To join this buzzing industry, consider an apprenticeship (apprenticeships.gov.uk and businesses such as Adlib) or the likes of BIMM University (bimm.university), which has uni campuses and 14 schools across UK, Ireland and Germany, offering training and gateways into work.

OPPORTUNITIES IN THE SPOTLIGHT

Adlib (adlib.co.uk) has produced a 20-minute film (liveevents.careers) highlighting the myriad jobs within a dynamic industry that is thought to be worth over £70billion to the UK economy.

The campaign is coordinated by Adlib in partnership with key industry organisations such as PLASA (The Professional Lighting and Sound Association trade body, plasa.org), The Power of Events (powerofevents.org), Production Futures (productionfutures.com) and LIVE (Live Music Industry Venues & Entertainment, livemusic.biz), a federation of live music associations.

AMAZON 10% PAY HIKE

Online giant Amazon is upping warehouse workers' starting pay by nearly 10% to between £13.50 and £14.50 an hour.

Those with three years' service will get between £13.75 and £14.75 an hour.

Rachel Fagan, organiser at the GMB, which narrowly lost a vote for union recognition at Amazon, said: "This is too little, too late from Amazon bosses who have been forced to act by workers' industrial action."



Bosses at German car giant Volkswagen warned it had "one, maybe two" years to turn its main car brand around as the firm considers the first-ever plant closures in its home country.

Executives were heckled by factory workers in Germany yesterday as they said Europe's car market had shrunk after Covid, with VW facing a shortfall in demand of about 500,000 vehicles.

Rental homes sales on rise

LANDLORDS FEAR CAPITAL GAINS HIT

RECORD numbers of rentals are being put up for sale as landlords prepare for a possible Budget tax blow.



Rightmove has revealed 18% of all properties for sale on its website used to be for rent, rising to 29% in London.

And the company says a potential driver of the spike is fear of an increase in capital gains tax in October, which applies to any profit made when an asset – such as shares or a second home – are sold, given away or disposed of in other ways.

It claimed more incentives were needed for landlords to stay put.

Rightmove reported an "increasing trend" rather than a "sudden mass exodus of landlords". While more homes for sale is good for buyers, fewer rental properties push costs even higher for tenants.

Tim Bannister, Rightmove's property expert, suggested that previously rented homes for sale could be bought up by other landlords, "which would signal a changing of the guard rather than a complete exit".

Separate figures today from Barclays show spending on rent and mortgages hit a 17-month low in August, following the Bank of England's base rate reduction at the beginning of the month.

Bank bosses will reportedly lobby Chancellor Rachel Reeves not to hit them with a Budget tax hike during a meeting this week. She could slap them with a surcharge or cut the bumper interest commercial banks are paid when they leave money in the Bank of England.



FTSE 100 down 28.8 at 8269.6 — Oil = $73.21

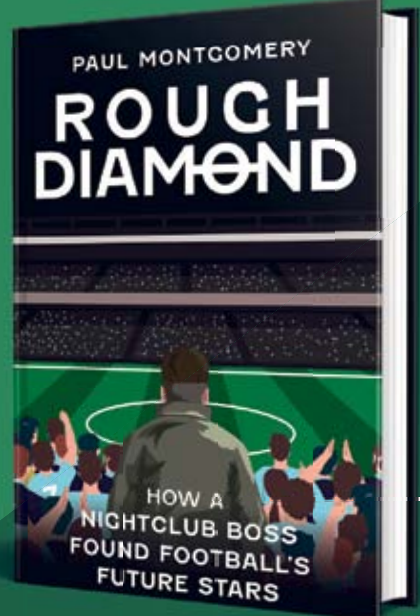
Company	Price	Change
Abrdn	149.6	+3.0
Anglo American	2097.5	-11.0
AB Foods	2501.0	+5.0
Admiral Group	2931.0	+14.0
AstraZeneca	13046.0	-144.0
Aviva PLC	498.7	-4.9
BAE Systems	1312.5	+2.0
B&M European	445.1	-2.0
BAT	2901.0	+34.0
Balfour Beatty	411.0	-1.0
Barclays	223.7	+0.6
BR Land Co	429.8	+9.0
BP	413.9	-2.5
BT	141.0	+0.6
Capita Group	18.2	+0.3
Carnival	1122.5	-26.0
Centrica	123.5	-2.5
Compass	2435.0	+30.0
Currys Plc	80.0	+0.8
Diageo	2450.0	-14.5
Direct Line	188.5	-4.6
Easyjet	480.5	-7.5
Ferguson	14700.0	-850.0
Frasers Group	846.0	-15.0
GlaxoSmithKline	1664.0	+9.0
Halfords	146.6	+1.4
Hays	92.4	+0.7
HSBC	658.7	+0.3
Imperial Brands	2229.0	+36.0
International Airlines Grp	186.2	+1.3
International Distribution Services	339.4	-0.6
ITV	78.6	-0.3
JD Sports	133.2	-0.4
Kingfisher	276.0	-4.6
Land Securities	639.0	+3.5
Legal & General	224.2	+1.2
Lloyds	57.1	-0.2
Marks & Spencer	344.7	+2.8
National Grid	1003.0	+5.8
NatWest Group	335.6	+1.9
Next	10050.0	-45.0
Ocado	350.5	-0.9
Pearson	1069.5	-2.0
Persimmon	1581.0	-53.5
Prudential	633.6	-12.0
Reckitt	4480.0	+37.0
RELX	3554.0	+1.0
Rentokil Initial	472.5	-3.5
Rio Tinto	4581.0	-15.5
Rolls-Royce	480.7	+8.4
J Sainsbury	296.4	-2.0
SSE	1913.5	+6.0
Severn Trent	2601.0	+2.0
Serco	174.5	+1.4
Shell Plc	2582.5	-29.5
Smith & Nephew	1164.5	-9.5
Smiths WH	1290.0	-22.0
Standard Chartered	750.0	-4.0
Taylor Wimpey	156.9	-4.2
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Reach PLC	97.6	+0.2

Holiday £

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Canadian Dollar	1.736
Egyptian Pound	63.772
New Zealand Dollar	2.045
Polish Zloty	4.777
South African Rand	22.457
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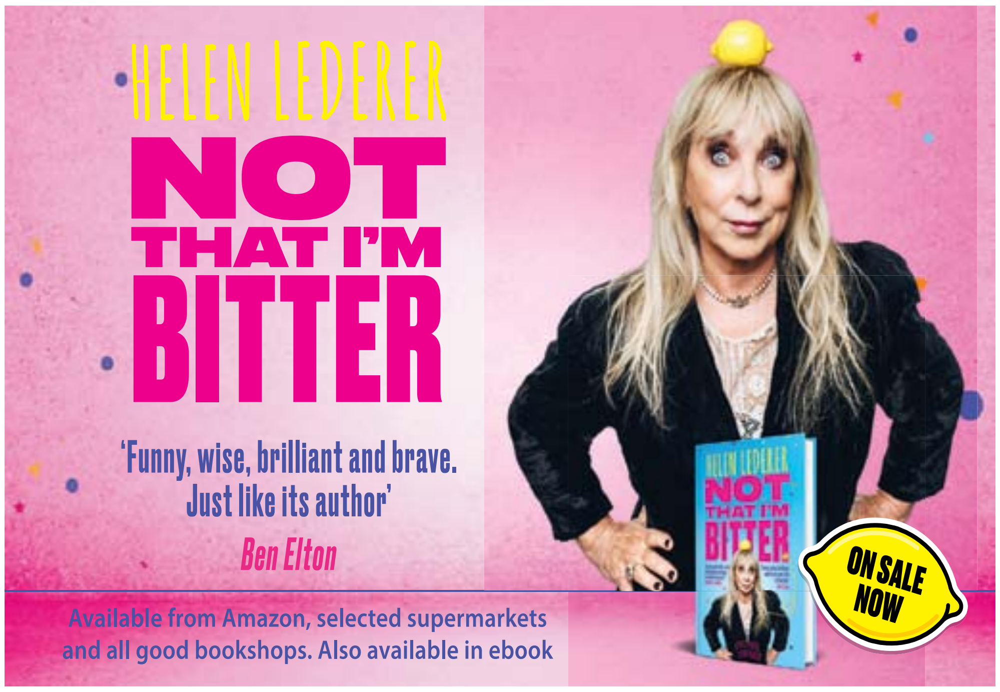
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PARALYMPICS

Storey slams 'appalling' time trial course after winning her 18th gold





A STOREY TO TELL! Storey shows off her gold medal and (left) in action

SHORT CHANGED

FROM **TOM HARLE** in Clichy-sous-Bois

DAME Sarah Storey's 18th Paralympic gold was marred by a row over the length of the course.

The 46-year-old triumphed in the time trial over one lap of a 14.15 kilometre route that men with the same disability did twice, covering 28.3km.

Britain's greatest Paralympian, a pioneer for gender parity in cycling, poured scorn on the decision, with organisers putting it down to a 'busy schedule'. The mum-of-two said: "There's plenty of time in the day for us to do two laps like the men.

"Having fought so hard for parity in women's cycling, to not have it in para cycling like we did in Glasgow at the World Championships last year, is a real disappointment.

"I've had to put that disappointment aside and concentrate on what I can control, because I couldn't control the race distance.

"I really hope they never do this to women again. It's been appalling."

The race took place in an unremarkable north-eastern suburb of Paris, a short ride from where Kylian Mbappe was born, with Storey besting French rider Heidi Gaugain by 4.69 seconds. She has now won five Paralympic time trial titles in a row, with the first four all contested over distances greater than 22km. The Cheshire rider revealed she queried the length of the women's course before the Games, but says organisers did not give her a response.

"It's a real shame because you don't get to showcase para sport in the way that you want it to," Storey said.

"This is the most disappointing course, in that sense, after what came before it and I hope it doesn't happen again." GB's Blaine Hunt, who finished 11th in the men's C5 race over twice the distance, said: "I'm all for equality.

"On the track, the women do 500, we do one kilometre – I don't see any reason why they can't do one kilometre.

"I'm all for things being brought together and being equal, and I'll fight for that until the end."

This is the first time Storey has won a Paralympic gold with children Louisa, 11, and Charlie, six, watching, having been given special dispensation to miss the first two days of school. Storey said: "I'm utterly delighted.

"I just feel so, so proud. You can put all the challenges aside and as athletes we always want to improve things, it's not that I'm not happy being here.

"You race the course that you get and you prepare for that, and I knew well in advance what it was like. To have friends and family here, to see the flags, to have the cheer off the start ramp, it was just brilliant."

All four GB medals in the time trials were won by women. Fran Brown and Sophie Unwin took silvers and Lora Fachie a bronze.

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SAMMI'S GOLDEN REBUILD

BY **MILLY MCEVOY**

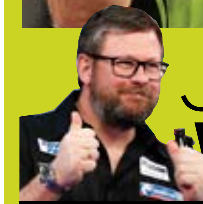
SAMMI KINGHORN rebuilt her body after an accident left her with a spinal-cord injury, and now her body has powered her to Paralympic glory.

The Scot (right) set a new Games record in the T53 100m final for her first Paralympic gold, to add to her world title in the event. Kinghorn, 28, was crushed by snow falling from the roof of her family farm when she was 16 but used wheelchair racing as a way to accept her new reality.

"When I had my accident my body was torn down to nothing and I rebuilt it," she said.







JAMES WADE

THE VIEW FROM THE OCHE

I hope not to flounder in Flanders

IT'S strange, but sometimes you can tell that you don't feel right from the moment you walk into the practice room.

I had that last weekend at the European Tour event in Hildesheim in Germany, where I faced Michael van Gerwen (above) in the second round.

It was one of those days when I just didn't feel right from the start. You try to shake it off when it happens, but I just couldn't.

I am not using my mental health as an excuse but I am a worrier and there was some uncertainty around my travel arrangements, as well as some other bits and pieces on my mind.

It is annoying but I have accepted it and will try to make sure it doesn't happen this weekend in Antwerp at the Flanders Darts Trophy.

Things are really starting to heat up in the European Tour events, with only a handful of events left for players to secure their place in the European Championships at the end of October.

It is a tournament that I have had immense success in, including reaching last year's final. I consider it essential that I qualify.

The next TV major is just over a week away but, when the World Series Finals kick off on ITV4, you won't be seeing me there. I need to manage my schedule so I am sitting this one out.

I am not desperate for prize money at this point, I am just trying to get my world ranking back up to where I think it should be.

I did not stay on at the recent European Tours for the World Series qualifiers because it would have meant less time with my wife and children which, ultimately, would have had a negative effect on my performances for the rest of the year.

I would like to be in everything but sometimes you have to rest to get the best out of yourself.

A certain Gary Anderson proved that a few years ago!

James Wade's column is sponsored by Elitecompetitions.co.uk – use code WADE25 for 25% off tickets

ELITE COMPETITIONS

ATHLETICS BIG CLASH IN ZURICH

INGEBRIGTSEN WEARS IT WELL FOR JOSH

BY **ALAN SMITH**

JOSH KERR sidestepped an opportunity to praise Jakob Ingebrigtsen ahead of their latest meeting – by hailing the Norwegian's fashion sense.

The pair renew their rivalry in Zurich tonight as part of a 1500m field that also includes shock Olympic champion Cole Hocker and bronze medallist Yared Nuguse. And while Ingebrigtsen praised Kerr's ability to always perform on the big stage when asked yesterday to name one thing they admire about each other, the Scot would not be drawn.

"His dress sense I would probably say is his best quality," Kerr said. "That would be number one." The Olympic silver medallist's answer brought puzzled looks – including from Ingebrigtsen – before he responded with a dose of newfound modesty.

After being reduced to fourth place in Paris last month – before coasting to 5,000m gold – he appears to have taken on a more humble approach following almost two years of back and forth with Kerr (right).

And instead of delivering a tetchy reply Ingebrigtsen, who smashed the 3,000m world record 12 days ago, said: "His performance is 100 percent when it matters.

"That's important and Josh has been doing that since at least Tokyo."



HAYDOCK

RTV

NEWSBOY 2.10 JUST AN HOUR, 2.40 WE DARE TO DREAM, 3.10 CHUTI MANIKA, 3.40 KING CASPER, 4.17 DEFENCE MINISTER, 4.50 NAAEY (NAP), 5.20 FREE SPEECH.
BOUVERIE 2.10 JUST AN HOUR, 2.40 WE DARE TO DREAM, 3.10 PIETRO, 3.40 CALEDONIAN, 4.17 DEFENCE MINISTER, 4.50 ELLADONNA, 5.20 LITTLE MISS INDIA.

GOING: Good to Soft.
COURSE: Left-handed oval track of 1m 5f with a 4f straight. The 5f & 6f races are run on the straight.
DRAW: A high draw is a big advantage, especially on soft.
TOP TRAINERS: W Haggas 45-186 (24.2%), R Beckett 30-125 (24.0%), D O'Meara 28-221 (12.7%).
TOP JOCKEYS: James Doyle 28-140 (20.0%), W Buick 25-91 (27.5%), D Tudhope 24-179 (13.4%),

TRAINER TARGETS (won today's race at least twice in last 10 years): C Appleby won the 3.40 in '21, '22 and '23.
1ST TIME BLINKERS: None.
CHEEKPIECES: 2.10 Haliphon, Just An Hour, Sameem, Shield Of Honour*, 3.10 Feeraas, 5.20 Free Speech.
TONGUE STRAPS: 2.10 Just The Man*, Rayena, Shield Of Honour, 2.40 Belabambina*, Oselton*, 3.10 Perfidia*. (*=1st time).
1ST RUN SINCE WIND OP: None.

2.10 RACINGTV PROFITS BACK TO RACING AMATEURS' HANDICAP (5) 1m 4f Winner £3,974 (8 run)

SPOT FORM

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(1)	647864	JUST AN HOUR (17) B Millman 4 11-4 (SF)	Mr Patrick Millman	55	SS
2	(7)	890288	HALIPHON (17) I Williams 7 11-3 (D)	Miss I Oliver (7)	57	G
3	(6)	0704/0	JUST THE MAN (J53) J G O'Shea 8 10-13	Miss Iesha Wilding (7)	34	ST
4	(5)	611657	FIDDLERS GREEN (81) J G O'Shea 5 10-12 (D)	Miss B Hampson	●60	S
5	(4)	-37824	ATALANTA BREEZE (9) (V) M Tregoning 8 10-12 (D) (F)	Miss A Tregoning (5)	56	G
6	(2)	-61286	SAMEEM (10) T Easterby 8 10-11 (D)	Mrs Emily Roberts	56	G
7	(8)	-56414	SHIELD OF HONOUR (10) Miss A Murphy 7 10-0	Miss G Littmoden (7)	53	G
8	(3)	826095	RAYENA (10) R Fahey 4 9-11 (EW)	Miss L Teal (5)	43	GF

BETTING: 7-2 Just An Hour, 4 Shield Of Honour, 9-2 Atalanta Breeze, 11-2 Sameem.
2023: SHE'S A NOVELTY 8 10 11, Miss Brodie Hampson 5-2 Fav (F O'Brien), drawn (8), 8 ran.

2.40 EVERY RACE LIVE ON RACING TV RESTRICTED MAIDEN STAKES (5) (2-Y-O) 7f Winner £4,320 (12 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(3)		AZOOZI J Butler 9-7	T Whelan	-	-
2	(11)	22	BOSTON RUN (13) (H) H Palmer 9-7 (F)	J Hart	●84	G
3	(10)	4	CAPTAIN HARRY (32) A Balding 9-7 (BF)	C Hutchinson (3)	71	G
4	(12)		MYSTICAL STORM J Camacho 9-7	Ryan Sexton	-	-
5	(2)	20	SIR PETER FOSSICK (33) C Johnston 9-7	J Fanning	81	G
6	(1)	22	WE DARE TO DREAM (25) D O'Meara 9-7 (SF)	D Tudhope	80	GF
7	(8)		KIRKDALE E Bethell 9-5	C Rodriguez	-	-
8	(4)		OSELTON M Walford 9-5	C Hardie	-	-
9	(5)		RULING MASTER M Botti 9-5	H Doyle	-	-
10	(7)	7	HARRYELLA (24) J Fanshawe 9-3	R Hornby	55	ST
11	(9)		MEDIA R Fahey 9-0 (EW)	B Garritty	-	-
12	(6)	7	BELABAMBINA (21) D Loughnane 8-12	Joanna Mason	53	GF

BETTING: 3 Boston Run, 7-2 We Dare To Dream, 9-2 Captain Harry, 5 Media.

3.10 NATIONAL RACEHORSE WEEK 2024 NURSERY (5) (2-Y-O) 7f Winner £4,187 (9 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(1)	21	CHUTI MANIKA (43) C Johnston 9-11 (D)	J Fanning	76	GF
2	(5)	91273	COUNTESS CIARA (16) A Watson 9-9	Joanna Mason	80	GF
3	(3)	61	GREEN ICON (30) Owen Burrows 9-8 (D) (F)	C Rodriguez	74	ST
4	(9)	335	FEERAAS (49) A Watson 9-7	H Doyle	77	G
5	(4)	9344	MAXIMUS ALEXIOS (32) R Hannon 9-7	K Shoemark	79	GF
6	(8)	6518	BRASTIAS (19) D O'Meara 9-6 (D) (EW)	D Tudhope	76	GF
7	(2)	6430	VEYDARI (35) R Fahey 9-6	James Doyle	77	GF
8	(7)	65541	PIETRO (20) J Fanshawe 9-4 (D) (SF)	W Buick	79	G
9	(6)	76306	PERFIDIA (21) T Easterby 8-8	D Fentiman	●83	GF

BETTING: 7-2 Green Icon, 4 Chuti Manika, 9-2 Pietro, 6 Countess Ciara, 7 Feeraas.

3.40 WATCH ON RACING TV EBF NOVICE STAKES (3) (2-Y-O) 1m Winner £5,400 (7 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(3)	51	KING CASPER (27) H Palmer 9-6 (C)	J Hart	84	GF
2	(4)	35	AEGEAN SEA (62) J & T Gosden 9-2 (SF)	K Shoemark	86	G
3	(5)		BLUE TEMPUS A King 9-2	H Doyle	-	-
4	(7)	62	CALEDONIAN (17) D M Simcock 9-2	James Doyle	●87	G
5	(1)	46	METHGAL (33) K R Burke 9-2	C Rodriguez	82	G
6	(6)	4	SILVER PEAK (15) C Appleby 9-2 (F)	W Buick	85	ST
7	(2)	0	SIR DINADAN (48) R Beckett 9-2	R Hornby	68	GF

BETTING: 11-4 Aegean Sea, 3 Silver Peak, 4 King Casper, 9-2 Caledonian, 6 Methgal.

4.17 JOIN RACING TV NOW EBF NOVICE STAKES (3) (2-Y-O) 6f Winner £7,560 (5 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(4)	81	DARK CLOUD RISING (20) D O'Meara 9-9 (D)	D Tudhope	83	GF
2	(3)	1	DEFENCE MINISTER (19) H Al Jehani (UAE) 9-9 (D) (SF)	James Doyle	●89	G
3	(1)	2	ARABIAN ANGEL (36) K R Burke 9-2 (BF) (F)	C Rodriguez	86	GF
4	(2)	2	DOUBLE RUSH (12) C Hills 9-2	H Turner	85	G
5	(5)		MAELSTROM W Haggas 9-2	W Buick	-	-

BETTING: 11-8 Defence Minister, 4 Arabian Angel, 9-2 Double Rush, 5 Maelstrom,.

4.50 BRITISH STALLION STUDS EBF REPROCOLOR PREMIER FILLIES' HANDICAP (3) 1m 2f Winner £12,885 (10 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(1)	-84847	ZARABANDA (22) D O'Meara 5 10-1 (D) (EW)	D Tudhope	90	GS
2	(9)	/1-741	NAAEY (19) J & T Gosden 4 9-11 (D) (F)	K Shoemark	89	G
3	(3)	247252	WISPER (23) M Tregoning 6 9-11 (D)	J Fanning	90	G
4	(7)	-22026	ROARIN' SUCCESS (36) Harry Charlton 4 9-10	T Whelan	91	G
5	(10)	61-106	NOCTURNAL (37) J Ferguson 3 9-8	C Rodriguez	85	GF
6	(8)	015-10	INVISIBLE FRIEND (13) K Ryan 5 9-7 (D)	R Scott	89	GS
7	(6)	1-5511	ELLADONNA (54) J Fanshawe 4 9-7 (D) (SF)	W Buick	90	G
8	(5)	-90634	ZENJABEELA (13) R Varian 3 9-6	James Doyle	88	G
9	(4)	614063	WARDA JAMILA (36) A Balding 3 9-5 (D)	C Hutchinson (3)	92	G
10	(2)	35-740	PRENUP (83) J Chapple-Hyam 5 9-4	J Peate (3)	●94	SF

BETTING: 7-2 Elladonna, 4 Naaey, 6 Warda Jamila, 7 Zenjabeela, 8 Wisper.

5.20 FIND OUT MORE AT NATIONALRACEHORSEWEEK.UK FILLIES' HANDICAP (5) 1m 4f Winner £4,187 (5 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(5)	563-22	D DAY ARVALENREEVA (87) K P De Foy 4 10-0 (D) (SF)	K Shoemark	●74	FM
2	(1)	-93413	FUN LOVING (19) (V) R Beckett 3 9-9	R Hornby	71	GF
3	(3)	332331	FREE SPEECH (58) E Dunlop 3 9-8 (D) (F)	D Tudhope	71	GS
4	(4)	0-54	MUQINAH (63) Owen Burrows 3 9-2	C Rodriguez	66	S
5	(2)	745	LITTLE MISS INDIA (49) I Williams 3 8-12	W Buick	72	G

BETTING: 2 Free Speech, 11-4 D Day Arvalenreeva, 7-2 Fun Loving, 6 Little Miss India.

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DE SOUSA'S SO HOT ON CHAR

BY **DAVID YATES**

CHARYN sparkled in a Newmarket workout yesterday ahead of his Group 1 Prix du Moulin clash with Notable Speech at Longchamp on Sunday.

Although winless in five attempts at the highest level in 2023, the Roger Varian-trained grey has taken his form to a new level as a four-year-old.

After a second to Audience back in Group 1 company in Newbury's Lockinge Stakes in May, Charyn netted a top-tier prize in the Queen Anne Stakes at Royal Ascot in June.

And the Dark Angel colt followed up with a three-length defeat of Metropolitan under regular jockey Silvestre de Sousa in the Prix Jacques le Marois at Deauville 25 days ago.

"He just had his final gallop this morning, he's on good terms with himself and we're all really happy with him," said de Sousa (left).



"He's had a busy year with five races but he's been improving in his races at the top level – when the adrenaline has kicked in he has found top gear without me having to do too much on him.

"We hope there is more to come." Charyn is William Hill's 5-4 favourite for a Group 1 hat-trick with 2,000 Guineas hero Notable Speech, who returned from a St James's Palace Stakes flop to land the Sussex Stakes at Glorious Goodwood on his most recent outing, next best at 2-1.

■ FRANKIE DETTORI will team up with Aidan O'Brien when the Ballydoyle trainer sends Greenfinch, Mountain Bear and Chief Little Rock to Kentucky Downs on Saturday.

NEWBURY

SKY

4.05 BETVICTOR 'NEWCOMERS' MAIDEN FILLIES' STAKES (4) (2-Y-O) 7f Winner £6,480 (15 run)

SPOT FORM

No	Draw	Horse / Trainer / Weight	Jockey	Rating	Going
1	(1)	ARINAGOUR P & O Cole 9-2	J Mitchell	-	-
2	(15)	CHADLEENY E Walker 9-2	G Downing	-	-
3	(5)	FOLLOW YOUR DREAM W Muir & C Grassick 9-2	L Edmunds	-	-
4	(9)	GIGI BLISS R Hannon 9-2 (F)	S M Levey	-	-
5	(13)	KEITH'S STAR R Cook & J Bridger 9-2	K O'Neill	-	-
6	(2)	LIBERATE James Horton 9-2	R Kingscote	-	-
7	(4)	MISS HERSCHEL A Balding 9-2	H Davies	-	-
8	(6)	ORANGE SKY G Boughey 9-2 (SF)	Billy Loughnane	-	-
9	(14)	ORNATELY W Haggas 9-2	C Fallon	-	-
10	(11)	QUAMBY D M Simcock 9-2	C Shepherd	-	-
11	(10)	RIKISSA R Beckett 9-2	E Greatrex	-	-
12	(12)	SPLIT SILK Ollie Sangster 9-2	K Stott	-	-
13	(3)	SUHUB W Haggas 9-2	J Crowley	-	-
14	(8)	TOO MUCH HEAVEN R Hannon 9-2 (EW)	P Dobbs	-	-
15	(7)	WORD OF MOUTH J Ferguson 9-2	DOUBTFUL		

BETTING: 9-2 Suhub, 5 Orange Sky, 6 Gigi Bliss, 13-2 Miss Herschel, 8 Rikissa, Ornately, 10 Too Much Heaven, Split Silk.
2023: No corresponding meeting.

4.40 TAKE A LUCKY DIP AT BETVICTOR FILLIES' HANDICAP (4) 7f Winner £7,328 (8 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(1)	-54145	CIRCE (23) R Hannon 3 9-12 (BF, C, D)	J Leavy (5)	90	GF
2	(5)	17-413	QUEEN'S REIGN (68) E Walker 3 9-10 (BF, D) (SF)	Billy Loughnane	91	GF
3	(3)	-05832	LEXINGTON BELLE (27) Alice Haynes 3 9-10 (D) (F)	K O'Neill	91	G
4	(4)	-14243	ROSA APPLAUSE (27) S & E Crisford 3 9-10	H Davies	●95	ST
5	(2)	2-1193	MERCURY DAY (23) C Allen 3 9-7 (EW)	J Crowley	89	GF
6	(7)	2-130	D FLAWLESS (76) J & T Gosden 3 9-7	R Kingscote	85	G
7	(6)	20-276	EMINNY (33) M Appleby 3 9-6 (D)	F Larson (3)	93	ST
8	(8)	211655	SO LOGICAL (13) (B) J & T Gosden 3 9-3 (D)	R Havlin	92	G

BETTING: 11-4 Queen's Reign, 10-3 Circe, 6 Rosa Applause, 7 So Logical, Lexington Belle, D Flawless, 8 Mercury Day, 25 Eminny.

5.10 GET DAILY RACING SPECIALS AT BETVICTOR NURSERY (4) (2-Y-O) 6f Winner £6,281 (7 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(6)	541594	SIEGEN (12) R Hannon 9-9	J Leavy (5)	80	GS
2	(2)	41608	SERAPHIM ANGEL (61) T Dascombe 9-9	P-L Jamin	79	G
3	(4)	714	JR CLIMBS (19) P Evans 9-8 (D)	S M Levey	81	GF
4	(7)	311053	MISS COLLADA (12) R Hannon 9-7	P Dobbs	87	GS
5	(3)	66662	CANDY (20) R Spencer 9-3 (SF)	G Wood	82	GF
6	(1)	02143	ALASHOS (36) James Horton 9-3 (D) (F)	A Farragher	84	GF
7	(5)	848	EQUALISED (55) C Hills 9-0	Billy Loughnane	●88	SS

BETTING: 2 Candy, 9-4 Alashos, 5 Miss Collada, 8 Jr Climbs, 10 Equalised, 12 Seraphim Angel, 14 Siegen.

5.40 LOCALIQ HANDICAP (5) 1m 4f Winner £5,757 (10 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(7)	169313	PARTY ISLAND (17) D Coakley 7 9-11 (D)	G Bass (3)	74	ST
2	(2)	4-0817	ALPINE STROLL (29) M Wigham 6 9-11 (D)	D Keenan	77	G
3	(6)	751837	BUXTED TOO (J9) I Williams 6 9-10 (D)	R Kingscote	76	ST
4	(4)	0661	THE GLEN ROVERS (40) L Wadham 5 9-7 (F)	S M Levey	76	ST
5	(3)	115366	BLETCHLEY STORM (13) G Baker 4 9-6 (EW)	J Crowley	78	G
6	(9)	6-9273	DARK MYSTERY (31) B Brookhouse 5 9-5 (CD)	Billy Loughnane	●79	G
7	(1)	7-5155	FAIR DINKUM (20) J Scott 4 9-3	P Dobbs	77	GF
8	(8)	/55-11	BOY GEORGE (33) D F Davis 7 9-2 (D) (SF)	L Keniry	76	GF
9	(10)	2/365-	ANCIENT CAPITAL (J329) R L Llewellyn 5 8-13 (D)	G Rooke	42	GF
10	(5)	3-0004	SEXY REXY (20) G Harris 4 8-8 (D)	K O'Neill	73	ST

BETTING: 7-4 Boy George, 9-2 The Glen Rovers, 6 Dark Mystery, 8 Party Island, 12 Alpine Stroll, Bletchley Storm, 14 Fair Dinkum, Ancient Capital, Buxted Too, 16 Sexy Rexy.

STAT OF THE DAY

Andrew Balding and **Jason Watson** have a 33 per cent strike rate when teaming up at **Salisbury** so look out for **MISTER WINSTON** (2.50) and **BERKSHIRE NUGGET** (5.00).

SINGLE-SHOT STAR

(Top in-form jockey with just one booked ride)
Callum Shepherd: **QUAMBY** (4.05 Newbury)

6.10 DOWNLOAD THE BETVICTOR APP EBF MAIDEN STAKES (4) (2-Y-O) 6f Winner £6,480 (11 run)

No	Draw	Form	Horse / Trainer / Weight	Jockey	Rating	Going
1	(3)	80	ANTELOPE (19) R Hannon 9-7	S M Levey	66	GF
2	(10)	22	BOLO NEIGHS (104) R Beckett 9-7 (F)	E Greatrex	78	GS
3	(11)	22	BOXTEL (19) J Chapple-Hyam 9-7 (SF)	Billy Loughnane	●89	G
4	(4)		FONDO BLANCO R Varian 9-7	J Mitchell	-	-
5	(5)	7	GESUNDHEIT (22) E Walker 9-7	G Downing	60	G
6	(1)		IN THE CITY S Kirk 9-7	K O'Neill	-	-
7	(7)	9	JUBA (90) B Meehan 9-7	H Davies	62	G
8	(6)		LAZZAR R Hughes 9-7 (EW)	G Rooke	-	-
9	(2)		POWER FIZZ W Haggas 9-7	C Fallon	-	-
10	(8)		PERSIAN SPIRIT R Hannon 9-2	P Dobbs	-	-
11	(9)	0	ROGUE DANCER (10) Jack Jones 9-2	K Stott	52	FS

BETTING: 11-8 Boxtel, 4 Bolo Neighs, 6 Fondo Blanco, 8 Power Fizz, Persian Spirit, 16 Lazzar, 25 Juba, Gesundheit, In The City, Antelope, 33 Rogue Dancer.

6.40 PUMP TECHNOLOGY HANDICAP (5) 7f Winner £5,757 (12 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(6)	20-301	WHERE'S FREDDY (48) S C Williams 4 10-1 (D) (SF)	Brandon Wilkie (5)	75	G
2	(7)	522968	RED MAIDS (13) M Rimell 4 10-1 (D)	J Crowley	75	G
3	(10)	354742	CLIPSHAM LA HABANA (26) Alice Haynes 4 10-0	K O'Neill	●79	GS
4	(9)	4-0095	ACHILLEA (12) D Ivory 4 9-12	L Keniry	71	SF
5	(8)	4-1741	STATE FLAG (42) T Ward 3 9-12 (CD) (F)	S M Levey	74	G
6	(2)	548586	FOLLOW YOUR HEART (16) M Loughnane 6 9-11 (D)	E Greatrex	77	SF
7	(11)	242237	TAYALA (27) E Walker 3 9-9 (BF, D)	Billy Loughnane	75	G
8	(4)	386526	FREETODREAM (5) A Perrett 4 9-7 (D)	R Havlin	73	ST
9	(1)	-82353	WONDER SMILE (35) H Palmer 3 9-6	H Davies	78	GF
10	(5)	248	DREAM SEEKER (23) (H) C Cox 3 9-3 (EW)	R Kingscote	68	ST
11	(12)	633135	LAND OF MAGIC (20) (H) R Cook & J Bridger 3 9-2 (D)	J Leavy (5)	75	GF
12	(3)	175453	FOREVER A DIAMOND (28) (B) W Muir & C Grassick 3 9-1 (D)	L Edmunds	76	ST

BETTING: 3 Where's Freddy, 5 State Flag, 6 Wonder Smile, 13-2 Clipsham La Habana, 12 Freetodream, Dream Seeker, Follow Your Heart, 14 Others.

7.10 USE THE BETVICTOR SAFER GAMBLING PORTAL HANDICAP (4) 6f Winner £7,328 (12 run)

No	Draw	Form	Horse / Trainer / Age / Weight	Jockey	Rating	Going
1	(9)	117602	REGAL ENVOY (21) W Knight 5 10-0 (D) (F)	Brandon Wilkie (5)	83	GF
2	(10)	768311	BRIGHT (14) M Loughnane 4 9-12 (D) (SF)	E Greatrex	83	ST
3	(12)	398425	SUPREME KING (19) P Evans 4 9-12 (D)	S M Levey	83	G
4	(11)	341118	MISS STORMY NIGHT (23) (H) C Cox 3 9-11 (D) (EW)	R Kingscote	83	GF
5	(5)	596560	HAZIYM (20) (V) A Carroll 5 9-10 (D)	K Stott	●87	GS
6	(7)	5-0728	VINCE LOMBARDI (61) D & C Kubler 5 9-9 (D)	J Crowley	85	GF
7	(6)	004905	JUSTCALLMEPETE (22) H Evans 5 9-9 (D)	J Leavy (5)	84	ST
8	(8)	095873	CAPOTE'S DREAM (10) (V) T Ward 7 9-4 (D)	P Dobbs	84	G
9	(4)	715432	ARNAZ (16) E Walker 3 9-3	Billy Loughnane	86	GF
10	(3)	-00007	BOOK OF LIFE (64) I Williams 4 9-2	C Fallon	81	S
11	(1)	377774	LAHAB (14) M Wigham 4 9-1	D Keenan	83	SF
12	(2)	02-008	AL SHABAB (12) I Williams 3 8-13	K O'Neill	85	SF

BETTING: 4 Bright, 9-2 Arnaz, 5 Capote's Dream, 6 Regal Envoy, 8 Supreme King, 10 Lahab, 12 Miss Stormy Night, Justcallmepete, Vince Lombardi.

LONGEST TRAVELLER

By road trainers **Roger Fell & Sean Murray** sends **GIFT OF RAAJ** (2.00) on a 281-mile trip from Nawton, North Yorkshire to **Lingfield**.

TOP DOG'S BAGS

NOTTINGHAM 11.09 Baby Bono (Nap) (1-2-5) 11.27 Lightfoot Mimi (1-5-2) 11.43 Mac The Lad (3-5-2) 12.01 Swift Kendall (5-4-3) 12.18 Hollow Jess (2-1-6) 12.34 Honour Denzel (1-6-5) 12.51 Harwell Charlie (5-2-6) 1.08 Honour Happy (2-6-1) 1.26 Neaves Noodle (6-4-1) 1.42 Goodbye York (5-2-1) 1.59 Ballinabola Nial (2-6-1) 2.14 Frosties Duchess (3-5-1)
OXFORD 10.32 Capt Ranks (Nap) (4-6-1) 10.48 Rapido Desire (5-4-1) 11.04 Jackies Hero (1-3-2) 11.21 Savana Hybrid (4-5-3) 11.38 Savana Tayto (2-4-3) 11.54 Bellicus Brandy (3-6-1) 12.12 Swift Quill (4-2-1) 12.29 Honeybee (2-5-3) 12.46 Eagles Reign (5-1-6) 1.03 Blackrose Ragnar (1-3-4) 1.19 Farloe Elton (4-3-6) 1.37 Cup Cake Tornado (1-4-3)
PERRY BARR 2.29 Silverhill Spark (2-3-6) 2.48 Bullseye Bob (4-5-6) 3.07 Noels Choice (1-4-5) 3.26 Antigua Lumiere (1-5-4) 3.44 Tyrap Dream (2-1-3) 4.03 Milktop Polly (Nap) (2-5-3) 4.22 Mercia Uhtred (2-5-3) 4.41 Swift Heck (4-6-1) 4.59 Chubbys Whisper (5-2-4) 5.18 Diglake Stel (2-3-4) 5.37 Coolcree Rose (1-2-6) 5.56 Snooty Katie (2-3-1)

NEWSBOY
4.05 SUHUB
4.40 ROSA APPLAUSE
5.10 CANDY
5.40 BOY GEORGE
6.10 BOXTEL
6.40 WHERE'S FREDDY
7.10 ARNAZ

BOUVERIE
4.05 SUHUB
4.40 LEXINGTON BELLE
5.10 MISS COLLADA
5.40 BOY GEORGE
6.10 BOXTEL
6.40 WONDER SMILE
7.10 ARNAZ

GOING: Good to Firm.
COURSE: Left-handed oval track of 1m 7f, straight mile joins the main circuit just under 5f from home.
DRAW: High numbers have a slight advantage on the straight course.
TOP TRAINERS: R Hannon 49-460 (10.7%), W Haggas 43-198 (21.7%), J & T Gosden 30-163 (18.4%), A Balding 29-257 (11.3%).
TOP JOCKEYS: Jim Crowley 29-176 (16.5%), Sean Levey 21-186 (11.3%), Pat Dobbs 20-157 (12.7%), Richard Kingscote 10-179 (5.6%).
TRAINER TARGETS (won today's race at least twice in last 10 years): None.
1ST TIME BLINKERS: 4.40 So Logical, 6.40 Forever A Diamond.
CHEEKPIECES: 4.40 Lexington Belle, 5.40 Sexy Rexy, 6.40 Freetodream, Where's Freddy, 7.10 Justcallmepete, Regal Envoy.
TONGUE STRAPS: 4.40 Rosa Applause, 5.40 Ancient Capital*, Buxted Too, Dark Mystery, Fair Dinkum, 6.40 Follow Your Heart, Red Maids, Where's Freddy, Wonder Smile, 7.10 Book Of Life, Capote's Dream, Haziym. (*=1st time).
1ST RUN SINCE WIND OP: None.
1ST TIME HOODS: None.
PROFITABLE RACES FOR FAVS: None.

BEST LONGSHOT

GREYDREAMBELIEVER
(3.50 Salisbury)

PRO-BET

STATE FLAG (6.40 N'bury) 2pts win.

FAB 4 TIPS

NORTHERNER'S NAP
KING CASPER
(3.40 Haydock)

TOPSPOT
KATEY KONTENT
(4.25 Salisbury)

NEWMARKET' S BEST
PIETRO
(3.10 Haydock)

SPEEDHORSE
DEFENCE MINISTER
(4.17 Haydock)

TODAY'S ABC GUIDE TO FIVE UK MEETINGS

HAYDOCK - HD
LINGFIELD - LI
NEWBURY - NB
SALISBURY - SA
WOLVERHAMPTON - WO

Horse	Time	Course
Aafoor	5.00	SA
Achillea	6.40	NB
Addarella	5.55	WO
Adore You	3.00	LI
Advert Rules	8.00	WO
Aegean Sea	3.40	HD
Al Shabab	7.10	NB
Alashos	5.10	NB
Almasi	5.55	WO
Alpine Stroll	5.40	NB
Alvesta	5.05	LI
American Arrow	4.25	SA
Ancient Capital	5.40	NB
Anisoptera	2.00	LI
Antelope	6.10	NB
Appier	4.32	LI
Arabian Angel	4.17	HD
Araifjan	6.55	WO
Argentali	5.35	LI
Arinagour	4.05	NB
Arnaz	7.10	NB
Atalanta Breeze	2.10	HD
Aviemore	4.32	LI
Azoozi	2.40	HD
Bakersboy	8.30	WO
Banana	6.25	WO
Battle Stride	2.50	SA
Beach Point	9.00	WO
Beau Jardine	2.20	SA
Belabambina	2.40	HD
Bella Fortunata	5.55	WO
Beltane	4.55	WO
Berkshire Nugget	5.00	SA
Bernard Spierpoint	6.25	WO
Betty Clover	3.50	SA
Between Me And U	9.00	WO
Beveragino	5.35	LI
Beylerbeyi	5.00	SA
Blenheim Lad	2.00	LI
Bletchley Storm	5.40	NB
Blue Tempus	3.40	HD
Bolo Neighs	6.10	NB
Book Of Life	7.10	NB
Boston Run	2.40	HD
Boujee Gold	8.30	WO
Bowerchalke	3.20	SA
Boxtel	6.10	NB
Boy George	5.40	NB
Brastias	3.10	HD
Bright	7.10	NB
Busby	8.30	WO
Buxted Too	5.40	NB
Calaxy	3.20	SA
Caledonian	3.40	HD
Candy	5.10	NB
Capote's Dream	7.10	NB
Captain Harry	2.40	HD
Caramay	8.30	WO
Carey Street	8.30	WO
Castellina	5.55	WO
Cerulean Summer	8.30	WO
Chadleeny	4.05	NB
Chester Arms	3.30	LI
Chuti Manika	3.10	HD
Circe	4.40	NB
Clipsham La Habana	6.40	NB
Commander Crouch	2.20	SA
Con Te Partiro	5.05	LI
Coolagh Magic	4.00	LI
Countess Ciara	3.10	HD
Crocus Time	4.00	LI
Crystal Mariner	5.30	SA
D Day Arvalenreeva	5.20	HD
D Flawless	4.40	NB
Dance And Romance	4.25	SA
Dark Cloud Rising	4.17	HD
Dark Mystery	5.40	NB
Dark Rosa	3.30	LI
Dark Venture	5.25	WO
Darysina Gold	2.20	SA
Daymer Bay	9.00	WO
Dayzee	5.30	SA
Defence Minister	4.17	HD
Dequinto	4.00	LI
Devizes	2.00	LI
Dibble Dabble	8.00	WO
Diderot	5.30	SA
Dios De La Guerra	3.30	LI
Dirty Barry	2.00	LI
Dissident	2.50	SA
Double Red	2.20	SA
Double Rush	4.17	HD
Doublethetrouble	2.00	LI
Dream Seeker	6.40	NB
Dream Selection	9.00	WO
Dream Voyage	3.50	SA
Eadha	6.55	WO
Edvard Grieg	2.20	SA
Edwardtheninth	8.00	WO
Eldeyaar	6.55	WO
Elisabet	5.55	WO
Eliza Bennet	3.20	SA
Elladonna	4.50	HD
Emerald City	8.00	WO
Emily Rebecca	2.50	SA
Eminny	4.40	NB
Enrolled	2.50	SA
Equalised	5.10	NB
Etretat	9.00	WO
Excel Power	5.00	SA
Exceptionality	8.00	WO
Expert Witness	4.32	LI
Fair Dinkum	5.40	NB
Falmouth Boy	2.30	LI
Faro Di Notte	5.00	SA
Feeraas	3.10	HD
Fiddlers Green	2.10	HD
Finn Russell	2.20	SA
Fircombe Hall	6.25	WO
Follow Your Dream	4.05	NB
Follow Your Heart	6.40	NB
Fondo Blanco	6.10	NB
Forager	7.25	WO
Forever A Diamond	6.40	NB
Forever Noah	5.05	LI
Forteleza	5.55	WO
Free Speech	5.20	HD
Freetodream	6.40	NB
Fun Loving	5.20	HD
Gavi Di Gavi	2.20	SA
Genta	5.25	WO
Gesundheit	6.10	NB
Gift Of Raaj	2.00	LI
Gigi Bliss	4.05	NB
Gilet	3.30	LI
Glory Call	6.55	WO
Gloucestershire	5.00	SA
God Of Thunder	4.32	LI
Graignes	4.32	LI
Great Blasket	5.30	SA
Green Icon	3.10	HD
Greydreambeliever	3.50	SA
Gulya	3.20	SA
Hailey Ya Mal	6.25	WO
Hala Joza	5.55	WO
Haliphon	2.10	HD
Handcuffed	3.50	SA
Handle With Care	5.55	WO
Harryella	2.40	HD
Harswell Dandy	7.25	WO
Havana Pusey	4.25	SA
Haveagobeau	4.00	LI
Haziym	7.10	NB
Heavenly Fire	9.00	WO
High Court Judge	8.30	WO
Hint Of Humour	5.55	WO
In The City	6.10	NB
Infantryman	2.00	LI
Invincible Annice	7.25	WO
Invisible Friend	4.50	HD
Jacks My Boy	3.00	LI
Jewelry	3.50	SA
Jr Climbs	5.10	NB
Juba	6.10	NB
Just An Hour	2.10	HD
Just The Man	2.10	HD
Justcallmepete	7.10	NB
Kaolinite	5.25	WO
Katey Kontent	4.25	SA
Keith's Star	4.05	NB
King Casper	3.40	HD
Kingsclere	3.20	SA
Kirkdale	2.40	HD
Kitai	4.25	SA
Kodi Hawk	6.55	WO
Kohana Girl	2.30	LI
Kotari	5.30	SA
La Verite	4.00	LI
Lady Dreamer	5.35	LI
Lahab	7.10	NB
Land Of Magic	6.40	NB
Launceston	3.30	LI
Lazzar	6.10	NB
Lexington Belle	4.40	NB
Liberate	4.05	NB
Lil Wade	6.55	WO
Little Miss India	5.20	HD
Luna Girl	3.20	SA
Lzaz	2.20	SA
Ma Fille	5.55	WO
Machiavellian Lady	5.35	LI
Maelstrom	4.17	HD
Magic Mild	3.50	SA
Marcus	2.30	LI
Marmaduke Lemon	5.25	WO
Mauchline	3.00	LI
Maximus Alexios	3.10	HD
Meade Gold	8.00	WO
Media	2.40	HD
Mercury Day	4.40	NB
Methgal	3.40	HD
Mhajim	8.30	WO
Midnight Flame	6.55	WO
Miss Bodacious	4.25	SA
Miss Collada	5.10	NB
Miss Fascinator	3.50	SA
Miss Herschel	4.05	NB
Miss Stormy Night	7.10	NB
Mister Winston	2.50	SA
Monkey Island	5.00	SA
Monks Mead	2.20	SA
Mr Funky Monkey	6.25	WO
Mr Grimes	3.00	LI
Muqinah	5.20	HD
Mutabaahy	6.55	WO
My Genghis	6.25	WO
Mystical Storm	2.40	HD
Naaey	4.50	HD
Native King	5.00	SA
Nazalan	5.05	LI
Nightime Dancer	2.50	SA
Noble Order	5.00	SA
Nocturnal	4.50	HD
Nostromo	2.00	LI
Not Just Yet	4.55	WO
Ohnojoe	6.25	WO
On The Never	3.30	LI
Onthemoneyhoney	5.35	LI
Optician	4.32	LI
Orange Sky	4.05	NB
Orchard	2.50	SA
Ormolulu	5.35	LI
Ornately	4.05	NB
Oselton	2.40	HD
Outlander Spirit	3.00	LI
Outrace	2.20	SA
Paragon	2.50	SA
Party Island	5.40	NB
Perfidia	3.10	HD
Persian Spirit	6.10	NB
Phoenix Passion	5.00	SA
Pietro	3.10	HD
Pinafore	4.25	SA
Pinsent	5.25	WO
Piperstown	2.30	LI
Poet	6.55	WO
Poetic Jack	4.00	LI
Poppydora	2.00	LI
Port Noir	4.55	WO
Power Fizz	6.10	NB
Prenup	4.50	HD
Prince Maxi	4.32	LI
Purple Poppy	4.00	LI
Quamby	4.05	NB
Queen's Reign	4.40	NB
Queensland Boy	2.00	LI
Queue Dos	5.55	WO
Quick Away	8.30	WO
Quorate	5.35	LI
Ravishing Beauty	9.00	WO
Rayena	2.10	HD
Red Maids	6.40	NB
Regal Envoy	7.10	NB
Requisite	3.20	SA
Resonance	5.35	LI
Rikissa	4.05	NB
Risen Again	5.05	LI
Roarin' Success	4.50	HD
Rogue Dancer	6.10	NB
Roman Princess	8.30	WO
Roman Spring	2.20	SA
Roman Tempest	2.00	LI
Rosa Applause	4.40	NB
Rose Fandango	4.55	WO
Royal Expert	6.25	WO
Ruling Master	2.40	HD
Sameem	2.10	HD
Santa Savana	3.50	SA
Sassy Glory	8.00	WO
Scarlet Moon	2.50	SA
Seraphim Angel	5.10	NB
Sexy Rexy	5.40	NB
Shadow River	5.55	WO
Shamardia	4.00	LI
Shield Of Honour	2.10	HD
Siegen	5.10	NB
Silver Ghost	3.20	SA
Silver Peak	3.40	HD
Sir Dinadan	3.40	HD
Sir Gabrial	5.00	SA
Sir Joseph Swan	2.00	LI
Sir Peter Fossick	2.40	HD
So Logical	4.40	NB
Son Of Wind	7.25	WO
Spanish Poet	5.00	SA
Spiritualism	3.30	LI
Split Silk	4.05	NB
State Flag	6.40	NB
Stella Hogan	4.55	WO
Storm Asset	8.30	WO
Straight A	9.00	WO
Suhub	4.05	NB
Supreme King	7.10	NB
Surprise Picture	4.55	WO
Surrey Fire	4.32	LI
Surrey Force	8.00	WO
Sweet Reward	5.30	SA
Sweet Sister	5.05	LI
Swift Salian	9.00	WO
Swinging Eddie	4.55	WO
Tabiti	3.50	SA
Take A Breath	3.20	SA
Tathmeen	6.25	WO
Tayala	6.40	NB
The Cinder Girl	5.55	WO
The Glen Rovers	5.40	NB
The Hare Rail	3.30	LI
This Farh	3.30	LI
Too Much Heaven	4.05	NB
Top Of Pleinmont	2.50	SA
Troia	3.50	SA
Turn And Burn	2.30	LI
Twilight Dancer	5.35	LI
Ultramarine	4.55	WO
Under The Twilight	4.25	SA
User Amistoso	5.30	SA
Valegro	2.00	LI
Veydari	3.10	HD
Villas Bullet	4.00	LI
Vince Lombardi	7.10	NB
Wadacre Giorgio	3.00	LI
Wait And Hope	9.00	WO
Wallaroo	8.30	WO
Warda Jamila	4.50	HD
We Dare To Dream	2.40	HD
Where's Freddy	6.40	NB
Wisper	4.50	HD
Wonder Smile	6.40	NB
Woodhay Whisper	7.25	WO
Word Of Mouth	4.05	NB
Youarenotforgiven	5.00	SA
Youthful King	4.32	LI
Zarabanda	4.50	HD
Zariela	3.00	LI
Zealot	5.30	SA
Zelma	2.30	LI
Zenjabeela	4.50	HD

W'VERHAMPTON SKY

NEWSBOY 4.55 NOT JUST YET, 5.25 DARK VENTURE, 5.55 QUEUE DOS, 6.25 BERNARD SPIERPOINT, 6.55 GLORY CALL, 7.25 SON OF WIND, 8.00 ADVERT RULES, 8.30 BUSBY, 9.00 HEAVENLY FIRE (NB).
BOUVERIE 4.55 SWINGING EDDIE, 5.25 MARMADUKE LEMON, 5.55 QUEUE DOS, 6.25 BERNARD SPIERPOINT, 6.55 GLORY CALL (NB), 7.25 FORAGER, 8.00 ADVERT RULES, 8.30 CERULEAN SUMMER, 9.00 RAVISHING BEAUTY.

GOING: Standard.
COURSE: Left-handed, very tight Tapeta all-weather track of 1m, with a 330yd run-in. Races over 6f and 7f start on separate chutes.
DRAW: Little effect.
TOP TRAINERS: A Carroll 85-955 (8.9%), M Appleby 74-640 (11.6%).
TOP JOCKEYS: Marco Ghiani 35-244 (14.3%), Alistair Rawlinson 29-247 (11.7%).
1ST TIME BLINKERS: 6.25 My Genghis.
CHEEKPIECES: 4.55 Port Noir, Stella Hogan*, 5.25 Kaolinite*, 5.55 Almasi*, Queue Dos*, 6.25 Fircombe Hall, Tathmeen, 6.55 Araifjan, Eldeyaar, 8.00 Edwardtheninth*, Sassy Glory, 8.30 Bakersboy, Busby, Caramay, High Court Judge, Roman Princess, 9.00 Beach Point, Daymer Bay, Dream Selection, Straight A*.
TONGUE STRAPS: 4.55 Port Noir, Rose Fandango, 5.25 Genta, 6.25 Banana, Bernard Spierpoint, 8.30 Bakersboy*, Cerulean Summer, High Court Judge, 9.00 Between Me And U. (*=1st time).
1ST RUN SINCE WIND OP: 6.55 Araifjan, 9.00 Between Me And U.
1ST TIME HOODS: 9.00 Swift Salian.

4.55 THE RACECOURSE APP RACEDAY READY HANDICAP (6) 7f Winner £4,711 (8 run) SPOT FORM

1 (7) 322 **ULTRAMARINE** (2) P Evans 5 9-11 (BF, CD) ....DOUBTFUL
2 (6) 270 **BELTANE** (17) M Walford 5 9-10 (F) ....Rhys Elliott (7) ●76 G
3 (2) 528 **SURPRISE PICTURE** (20) (V) G Tuer 6 9-10 (CD) ....H Shaw 75 G
4 (3) 062 **NOT JUST YET** (20) Mrs N Evans 4 9-7 (D) (EW) ....Gina Mangan 74 G
5 (8) 871 **SWINGING EDDIE** (43) G Tuer 8 9-6 (CD) (SF) ....O Stammers 73 G
6 (5) 024 **STELLA HOGAN** (16) J G O'Shea 4 9-1 (D) ....S D Bowen (3) 75 SS
7 (1) 630 **ROSE FANDANGO** (16) J G O'Shea 6 8-12 (CD) ....R Clutterbuck 73 GF
8 (4) 543 **PORT NOIR** (37) R Stephens 7 8-8 (BF, CD) ....M Ghiani 75 ST

BETTING: 10-3 Swinging Eddie, 7-2 Surprise Picture, 5 Not Just Yet, 6 Beltrane.

5.25 GET RACEDAY READY RESTRICTED MAIDEN STAKES (5) 7f Winner £3,942 (6 run)

1 (1) 3 **DARK VENTURE** (175) C Hills 3 9-7 (F) ....S D Bowen (3) 75 SF
2 (3) 695 **JUST TEN HIGH** (31) D Cunha 3 9-7 ....DOUBTFUL
3 (5) 505 **KAOLINITE** (7) S & E Crisford 3 9-7 ....R Coakley 77 ST
4 (4) 258 **MARMADUKE LEMON** (40) (B) E Bethell 3 9-7 (SF) ....H Shaw ●88 GF
5 (2) 5 **GENTA** (18) Alice Haynes 3 9-5 ....C Howarth (3) 68 SF
6 (6) 823 **PINSENT** (15) D & N Barron 3 9-5 ....T Eaves 80 GF

BETTING: 2 Marmaduke Lemon, 9-4 Dark Venture, 7-2 Pinsent, 13-2 Genta.

5.55 AT THE RACES APP RESTRICTED MAIDEN FILLIES' STAKES (5) (2-Y-O) 6f Winner £3,402 (13 run)

1 (2) 86 **ADDARELLA** (21) M Botti 9-2 (F) ....Jimmy Quinn 76 G
2 (6) **BELLA FORTUNATA** R Fahey 9-2 ....J Garritty - -
3 (3) **CASTELLINA** J Fanshawe 9-2 ....R Coakley - -
4 (7) 68 **ELISABET** (57) Miss A Murphy 9-2 ....S D Bowen (3) 67 GS
5 (10) 54 **FORTELEZA** (21) A Watson 9-2 ....JP Sullivan 70 GF
6 (8) 44 **HANDLE WITH CARE** (38) M Botti 9-2 ....M Ghiani 74 G
7 (13) **MA FILLE** T Dascombe 9-2 ....A Rawlinson - -
8 (1) 222 **QUEUE DOS** (21) J S Moore 9-2 (BF) (SF) Millie Wonnacott (5) ●81 GF
9 (5) 66 **THE CINDER GIRL** (21) Ollie Sangster 9-2 (EW) ....N Currie 61 GF
10 (12) 56 **ALMASI** (23) Dr R Newland & J Insole 9-0 ....Gina Mangan 72 GF
11 (4) **HALA JOZA** D Loughnane 9-0 ....T Eaves - -
12 (11) 9 **HINT OF HUMOUR** (19) A Carroll 9-0 ....Jack Doughty (5) 30 G
13 (9) 9 **SHADOW RIVER** (21) W Muir & C Grassick 9-0 ....T Heard 56 GF

BETTING: 10-3 Queue Dos, 5 Addarella, 6 Bella Fortunata, 7 Castellina.

6.25 DOWNLOAD THE RACEDAY READY APP HANDICAP (DIV 1) (6) 6f Winner £2,983 (9 run)

1 (8) 111 **BERNARD SPIERPOINT** (4) (B) D Holland 7 10-4 (C, D) (SF) B Sayette 62 GF
2 (1) 446 **FIRCOMBE HALL** (17) P Kirby 6 9-10 (C, D) ....A Brookes (3) ●63 GF
3 (6) 958 **TATHMEEN** (2) A Brittain 9 9-9 (CD) ....JP Sullivan 61 ST
4 (4) 090 **HAILEY YA MAL** (10) A Brittain 4 9-7 ....A Jary (5) 61 ST
5 (2) 049 **ROYAL EXPERT** (21) S Pearce 3 9-5 (EW) ....S D Bowen (3) 61 S
6 (5) 745 **MY GENGHIS** (16) (B) A Carroll 5 9-4 (BF, C) (F) J Doughty (5) 59 ST
7 (7) 877 **OHNOJOE** (21) Jessica Macey 4 9-3 (D) ....Laura Pearson 51 GF
8 (3) 4-5 **MR FUNKY MONKEY** (18) (V) D Shaw 5 9-3 ....R Da Silva 52 ST
9 (9) 060 **BANANA** (150) S Dixon 5 9-3 ....J Haynes 57 G

BETTING: 11-8 Bernard Spierpoint, 4 Fircombe Hall, 5 My Genghis, 7 Royal Expert.

6.55 DOWNLOAD THE RACEDAY READY APP HANDICAP (DIV 2) (6) 6f Winner £2,983 (9 run)

1 (9) 012 **GLORY CALL** (18) O Pears 4 9-10 (CD) (SF) ....B Robinson 61 ST
2 (2) 578 **ARAIFJAN** (94) M Herrington 7 9-10 (CD) ....T Eaves 57 ST
3 (8) 247 **ELDEYAAR** (8) A Brittain 5 9-9 (CD) (F) ....A Jary (5) 60 ST
4 (3) 037 **EADHA** (14) P McEntee 4 9-5 ....Josephine Gordon 55 ST
5 (4) 457 **LIL WADE** (6) S Dixon 4 9-4 ....Mikkel Mortensen (5) ●63 ST
6 (5) 906 **MIDNIGHT FLAME** (44) Joe Ponting 4 9-3 ....N Currie 50 G
7 (1) 0-7 **POET** (90) S Dixon 5 9-3 (D) ....J Haynes 39 ST
8 (6) 586 **MUTABAAHY** (77) (V) A Brittain 9 9-3 (CD) (EW) ... JP Sullivan 55 ST
9 (7) 090 **KODI HAWK** (59) (V) D Shaw 4 9-3 ....R Da Silva 60 SF

BETTING: 6-4 Glory Call, 5 Eldeyaar, 13-2 Midnight Flame, Araifjan, 7 Mutabaahy.

7.25 WOLVERHAMPTON HOLIDAY INN NURSERY (5) (2-Y-O) 5f Winner £3,716 (5 run)

1 (5) 0421 **INVINCIBLE ANNICE** (1) K R Burke 10-2 (6 ex) (D) ....H Shaw 74 GF
2 (2) 521 **FORAGER** (37) S Pearce 9-10 (D) (F) ....T Heard 73 GF
3 (4) 312 **SON OF WIND** (5) I Mohammed 9-9 (D) (SF) ....S D Bowen (3) ●76 SF
4 (1) 547 **WOODHAY WHISPER** (44) (H) T Ward 9-9 ....R Coakley 72 G
5 (3) 176 **HARSWELL DANDY** (21) R Fell & S Murray 9-2 (D) .J Doughty (5) 72 G

BETTING: 2 Forager, 9-4 Invincible Annice, 7-2 Son Of Wind.

8.00 FREE DIGITAL RACECARD AT RACEDAY-READY.COM HANDICAP (6) (3-Y-O) 1m 4f Winner £2,983 (8 run)

1 (5) 322 **DIBBLE DABBLE** (22) J Ferguson 9-10 (BF, CD) (F) S D Bowen (3) 71 S
2 (6) 442 **ADVERT RULES** (16) (V) A King 9-9 (SF) ....R Clutterbuck 72 ST
3 (4) 322 **EMERALD CITY** (8) J Fanshawe 9-6 ....R Coakley 73 ST
4 (8) 098 **EDWARDTHENINTH** (29) M Tregoning 9-6 ....D Costello 65 G
5 (7) 553 **SURREY FORCE** (24) K P De Foy 9-6 ....B Sayette 70 ST
6 (2) 530 **MEADE GOLD** (24) D & N Barron 9-5 ....T Eaves ●74 SF
7 (3) 085 **SASSY GLORY** (10) M Walford 8-11 (EW) ....Rhys Elliott (7) 64 G
8 (1) 053 **EXCEPTIONALITY** (16) S Dixon 8-7 ....J Haynes 67 ST

BETTING: 2 Dibble Dabble, 10-3 Advert Rules, 7-2 Emerald City, 11-2 Sassy Glory.

8.30 TIPS FOR EVERY RACE AT RACEDAY-READY.COM HANDICAP (6) 1m 1f 104yds Winner £2,983 (12 run)

1 (6) 850 **BAKERSBOY** (23) Alice Haynes 6 9-11 (CD) (EW) C Howarth (3) 63 ST
2 (10) 564 **CAREY STREET** (45) A Carroll 8 9-10 (CD) (SF) ..Gina Mangan ●66 ST
3 (9) 836 **BOUJEE GOLD** (10) A Carroll 5 9-9 (CD) .... Jack Doughty (5) 63 G
4 (12) 967 **MHAJIM** (48) (H) C Banham 5 9-9 ....J Haynes 61 SS
5 (8) 526 **CARAMAY** (49) W Muir & C Grassick 4 9-6 ....T Heard 64 GF
6 (11) 056 **BUSBY** (20) P Kirby 9 9-6 (CD) ....A Brookes (3) 64 ST
7 (3) 455 **HIGH COURT JUDGE** (25) David Dennis 4 9-5 ....R Coakley 65 ST
8 (4) 029 **ROMAN PRINCESS** (43) Steph Hollinshead 5 9-3 ... D Costello 62 SF
9 (1) 533 **CERULEAN SUMMER** (25) (B) D Cunha 3 9-3 (F) .R Clutterbuck 63 ST
10 (2) 664 **WALLAROO** (24) I Furtado 6 9-2 (CD) ....Elle-May Croot (5) 64 G
11 (7) 890 **QUICK AWAY** (18) (H) K Frost 3 9-1 ....B Sayette 54 ST
12 (5) 947 **STORM ASSET** (2) D Shaw 5 9-0 (CD) ....A Rawlinson 52 G

BETTING: 4 Carey Street, 5 Cerulean Summer, 7 Busby, High Court Judge.

9.00 GET THE INSIDE TRACK WITH RACEDAY-READY.COM HANDICAP (5) (3-Y-O) 1m 1f Winner £3,716 (10 run)

1 (2) -53 **RAVISHING BEAUTY** (86) J O'Keeffe 9-11 (SF) ....J Garritty 73 G
2 (9) 337 **SWIFT SALIAN** (26) (H) D & N Barron 9-8 (EW) ....D Costello 78 GF
3 (6) 530 **STRAIGHT A** (26) M Appleby 9-7 (BF) ....A Rawlinson 79 G
4 (4) 146 **ETRETAT** (11) C Johnston 9-5 (CD) ....O Stammers 80 ST
5 (3) 680 **WAIT AND HOPE** (19) R Carr 9-5 ....JP Sullivan ●83 G
6 (1) 140 **BEACH POINT** (20) W Knight 9-5 ....M Ghiani 79 G
7 (5) 246 **DAYMER BAY** (6) E J-Houghton 9-5 ....R Clutterbuck 79 SS
8 (8) 659 **BETWEEN ME AND U** (66) M Herrington 9-0 ....T Eaves 79 ST
9 (10) 578 **DREAM SELECTION** (16) T Dascombe 8-11 (CD) S D Bowen (3) 75 ST
10 (7) 933 **HEAVENLY FIRE** (16) (H) S Dixon 8-11 (F) ....J Haynes 78 ST

BETTING: 9-2 Ravishing Beauty, 5 Straight A, Etretat, 11-2 Heavenly Fire.

LINGFIELD SKY

NEWSBOY
2.00 DEVIZES
2.30 MARCUS
3.00 WADACRE GIORGIO
3.30 GILET
4.00 POETIC JACK
4.32 APPIER
5.05 CON TE PARTIRO
5.35 LADY DREAMER

BOUVERIE
2.00 DEVIZES
2.30 MARCUS
3.00 MAUCHLINE
3.30 GILET
4.00 COOLAGH MAGIC
4.32 OPTICIAN
5.05 CON TE PARTIRO
5.35 LADY DREAMER

GOING: Standard.
COURSE: (AW) Left-handed all-weather Polytrack of 1m 2f, 2f run-in. (Turf) Left-handed undulating course of 1m 4f, 3f run-in, races up to 7f are run on the straight course.
DRAW: AWT-Little effect. TURF: High best on straight.
TOP TRAINERS: A Carroll 60-531 (11.3%), A Balding 60-283 (21.2%).
TOP JOCKEYS: Luke Morris 81-809 (10.0%), William Carson 35-480 (7.3%), Paddy Bradley 26-219 (11.9%).
1ST TIME BLINKERS: 2.00 Dirty Barry, 2.30 Zelma, 3.30 Spiritualism.
CHEEKPIECES: 2.00 Anisoptera, Doublethetrouble, Poppydora, Queensland Boy, 2.30 Marcus, 3.00 Zariela, 3.30 Gilet*, 4.00 Dequinto, La Verite, Poetic Jack, Villas Bullet, 5.05 Con Te Partiro, 5.35 Beveragino, Machiavellian Lady.
TONGUE STRAPS: 2.30 Zelma*, 3.30 Spiritualism, 4.00 La Verite, 4.32 Expert Witness, Graignes, Optician, 5.35 Argentali*, Lady Dreamer. (*=1st time).
1ST RUN SINCE WIND OP: 5.35 Argentali.

2.00 RACEDAY READY APP APPRENTICE HANDICAP (6) 2m Winner £2,983 (13 run) SPOT FORM

1 (3) P59 **QUEENSLAND BOY** (25) I Williams 4 9-11 (D) ....H Burns 65 G
2 (11) 363 **ANISOPTERA** (22) B Johnson 7 9-10 (CD) (F) ....T Jakes (3) 70 ST
3 (2) 620 **DOUBLETHETROUBLE** (51) J Butler 6 9-9 Kaiya Fraser (3) 71 ST
4 (13) 372 **DEVIZES** (22) P Phelan 8 9-4 (C, D) (SF) ....A Keeley ●73 ST
5 (8) 444 **GIFT OF RAAJ** (21) (B) R Fell & S Murray 9 9-4 (D) T Kiely-Marshall (5) 69 G
6 (7) 9-8 **VALEGRO** (101) P G Murphy 5 9-4 ....Mia Nicholls (3) - -
7 (1) 260 **BLENHEIM LAD** (71) C Poulton 4 9-1 ....Taylor Fisher 71 SH
8 (12) 875 **NOSTROMO** (26) R Teal 4 9-0 (EW) ....S Feilden (5) 72 ST
9 (6) 099 **INFANTRYMAN** (3) P G Murphy 4 8-12 ....B Sanderson 57 S
10 (9) 780 **ROMAN TEMPEST** (51) S Dow 5 8-11 ....Jack Dace (7) 53 G
11 (4) 444 **SIR JOSEPH SWAN** (29) A Watson 6 8-9 ....Laura Coughlan 67 GS
12 (5) 785 **POPPYDORA** (29) W Knight 4 8-9 ....Morgan Cole (3) 55 G
13 (10) 9/0 **DIRTY BARRY** (67) (B) P McEntee 5 8-9 ....C Planas - -

BETTING: 7-2 Devizes, 5 Anisoptera, 6 Doublethetrouble, 13-2 Others.

2.30 DOWNLOAD THE RACECOURSE APP RACEDAY READY HANDICAP (6) (3-Y-O) 5f Winner £2,983 (6 run)

1 (4) 743 **PIPERSTOWN** (10) K Frost 9-9 (SF) ....W Cox 57 FS
2 (6) 390 **FALMOUTH BOY** (17) A Carroll 9-9 ....N Callan 58 ST
3 (2) 750 **ZELMA** (17) (B) S Woods 9-6 ....B Sanderson (3) 58 ST
4 (5) 552 **MARCUS** (7) (H) C Wallis 9-4 (F) ....David Egan ●60 GS
5 (1) 303 **KOHANA GIRL** (50) J R Jenkins 9-4 ....R Dawson 59 GF
6 (3) 096 **TURN AND BURN** (31) (H) K Frost 9-4 ....S Hitchcott 43 FM

BETTING: 2 Piperstown, 3 Kohana Girl, 10-3 Marcus, 15-2 Falmouth Boy.

3.00 RACEDAY-READY.COM RESTRICTED MAIDEN STAKES (5) 1m Winner £3,942 (7 run)

1 (2) **MAUCHLINE** J Tate 4 9-10 ....N Callan - -
2 (3) 0 **OUTLANDER SPIRIT** (106) K Jewell 4 9-10 ....C Bishop 42 ST
3 (6) **MR GRIMES** J S Moore 3 9-7 ....L Morris - -
4 (4) **WADACRE GIORGIO** C Johnston 3 9-7 (F) ....F Norton - -
5 (1) **JACKS MY BOY** S Woods 3 9-5 ....David Egan - -
6 (5) 6-4 **ADORE YOU** (14) G Boughey 3 9-0 ....P Cosgrave 61 ST
7 (7) 523 **ZARIELA** (19) S Woods 3 9-0 (SF) ....B Sanderson (3) ●80 G

BETTING: 15-8 Zariela, 9-2 Wadacre Giorgio, 5 Mauchline, 6 Jacks My Boy, 13-2 Mr Grimes, 7 Adore You, 20 Outlander Spirit.

3.30 GET RACEDAY READY RESTRICTED MAIDEN STAKES (5) (2-Y-O) 6f Winner £3,402 (9 run)

1 (8) 0 **LAUNCESTON** (21) Sir M Prescott 9-7 ....L Morris 34 ST
2 (1) 4 **THE HARE RAIL** (40) R Teal 9-7 (F) ....W Carson 76 GF
3 (5) **CHESTER ARMS** J Ferguson 9-5 (EW) ....R Dawson - -
4 (9) 722 **GILET** (21) W Greatrex 9-5 (SF) ....C Bishop ●81 ST
5 (2) **ON THE NEVER** C Hills 9-5 ....W Cox - -
6 (7) 25 **THIS FARH** (20) D Loughnane 9-5 ....David Egan 79 G
7 (3) **DIOS DE LA GUERRA** S Dow 9-3 ....P Bradley - -
8 (6) 4 **DARK ROSA** (18) G Boughey 9-2 ....P Cosgrave 67 G
9 (4) 439 **SPIRITUALISM** (23) (B) Miss A Murphy 9-2 ....N Callan 78 ST

BETTING: 3 Gilet, 7-2 The Hare Rail, 5 This Farh, 11-2 Spiritualism, 6 On The Never, 8 Dark Rosa, 10 Chester Arms, 33 Dios De La Guerra, Launceston.

4.00 FREE DIGITAL RACECARD AT RACEDAY-READY.COM 'CONFINED' HANDICAP (6) 6f Winner £2,983 (9 run)

1 (2) 257 **CROCUS TIME** (29) R Hannon 3 9-9 ....S Hitchcott 66 G
2 (9) -65 **SHAMARDIA** (35) I Mohammed 3 9-4 ....P Bradley 61 ST
3 (3) 892 **COOLAGH MAGIC** (14) A Carson 8 9-3 (CD) (SF) ....W Carson ●67 SS
4 (6) 482 **POETIC JACK** (14) R Cowell 4 9-2 ....R Dawson 64 SF
5 (5) 442 **DEQUINTO** (16) A Carroll 5 8-11 (F) ....L Morris 64 SS
6 (8) 084 **PURPLE POPPY** (14) J Fox 6 8-11 (C) (EW) ....F Norton 63 ST
7 (7) 956 **HAVEAGOBEAU** (26) J Boyle 5 8-11 ....C Bennett 50 GF
8 (1) 764 **LA VERITE** (17) R Cowell 3 8-9 ....David Egan 58 ST
9 (4) 045 **VILLAS BULLET** (16) S Hodgson 3 8-9 ....C Planas (3) 62 G

BETTING: 10-3 Dequinto, 4 Poetic Jack, 9-2 Coolagh Magic, 13-2 Crocus Time, Shamardia, 7 Purple Poppy, 8 La Verite, 20 Haveagobeau, 50 Villas Bullet.

4.32 NATIONAL RACEHORSE WEEK 7TH-15TH SEPTEMBER HANDICAP (4) 1m 4f Winner £4,972 (9 run)

1 (3) P56 **YOUTHFUL KING** (12) L Dace 5 10-1 (C) ....Jack Dace (7) 85 ST
2 (1) 216 **EXPERT WITNESS** (22) Sir M Todd 4 10-1 (C) (F) M Nicholls (5) 83 G
3 (4) 255 **APPIER** (40) S Woods 5 9-12 (CD) ....B Sanderson (3) 88 ST
4 (7) 068 **GRAIGNES** (21) (H) G Baker 8 9-9 ....P Cosgrave 85 G
5 (8) 993 **PRINCE MAXI** (43) D Loughnane 4 9-9 ....David Egan 90 ST
6 (2) 605 **GOD OF THUNDER** (13) R Hannon 5 9-8 (CD) (EW) S Hitchcott 82 ST
7 (6) 232 **OPTICIAN** (27) S Lycett 4 9-6 (D) (SF) ....L Morris ●91 SF
8 (9) -91 **SURREY FIRE** (37) H Morrison 3 9-5 (C) ....C Bishop 78 SS
9 (5) 514 **AVIEMORE** (24) C Johnston 3 9-4 (BF) ....F Norton 84 GF

BETTING: 3 Expert Witness, 7-2 Surrey Fire, 5 Aviemore, Optician, 7 Appier, 10 Prince Maxi, 14 God Of Thunder, 20 Youthful King, Graignes.

5.05 GET THE INSIDE TRACK WITH RACEDAY-READY.COM HANDICAP (5) (3-Y-O) 1m 2f Winner £3,716 (6 run)

1 (4) 832 **RISEN AGAIN** (22) J Ferguson 9-10 (F) ....P Cosgrave 75 G
2 (2) 576 **NAZALAN** (26) S Woods 9-8 ....Kaiya Fraser (5) 77 GS
3 (6) 412 **CON TE PARTIRO** (14) R Spencer 9-8 (BF, CD) (SF) .... N Callan ●79 ST
4 (5) 355 **ALVESTA** (36) A Balding 9-4 ....W Carver (3) 77 ST
5 (1) 644 **SWEET SISTER** (37) D Coakley 9-2 ....David Egan 70 GF
6 (3) 433 **FOREVER NOAH** (9) R Varian 9-0 ....R Dawson 78 SS

BETTING: 2 Con Te Partiro, 11-4 Risen Again, 4 Forever Noah, 13-2 Alvesta, 8 Nazalan, 12 Sweet Sister.

5.35 GET RACEDAY READY FILLIES' HANDICAP (5) 7f Winner £3,716 (9 run)

1 (1) 131 **LADY DREAMER** (9) (V) T Ward 4 10-2 (CD) (SF) ....N Callan 78 ST
2 (4) 065 **ORMOLULU** (16) (H) J Osborne 4 9-11 ....W Carver (3) ●83 GF
3 (8) 744 **ARGENTALI** (31) G Baker 4 9-8 ....P Cosgrave 75 ST
4 (5) 781 **MACHIAVELLIAN LADY** (16) E J-Houghton 3 9-7 (D) (F).. C Bishop 75 ST
5 (7) 108 **BEVERAGINO** (52) M Bell 3 9-7 (D) ....R Dawson 76 ST
6 (6) 548 **RESONANCE** (38) (V) Tom Clover 4 9-6 ....L Morris 69 G
7 (9) 843 **ONTHEMONEYHONEY** (16) C Cox 3 9-5 ....J Fahy 76 ST
8 (3) 7-9 **QUORATE** (90) C Hills 3 9-5 ....W Cox 73 GS
9 (2) 705 **TWILIGHT DANCER** (27) J Portman 4 9-4 (D) (EW) David Egan 81 G

BETTING: 5-2 Lady Dreamer, 7-2 Machiavellian Lady, 9-2 Onthemoneyhoney, 6 Argentali, 10 Ormolulu, 12 Twilight Dancer.

SALISBURY JACKPOT RTV

NEWSBOY
2.20 DARYSINA GOLD
2.50 DISSIDENT
3.20 KINGSCLERE
3.50 JEWELRY
4.25 KATEY KONTENT
5.00 FARO DI NOTTE
5.30 ZEALOT

BOUVERIE
2.20 DARYSINA GOLD
2.50 DISSIDENT
3.20 REQUISITE
3.50 GREYDREAMBELIEVER
4.25 KATEY KONTENT
5.00 AAFOOR
5.30 ZEALOT

GOING: Good to Firm-Good in places.
COURSE: Right-handed galloping track of 1m 2f, the uphill finish makes for a stiff test.
DRAW: Low numbers best up to 1m, except on soft ground when high numbers best.
TOP TRAINERS: R Hannon 30-266 (11.3%), R Beckett 30-154 (19.5%), C Cox 23-119 (19.3%), A Balding 22-155 (14.2%), R Varian 19-84 (22.6%).
TOP JOCKEYS: Oisin Murphy 32-115 (27.8%), Rossa Ryan 15-90 (16.7%), David Probert 13-101 (12.9%), Tom Marquand 11-98 (11.2%), Ryan Moore 9-38 (23.7%), Jason Watson 7-45 (15.6%).
TRAINER TARGETS (won today's race at least twice in last 10 years): R Hannon won the 2.50 in '14, '15 and '20. R Beckett won the 3.20 in '18, '21 and '23. R Varian won the 3.20 in '20 and '22. A Balding won the 4.25 in '18 and '23.
1ST TIME BLINKERS: 2.20 Commander Crouch, 4.25 Miss Bodacious.
CHEEKPIECES: 2.20 Double Red*, Gavi Di Gavi, Roman Spring, 5.00 Berkshire Nugget, Excel Power, 5.30 User Amistoso*.
TONGUE STRAPS: 4.25 Miss Bodacious*, 5.00 Beylerbeyi. (*=1st time).
PROFITABLE RACES FOR FAVS: 3.50.

2.20 AL BASTI EQUIWORLD, APPRENTICE HANDICAP (6) 1m Winner £3,926 (11 run) SPOT FORM

1 (5) 091 **FINN RUSSELL** (J10) I Williams 4 10-4 (D) (F) .R Kavanagh (3) 65 GF
2 (11) 543 **BEAU JARDINE** (6) (V) R Cook & J Bridger 6 10-1 (BF, C, D) (EW) .S Mohd 63 G
3 (2) 564 **OUTRACE** (14) R Hannon 4 10-0 (D) ....Tyrese Cameron 68 ST
4 (8) 770 **GAVI DI GAVI** (111) A King 9 9-11 (D) ....O Palmer (3) ●69 ST
5 (10) 752 **EDVARD GRIEG** (16) D Cunha 3 9-11 ....F Daly (5) 66 GF
6 (3) 212 **DARYSINA GOLD** (21) E J-Houghton 3 9-11 (D) (SF) O Carmichael (5) 67 GF
7 (7) 263 **MONKS MEAD** (19) M Usher 3 9-9 (BF, D) ....Alicia Perkins (5) 67 GF
8 (6) 382 **DOUBLE RED** (20) H Candy 3 9-8 (BF) ....Jay Mackay (5) 65 GS
9 (9) 367 **COMMANDER CROUCH** (36) (B) J Boyle 3 9-8 ...Molly Gunn 66 GF
10 (4) 905 **LZAZ** (21) A Balding 3 9-7 ....B Lewis (5) 65 ST
11 (1) 462 **ROMAN SPRING** (22) R Cook & J Bridger 4 8-13 T Langley (5) 63 ST

BETTING: 7-2 Finn Russell, 9-2 Darysina Gold, 13-2 Lzaz, 7 Beau Jardine.
2023: POWER OF DARKNESS 8 10 2, Mikkel Mortensen(3) 10-3 JtFav (C Fellowes), drawn (1), 7 ran.

2.50 BYERLEY STUD NOVICE STAKES (4) (2-Y-O) 1m Winner £5,400 (10 run)

1 (9) **BATTLE STRIDE** M Bell 9-7 ....D Probert - -
2 (8) **DISSIDENT** R Beckett 9-7 (SF) ....R L Moore - -
3 (6) 4 **ENROLLED** (19) J Fanshawe 9-7 ....D Muscutt ●72 G
4 (5) **MISTER WINSTON** A Balding 9-7 ....Jason Watson - -
5 (1) **NIGHTIME DANCER** R Hannon 9-7 (F) ....Rossa Ryan - -
6 (4) 0 **ORCHARD** (19) W Greatrex 9-7 ....C Lee 45 GF
7 (10) 0 **PARAGON** (36) A Balding 9-7 ....O Murphy 60 GF
8 (2) 9 **SCARLET MOON** (20) A Watson 9-7 ....J Bryan 65 GF
9 (3) **TOP OF PLEINMONT** P Evans 9-7 ....P J McDonald - -
10 (7) 7 **EMILY REBECCA** (22) R Hannon 9-2 (EW) ....T Greatrex 67 SS

BETTING: 5-4 Dissident, 4 Nightime Dancer, 6 Mister Winston, 7 Emily Rebecca.
2023: CAMBRIDGE 9 7, Ryan Moore 11-10 Fav (A P O'Brien(Ire)), drawn (9), 12 ran.

3.20 BRITISH EBF QUIDHAMPTON MAIDEN FILLIES' STAKES (2) (2-Y-O) 7f Winner £20,616 (9 run)

1 (6) 4 **BOWERCHALKE** (23) J Chapple-Hyam 9-2 (EW) .... S Osborne 71 GF
2 (2) 0 **CALAXY** (98) T Dascombe 9-2 ....Jason Watson 46 GF
3 (4) 9 **ELIZA BENNET** (92) J Fanshawe 9-2 ....D Muscutt 67 ST
4 (8) **GULYA** R Varian 9-2 ....S De Sousa - -
5 (3) **KINGSCLERE** A Balding 9-2 ....O Murphy - -
6 (1) **LUNA GIRL** R Hannon 9-2 ....P J McDonald - -
7 (7) **REQUISITE** R Beckett 9-2 (SF) ....R L Moore - -
8 (5) 322 **SILVER GHOST** (19) E Lavelle 9-2 (F) ....D Probert ●88 G
9 (9) **TAKE A BREATH** W Haggas 9-2 ....T Marquand - -

BETTING: 11-4 Silver Ghost, 3 Requisite, 5 Gulya, 11-2 Kingsclere, 7 Luna Girl.
2023: SKELLET 9 2, Rossa Ryan 5-6 Fav (R Beckett), drawn (8), 9 ran.

3.50 DICK POOLE FILLIES' STAKES (FILLIES' GROUP 3) (1) (2-Y-O) 6f Winner £29,773 (10 run)

1 (2) 828 **BETTY CLOVER** (14) E J-Houghton 9-2 ....Georgia Dobie ●103 G
2 (8) 317 **DREAM VOYAGE** (26) (H) H Palmer 9-2 (CD) ....D Probert 91 G
3 (7) 1 **GREYDREAMBELIEVER** (40) K R Burke 9-2 (D) (EW) ....C Lee 100 G
4 (9) 174 **HANDCUFFED** (15) A Balding 9-2 (BF, D) ....O Murphy 99 GF
5 (4) 1 **JEWELRY** (20) W Haggas 9-2 (D) (F) ....T Marquand 93 GF
6 (6) 011 **MAGIC MILD** (33) C Cox 9-2 (D) ....Rossa Ryan 102 GF
7 (5) 161 **MISS FASCINATOR** (19) R Varian 9-2 (D) ....S De Sousa 101 G
8 (3) 158 **SANTA SAVANA** (42) B Millman 9-2 (D) ....P J McDonald 88 GF
9 (1) 1 **TABITI** (26) R Beckett 9-2 (SF) ....R L Moore 97 G
10 (10) 1 **TROIA** (48) E Walker 9-2 (D) ....S Osborne 87 GF

BETTING: 3 Tabiti, 4 Jewelry, 6 Magic Mild, 7 Troia, 8 Miss Fascinator.
2023: JUNIPER BERRIES 9 2, Charles Bishop 16-1 (E J-Houghton), drawn (10), 12 ran.

4.25 EUROPEAN BLOODSTOCK NEWS EBF 'LOCHSONG' FILLIES' HANDICAP (2) 6f Winner £20,616 (8 run)

1 (1) 507 **PINAFORE** (14) (B) W Haggas 4 10-0 (D) (EW) ....T Marquand 94 GS
2 (7) 432 **KATEY KONTENT** (37) C Cox 4 9-8 (C, D) (SF) ....Rossa Ryan ●102 GF
3 (5) 392 **HAVANA PUSEY** (12) J Gallagher 4 9-4 (D) ....P J McDonald 101 G
4 (2) 769 **UNDER THE TWILIGHT** (24) M Blake 6 9-4 (CD) ....D Probert 95 GF
5 (4) 610 **KITAI** (19) M Appleby 4 9-1 (D) ....Jason Watson 100 G
6 (6) 18 **AMERICAN ARROW** (26) E Walker 3 8-12 ....S Osborne 91 GF
7 (8) 213 **DANCE AND ROMANCE** (37) A Balding 3 8-10 (BF, D) (F)..O Murphy 100 GF
8 (3) 774 **MISS BODACIOUS** (6) (B) K R Burke 3 8-9 (D) ....S De Sousa 98 GF

BETTING: 3 Dance And Romance, Katey Kontent, 5 Pinafore, 6 American Arrow.
2023: FRANKNESS 3 9 3, Oisin Murphy 13-2 (A Balding), drawn (9), 10 ran.

5.00 MADAR CORPORATION HANDICAP (3) 1m Winner £9,450 (13 run)

1 (3) 2-3 **GLOUCESTERSHIRE** (109) M Meade 6 10-2 (F) ...T Marquand 87 G
2 (10) 108 **NOBLE ORDER** (116) A Watson 5 10-1 (D) ....J Bryan 92 ST
3 (5) 082 **AAFOOR** (26) Mohammed Khalifa Al (QA) 3 9-11 (SF) .. O Murphy 90 G
4 (4) 848 **EXCEL POWER** (47) A Watson 6 9-10 (D) ....D Muscutt 88 ST
5 (1) 533 **MONKEY ISLAND** (13) B Meehan 3 9-7 ....Rossa Ryan 90 GF
6 (2) 105 **SIR GABRIAL** (2) Alice Haynes 3 9-6 (CD) (EW) ..P J McDonald 88 GF
7 (12) 166 **YOUARENOTFORGIVEN** (7) A Carroll 6 9-6 (D) ....C Lee 89 G
8 (13) 149 **NATIVE KING** (35) (H) H Palmer 3 9-5 (D) ....D Probert 88 GS
9 (8) 115 **PHOENIX PASSION** (22) E Walker 3 9-2 (D) ....S Osborne 90 SS
10 (11) 385 **BEYLERBEYI** (18) I Williams 4 9-1 (D) ....R Kavanagh (7) ●93 SF
11 (6) 481 **BERKSHIRE NUGGET** (16) A Balding 3 8-9 .... Jason Watson 89 GF
12 (9) 322 **FARO DI NOTTE** (13) M Tregoning 3 8-5 ....S De Sousa 88 G
13 (7) 775 **SPANISH POET** (11) Anthony Charlton 3 8-5 .... Georgia Dobie 69 H

BETTING: 9-2 Aafoor, 11-2 Gloucestershire, 6 Monkey Island, 7 Sir Gabrial.
2023: JUST BRING IT 3 9 9, Rossa Ryan 2-1 (C Cox), drawn (2), 5 ran.

5.30 LESTER ALDRIDGE HANDICAP (4) 1m 2f Winner £5,888 (8 run)

1 (2) 663 **DIDEROT** (21) (H) J Ferguson 6 10-0 (D) ....D Muscutt 89 ST
2 (7) 115 **KOTARI** (96) G & J Moore 5 10-0 (BF, CD) ....K Strydom 90 S
3 (3) -30 **DAYZEE** (188) P Attwater 4 9-12 (CD) ....J Bryan 88 ST
4 (6) 683 **GREAT BLASKET** (20) (B) Dr R Newland & J Insole 4 9-11..R Ryan 88 G
5 (4) 333 **ZEALOT** (12) (V) M Appleby 6 9-11 (D) (SF) ....Jason Watson 91 SS
6 (1) 357 **SWEET REWARD** (12) J Portman 7 9-10 (D) (EW)...S De Sousa 93 G
7 (5) 873 **CRYSTAL MARINER** (19) (V) Sir M Stoute 4 9-7 (D) (F)..R L Moore 92 GF
8 (8) 364 **USER AMISTOSO** (34) M Bell 3 9-4 ....O Murphy ●94 GF

BETTING: 4 Crystal Mariner, 9-2 User Amistoso, 5 Zealot, Kotari, 8 Sweet Reward.
2023: LE MANS 3 9 7, Ryan Moore 9-2 (R Hannon), drawn (8), 8 ran.

IN FORM

TRAINERS: C Allen 3-6 (50%), M Herrington 3-6 (50%), Tom Clover 5-11 (45%), G Tuer 5-12 (42%), G Harris 3-10 (30%), E Walker 7-24 (29%), H Morrison 4-14 (29%), S Dow 2-7 (29%), J Fanshawe 7-26 (27%), M Tregoning 3-11 (27%).
JOCKEYS: Ryan Moore 11-24 (46%), William Carver 2-5 (40%), Joshua Bryan 4-12 (33%), Aidan Keeley 5-17 (29%), Molly Gunn 2-7 (29%), Ben Robinson 6-22 (27%), Ki eran Shoemark 9-33 (27%), Oisin Murphy 19-75 (25%).

NEWSBOY'S DAILY DOUBLE

NAAEY (4.50 Haydock) and HEAVENLY FIRE (9.00 Wolverhampton)

RESULTS & PRICES

LINGFIELD

1.40: ZENO (David Egan 4-1) 1; **Battle Point** (22-1) 2; **So Sleepy** (5-2) 3. 4 ran. 8-11f Lewis Barnes. shd, 1½. (R Cowell). Tote: £5.00; Tote Exacta: £43.50. Trifecta: £91.70. CSF: £43.49.

2.10: RED CLOUD (P Bradley 5-4f) 1; **Miss Dubai** (2-1) 2; **Lady Birdie** (12-1) 3. 5 ran. 5l, ¾. (G & J Moore). Tote: £2.25; £1.20, £1.50. Tote Exacta: £4.30. Trifecta: £12.30. CSF: £4.07.

2.40: CATHEDRAL (David Egan 1-2f) 1; **Warm Summer** (5-2) 2; **Hala Blue** (40-1) 3. 10 ran. 4¼, 1l. (R Beckett). Tote: £1.50; £1.10, £1.20, £5.60. Tote Exacta: £2.10. Trifecta: £18.70. CSF: £1.79. NR: Best Of All.

3.10: WINSTON'S TIPPLE (C Hutchinson 11-2) 1; **Sea Journey** (11-2) 2; **Northern Ruler** (3-10f) 3. 6 ran. nk, 1l. (A Balding). Tote: £6.50; £1.70, £1.80. Tote Exacta: £26.30. Trifecta: £35.40. CSF: £32.87. NR: Tex.

3.40: THOUGHTFUL GIFT (David Egan 5-2) 1; **Dourado** (20-1) 2; **Tambourine Dream** (5-1) 3. 7 ran. 2-1f Hul Ah Bah Loo. 1¼, shd. (Jack Jones). Tote: £3.00; £4.00, £1.70. Tote Exacta: £30.20. Tricast: £118.76. Trifecta: £99.90. CSF: £32.49. NR: Princess Jastar. Princess Jastar| Rule 4 applies to All Bets, deduct 20p in the pound.

4.15: WHOOP WHOOP (D Tudhope 7-2) 1; **Valadero** (100-30jt-f) 2; **Mizuumi** (7-1) 3. 7 ran. 100-30jt-f Zinchenko. 2l, ½. (T Ward). Tote: £4.50; £1.80, £1.80. Tote Exacta: £12.60. Tricast: £70.63. Trifecta: £58.80. CSF: £14.47. NRs: Joolianoss, Mistress Teite.

4.50: SPLIT ELEVENS (D Probert 9-5f) 1; **Blue Collar Lad** (9-4) 2; **No News** (4-1) 3. 6 ran. hd, nk. (J Butler). Tote: £2.80; £1.70, £1.20. Tote Exacta: £6.60. Trifecta: £18.80. CSF: £5.74.

5.25: NEWFANGLED (D Probert 8-11f) 1; **Danehill Star** (14-1) 2; **Drouthy Neebor** (7-2) 3. 7 ran. 2l, 2½. (J Portman). Tote: £1.73; £1.10, £5.30. Tote Exacta: £11.80. Trifecta: £32.50. CSF: £13.10.

Placepot: £188.50. **Quadpot:** £29.20.

BATH

2.02: SMOOTH SILESIE (J Mitchell 9-2) 1; **Wrestling Revenue** (5-2) 2; **Port Hedland** (15-8f) 3. 4 ran. shd, ½. (L Williamson). Tote: £5.50; Tote Exacta: £9.70. Trifecta: £17.30. CSF: £15.31. NR: Lochaber.

2.32: MARITIME LADY (S D Bowen 5-1) 1; **Percy Jones** (5-1) 2; **Rockit Tommy** (12-1) 3. 10 ran. 5-4f Miss Gitana. 4¼, 1l. (James Owen). Tote: £6.10; £1.70, £1.60, £3.00. Tote Exacta: £27.30. Tricast: £289.12. Trifecta: £199.20. CSF: £30.89.

3.02: OBSIDIAN DREAM (L Keniry 7-1) 1; **Atherstone Beau** (15-2) 2; **Distant Rumble** (5-2f) 3. 9 ran. 1¼, ¾. (J S Moore). Tote: £8.00; £2.00, £1.90, £1.30. Tote Exacta: £46.50. Trifecta: £193.90. CSF: £58.32.

3.32: SNOW BERRY (A Rawlinson 9-1) 1; **Media Guest** (15-2) 2; **Vaunted** (9-4f) 3. 9 ran. 1l, nk. (M Appleby). Tote: £10.00; £1.90, £2.20, £1.60. Tote Exacta: £34.60. Tricast: £206.16. Trifecta: £129.60. CSF: £74.67. NR: Impeach.

4.05: HONOUR YOUR DREAMS (A Rawlinson 5-2) 1; **Symbol of Hope** (15-2) 2; **Glamorous Express** (6-4f) 3. 7 ran. ½, nk. (M Appleby). Tote: £3.50; £1.50, £2.80. Tote Exacta: £14.10. Tricast: £35.45. Trifecta: £35.10. CSF: £20.39. NR: So Smart.

4.42: MISS DOLLY ROCKER (Jason Watson 11-2) 1; **Ciara Pearl** (13-8f) 2; **Bas Bleu** (5-1) 3. 8 ran. 1½, 2l. (R Teal). Tote: £6.50; £1.70, £1.10, £1.50. Tote Exacta: £15.70. Tricast: £46.67. Trifecta: £58.20. CSF: £14.54.

5.17: ENDOFASTORM (W Cox 40-1) 1; **Lost In Time** (17-2) 2; **Letmebetheboss** (5-2) 3. 12 ran. 2-1f Imprint. ¾, nk. (Joe Ponting). Tote: £59.10; £10.20, £2.40, £1.40. Tote Exacta: £381.20. Tricast: £1188.02. Trifecta: £1664.60. CSF: £345.10. NR: Sky Dancer.

Placepot: £231.20. **Quadpot:** £13.60.

SOUTHWELL

2.23: SECRET OF LOVE (P J McDonald 85-40) 1; **Cardinal Point** (1-3f) 2;2 ran. 3½. (A Balding). Tote: £3.20; NR: Participle.

2.53: RAHEENA (H Davies 6-4f) 1; **Valkyrian** (5-1) 2; **Eleftheria** (4-1) 3. 7 ran. ¾, 2¼. (S & E Crisford). Tote: £2.50; £1.50, £2.50. Tote Exacta: £9.40. Trifecta: £28.20. CSF: £9.16.

3.23: AULIS (Rossa Ryan evensf) 1; **Minstrel Knight** (5-2) 2; **Different Drum** (80-1) 3. 5 ran. 1l, 6l. (R Beckett). Tote: £2.00; £1.10, £1.40. Tote Exacta: £4.00. Trifecta: £48.80. CSF: £3.80.

3.55: THE BAY WARRIOR (R Havlin 4-1) 1; **The Pug** (9-2) 2; **Kingsley Pride** (9-2) 3. 9 ran. 100-30f Kehlani. 2½, ½. (M Usher). Tote: £5.30; £1.60, £1.80, £1.40. Tote Exacta: £28.20. Tricast: £82.79. Trifecta: £126.90. CSF: £21.97.

4.28: PAPPANO (R Havlin 2-1f) 1; **Story Horse** (6-1) 2; **Charging Thunder** (14-1) 3. 7 ran. nk, 2¼. (J & T Gosden). Tote: £3.00; £1.60, £2.80. Tote Exacta: £14.40. Trifecta: £88.00. CSF: £14.48.

5.03: LIBERTY BIRD (Billy Loughnane 5-1) 1; **Cable Rate** (11-1) 2; **Tutu Star** (9-1) 3. 9 ran. 7-4f Miakoda. 2½, ¾. (C Johnston). Tote: £6.00; £1.90, £3.10, £2.30. Tote Exacta: £54.60. Tricast: £483.57. Trifecta: £391.30. CSF: £58.17. NR: Sybaris Jewel.

5.38: AL KHAWSSAA (James Doyle 8-11f) 1; **Melon Twist** (10-1) 2; **The Eyes Have It** (3-1) 3. 4 ran. 1¾, 1½. (R Varian). Tote: £1.73; Tote Exacta: £6.60. Trifecta: £12.70. CSF: £7.96. NRs: Muddy Mooy, Zip It Up.

6.08: STANLEY SPENCER (Rossa Ryan 11-4f) 1; **Blazing Son** (3-1) 2; **Whenthedealinsdone** (9-2) 3. 12 ran. hd, 3¼. (J Tate). Tote: £3.75; £1.60, £1.30, £1.80. Tote Exacta: £11.20. Tricast: £36.32. Trifecta: £52.50. CSF: £10.51.

Placepot: £128.80.
Quadpot: £25.50.

HAMILTON

4.35: INVINCIBLE ANNICE (S Gray 9-4) 1; **Milford** (7-2) 2; **Larchill Lass** (15-8f) 3. 5 ran. nk, 1½. (K R Burke). Tote: £3.25; £1.40, £1.60. Tote Exacta: £9.40. Trifecta: £16.60. CSF: £10.28.

5.10: LIKLEMAN (A Brookes 10-1) 1; **Makalu** (6-1) 2; **Rebecca's Girl** (9-4f) 3. 13 ran. shd, ¾. (S G West). Tote: £11.00; £3.30, £2.30, £1.40. Tote Exacta: £82.10. Tricast: £191.76. Trifecta: £386.50. CSF: £67.58. NR: Sutue Alshams.

5.45: OUR MIGHTY MO (C Lee 13-2) 1; **Shazani** (11-1) 2; **Georgecandoit** (11-2) 3. 7 ran. 6-4f Airspeed. shd, 3¾. (K R Burke). Tote: £7.50; £2.90, £4.90. Tote Exacta: £72.40. Trifecta: £318.70. CSF: £71.66.

6.15: GAME BREAKER (Kaiya Fraser 14-1) 1; **Catherine Chroi** (11-2) 2; **Mostar Dreams** (7-1) 3. 9 ran. 100-30f Slainte Mhath. nk, ½. (R Menzies). Tote: £18.20; £3.50, £2.00, £2.20. Tote Exacta: £114.30. Tricast: £596.19. Trifecta: £759.40. CSF: £88.37. NR: Lady Celia.

6.45: TAFSIR (Amie Waugh 9-2) 1; **Starshine Legend** (10-1) 2; **Spanish Hustle** (10-1) 3. 10 ran. 11-4jt-f Elforleather, 11-4jt-f Something. 1½, nk. (J Goldie). Tote: £5.70; £1.60, £2.80, £3.00. Tote Exacta: £45.40. Tricast: £427.98. Trifecta: £306.60. CSF: £48.32.

7.15: HOUR BY HOUR (M Tabti 11-8f) 1; **Ramon Di Loria** (7-2) 2; **Fiscal Policy** (15-2) 3. 8 ran. 1¾, 2¼. (I Jardine). Tote: £2.38; £1.10, £1.50, £2.00. Tote Exacta: £6.80. Tricast: £26.10. Trifecta: £33.00. CSF: £6.42. NRs: Belsito, Ignac Lamar, Kats Bob, Mews House.

7.45: JAMINOZ (Archie Young 100-30f) 1; **Sycamore Gap** (13-2) 2; **Dandy's Angel** (5-1) 3. 7 ran. hd, 2¾. (L Russell). Tote: £4.34; £2.10, £3.30. Tote Exacta: £26.60. Trifecta: £100.10. CSF: £23.82.

Placepot: £266.20. **Quadpot:** £96.10.

KEMPTON

6.00: GOBLET OF FIRE (T Jakes 10-11f) 1; **Diamond Ranger** (11-1) 2; **Way Of Life** (15-2) 3. 7 ran. nk, nk. (N Henderson). Tote: £1.91; £1.20, £3.70. Tote Exacta: £11.20. Trifecta: £42.30. CSF: £11.79.

6.30: RUSSIAN CRESCENDO (T Marquand 5-2f) 1; **Nowhere** (3-1) 2; **Perrine** (3-1) 3. 8 ran. 1½, 2l. (W Haggas). Tote: £3.50; £1.30, £1.20, £1.40. Tote Exacta: £10.70. Trifecta: £29.40. CSF: £10.13.

7.00: DASH DIZZY (S De Sousa 17-2) 1; **I Maximus** (4-7f) 2; **Reporter** (33-1) 3. 12 ran. 2¼, 5½. (C Johnston). Tote: £10.30; £2.20, £1.10, £7.70. Tote Exacta: £27.20. Trifecta: £316.50. CSF: £14.41.

7.30: THE FINGAL RAVEN (S Osborne 4-1) 1; **One More** (50-1) 2; **Echalar** (10-1) 3. 13 ran. 6-4f Sheikh Raj. 3¼, ½. (J Osborne). Tote: £5.00; £1.70, £8.80, £2.60. Tote Exacta: £174.70. Trifecta: £1627.60. CSF: £199.69. NR: Blue Seeker.

8.00: COUP DE FORCE (K Shoemark 9-1) 1; **Princess Shabnam** (7-2) 2; **Crimson Angel** (13-2) 3. 7 ran. 11-8f Cuban Melody. ¾, ½. (W Kittow). Tote: £11.10; £3.20, £1.80. Tote Exacta: £39.60. Tricast: £214.10. Trifecta: £163.40. CSF: £38.21. NR: Shallow.

8.30: ASHARIBA (T Marquand 3-1) 1; **Al Ameed** (7-2) 2; **New Kings Road** (16-1) 3. 6 ran. 11-8f Historic City. ¾, 5½. (D Menuisier). Tote: £4.00; £1.70, £1.80. Tote Exacta: £14.40. Trifecta: £73.20. CSF: £13.22.

9.00: KING DAVID (H Doyle 7-1) 1; **Fihrayn** (13-2) 2; **Sustained** (5-1) 3. 8 ran. 3-1f Havana Touch. ½, ½. (M Botti). Tote: £8.00; £2.00, £2.50, £1.80. Tote Exacta: £57.80. Tricast: £248.52. Trifecta: £306.50. CSF: £50.46.

Jackpot: £10,000.00.
Placepot: £83.80. **Quadpot:** £35.00.

DOG RESULTS

HOVE. - 2.23 Harlequin Rose 9-4 (2-6-1, £14.48, TC: £0.00). **2.41 Uniform Lady 11-4** (2-1-6, £6.59, TC: £0.00). **3.01 Where Are You 8-1** (1-4-5, £28.96, TC: £0.00). **3.19 Droopys Dialogue 10-11f** (3-5-2, £11.24, TC: £0.00). **3.38 Charizard Chief 6-4f** (2-3-4, £10.45, TC: £0.00). **3.57 Hydepark Joanne 5-1** (5-1-3, £31.03, TC: £0.00). **4.16 Clairkeith Prinz 8-11f** (4-2-3, £2.85, TC: £0.00). **4.34 Oioidurrantdream 3-1** (3-4-6, £35.80, TC: £0.00). **4.53 Broadfieldbullet 6-1** (4-2-1, £17.18, TC: £0.00). **5.12 Sharp Teddy 4-1** (3-5-2, £58.14, TC: £0.00). **5.31 Airlie Port 6-5f** (6-2-5, £4.75, TC: £0.00). **5.49 Melbury Curly 15-8f** (3-5-, £10.70, TC: £0.00).

MONMORE. - 11.01 Longacres Porto 3-1 (2-4-3, £12.27, TC: £0.00). **11.18 Bangon Carson Evensf** (4-5-2, £7.24, TC: £0.00). **11.34 Treacle Sponge 11-4** (3-6-1, £25.91, TC: £87.06). **11.52 Macs Me Name 9-1** (2-6-5, £39.16, TC: £0.00). **12.09 Moorstown Brae 6-4f** (1-3-2, £12.12, TC: £0.00). **12.26 Bruin 8-11f** (6-1-4, £3.50, TC: £0.00). **12.42 Longacres Snipes 7-2** (5-2-6, £36.79, TC: £154.47). **12.59 Do It Taylor 7-2** (4-1-6, £31.57, TC: £141.65). **1.17 Flyhigh Ernie 4-1** (2-1-4, £10.67, TC: £0.00). **1.33 Face The Chaser 11-4** (5-3-6, £11.23, TC: £23.41). **1.51 Yankee Story 20-1** (1-3-5, £80.38, TC: £328.67). **2.07 Beatties Razl 4-5f** (2-4-1, £8.32, TC: £0.00).

NOTTINGHAM. - 11.09 Hello Irene 4-1 (4-1-5, £27.57, TC: £69.25). **11.27 Bling Bling Lily 9-2** (6-3-2, £18.43, TC: £34.35). **11.43 Woohoo Roxy 8-1** (3-6-5, £47.32, TC: £85.83). **12.01 Thistlecrack Boy 11-8f** (6-3-2, £4.91, TC: £0.00). **12.18 Da Bomber 7-1** (2-3-1, £65.54, TC: £156.08). **12.34 Hinault Mcrow 6-4f** (2-6-1, £11.18, TC: £48.83). **12.51 Rogerthedodge 7-4f** (6-2-5, £26.08, TC: £68.60). **1.08 Zoos Zena Evensf** (2-4-5, £12.82, TC: £31.70). **1.26 Graystokes Berni 7-2** (2-6-5, £12.22, TC: £34.41). **1.42 New Cross Nights 6-4f** (1-4-5, £7.98, TC: £18.46). **1.59 Jemmy 15-8f** (5-3-4, £10.49, TC: £23.31). **2.14 Dromana Fury 5-1** (6-3-1, £29.79, TC: £124.00).

DMIST

RUGBY LEAGUE



GIANTS WON'T BE SLEEPING NOW – ROBBO

BY **DAVE CRAVEN**

FANS' favourite Luke Robinson is "beyond honoured" to be the new Huddersfield head coach.

The ex-England scrum-half, who made more than 200 appearances for the West Yorkshire club, has been appointed on a three-year deal.

Robinson (top) had been in interim charge since Ian Watson (below) was sacked in July but has now earned the role on a permanent basis.

Robinson, a long-time assistant at Giants and twice caretaker coach, managed only two wins from his eight outings in charge. But the club's board have recognised an improvement in performances and were impressed by the 40-year-old's rugby vision.



Robinson, whose ninth-placed side host London on Sunday, said: "I am beyond honoured to have been offered the head-coach role.

"We've not had a great season but I hope the fans can see the effort the players have given over the past few weeks.

"And, when we have our injured players back in contention and have made a few personnel changes, I truly believe we can have a great pre-season and really hit the ground running.

"At this point, though, my focus is on ending the season well in our last three games and giving the fans the excitement I feel about heading into the 2025 campaign."

Robinson, who also played for Wigan, Castleford and Salford, was renowned for his toughness as a player and will look to bring a hard edge to Huddersfield, who have too often shown a weak underbelly.

Having pumped plenty of money into their squad in the summer era with still no reward - aside from the 2013 League Leaders' Shield - the Giants need to get things right.

Giants owner Ken Davy said: "We are delighted to appoint Luke and see him as having enormous potential as our head coach. It's no secret that the investment made into the Giants over the years has been significant."

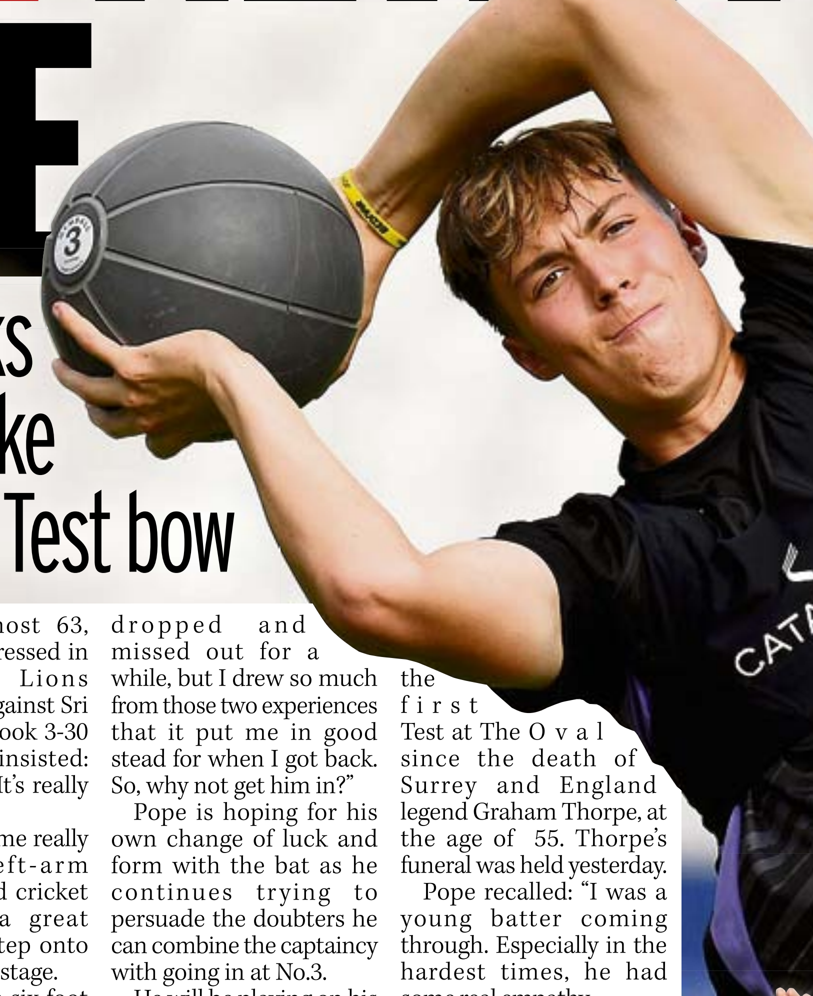
Former England captain Sam Tomkins has been named England team manager for the series with Samoa ahead of a 30-man squad being named tomorrow.

CRICKET

ENGLAND v SRI LANKA
TOMORROW, THE OVAL

HULL NEW BALL GAME

Skipper Pope backs 6ft 7in Josh to make big impression on Test bow





BY **GARY FITZGERALD**

OLLIE POPE is backing bowling giant Josh Hull to quickly stamp his mark on the side as England target the perfect Test summer.

The captain admits it is a "bold" decision by coach Brendon McCullum and Ben Stokes to throw another rookie into the international firing line.

But Pope supported the surprise call-up of a 20-year-old with very little experience and raw pace, who has yet to make a real impact on county cricket.

Leicestershire's 6ft 7in star Hull now has the dream chance to push his name forward for winter tour selection.

A strong performance in England's bid to complete a 6-0 clean sweep in the summer Tests could put him in the picture for New Zealand and Pakistan.

Matthew Potts makes way after playing in the Second Test win. Hull has taken just 16 wickets at an average of almost 63, although he impressed in the England Lions warm-up clash against Sri Lanka when he took 3-30 and 2-44. Pope insisted: "He will be fine. It's really exciting for him.

"We've seen some really successful left-arm seamers in world cricket and he's got a great opportunity to step onto the international stage.

"When you are six-foot seven, you can get it down, sort of pushing up to the 85-90mph mark, and with a bit of swing with the left-arm angle. There's a lot to like about it. It will give us some extra bounce, which you want at The Oval.

"It's a great week for him to come in, learn a little bit and show exactly what he can do. It shows a boldness from Brendon and Ben to get these guys in the squad at such a young age.

"I know what it meant to me when I came in at 20. I only played two games before I actually got dropped and missed out for a while, but I drew so much from those two experiences that it put me in good stead for when I got back. So, why not get him in?"

Pope is hoping for his own change of luck and form with the bat as he continues trying to persuade the doubters he can combine the captaincy with going in at No.3.

He will be playing on his home ground and is keen to finish his time as stand-in skipper for the injured Stokes with a big score.

He has managed just 30 from four innings since taking over, but Pope insists his confidence remains high.

He said: "It's another Test match and another chance to do something special. The sign of a good player is how he can draw a line under what has happened and just focus on the next innings.

"Hopefully, I can put some scores together." It is the first Test at The Oval since the death of Surrey and England legend Graham Thorpe, at the age of 55. Thorpe's funeral was held yesterday.

Pope recalled: "I was a young batter coming through. Especially in the hardest times, he had some real empathy. I know he had his struggles when he was a player.

"But just talking to him on a personal level, I'll always remember that."

ENGLAND: Lawrence, Duckett, Pope (c), Root, Brook, Smith (wkt), Woakes, Atkinson, Stone, Hull, Bashir.

TALL ORDER
Captain Pope (circle) can't wait to see rookie bowler Hull in action in the Third Test



JOSH HULL STATS

Age: 20
Born: 20 August 2004 in Huntingdon
Current teams: Manchester Originals, Leicestershire CCC
Height: 6ft 7in
Batting: Left-handed
Bowling: Left-arm fast-medium
First Class Debut: Yorkshire v Leics (Headingly) April 6, 2023.
FC career appearances: 10 games, 16 wkts, 1004 runs conceded (average 62.75)
Best Bowling: 3-30 (versus Sri Lanka, Aug 14, 2024)



Stokes: It's all white that every team gets Bazball

FROM BACK PAGE

and New Zealand are over. That will bring Bazball to all formats.

Stokes said: "It's an unbelievable move for English cricket to go back to having a coach in charge of all the teams.

"You look at what Baz has achieved with the Test side, it's been amazing. I'm really excited for the white-ball team to have the opportunity to work with Baz, listen to him speak, his opinions. How his outlook on life reflects cricket.

"Jos Buttler (left) is going to really, really enjoy having him as his coach. And look at all the new faces coming into that white-ball team, I couldn't think of a better person to work under at international level for the first time. He just gives everyone the platform to enjoy themselves.

"That doesn't necessarily mean it's going to reflect on your performances, but Baz never puts any added pressure on anybody's shoulders."

Stokes says his injury rehab is on track, but adds: "The recurrence rate is 50 percent, which is quite high. I'd rather take an extra two weeks than run the risk of potentially being out for longer."

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US OPEN TENNIS

FLUSHING MEADOWS NEW YORK

DRAPER HITS THE JACKPOT

Brilliant Brit cashes in to crush De Minaur



SUCH A HIGH FLIER Draper celebrates after a superb victory – again without losing a set

FROM **NEIL McLEMAN** in New York @NeilMcLeman



JACK DRAPER is two wins away from emulating Emma Raducanu at the US Open after another stunning performance took him to his first Grand Slam semi-final.

The British No.1 saw off Alex de Minaur 6-3 7-5 6-2 to reach the last four without dropping a set.

The Aussie was struggling with a hip injury but Draper also needed treatment on a thigh issue.

And it was the No.25 seed who came through this survival of the fittest Ashes contest in style.

Serving for the match, he hit an ace, two explosive forehands and a backhand winner for the biggest win of his life.

Katie Boulter's boyfriend De Minaur battled – he saved 14 out of 20 break points – but he could not stay with the youth, pace and power of Draper who is now on his road to sporting superstardom. The big left-hander looked at home in his first appearance in the Arthur Ashe Stadium – the biggest court in the world – and has now won 15 consecutive sets in New York.

"It's amazing," Draper said. "To be out here for my first match on the biggest court in the world, it's a dream come true for me. Thank you for the support, it means the world."

Teenage qualifier Raducanu won the title here in 2021 in the biggest shock in Major history without dropping a set.

She never faced a top-ten star, the highest ranked player she beat was world No.12 Belinda Bencic in the quarter-finals.

Draper, who beat four unseeded players in the first four rounds, has now seen off the world No.10 who had won their previous three matches.

"I played a solid match," he said. "I feel the best fitness wise I've been in a long, long time. I also think he was maybe struggling a little bit today with something which may have helped me a little bit."

The Surrey-based star, who wore Andre Agassi's Nike high-top trainers from 1992 in his post-match interview, has already made his own history.

In the first Grand Slam since Andy Murray retired, he is the first British man to reach the semi-finals here since the Scot on his way to the title in 2012. De Minaur had pulled out on the eve of his Wimbledon quarter-final with Novak Djokovic after tearing a hip cartilage during his fourth round win.

And the world No.10 did not look his usual self as he lost the first six points before Draper took his sixth set point when the Aussie was left wrong-footed by a forehand cross-court winner. But it was at the end of the first set that the British No.1 started to feel his right thigh.

In a rollercoaster second set, Draper had a medical timeout to have his leg strapped at 2-1.

The rest of the match was to be a physical as well as mental challenge with so many distractions on both sides of the net.

The battling Aussie won a hat-trick of games – he broke Draper twice in the match – to force the British No.1 to serve to stay in the set at 4-5.

Draper held to love – and then broke back and took his third set point with a serve and drive backhand volley.

De Minaur had made his last stand and the third set lasted only 31 minutes as Draper charged to victory.

"Today wasn't ideal. I was expecting to feel better," said the Aussie No.1. "I had been trending in the right direction and today was the opposite. I wish I felt better.

"It is tough. It was a big opportunity. But stopping isn't part of my DNA."

'I'VE NO FEAR'

FROM BACK PAGE

away world No.10 Alex de Minaur in straight sets.

The two Brits to reach this stage in New York – Andy Murray in 2012 and Emma Raducanu in 2021 – went on to win the title.

Draper, 22, said: "This is not like an overnight thing for me. I've believed for a long time that I've been putting in the work and doing the right things, and I knew that my time would come. Hopefully from here I can do a lot of amazing things. I'm proud of myself.

"I don't feel overawed by the situations I've been in. Honestly, there weren't any nerves. It helps that I've been in a lot of low points already in my career with injuries, setbacks.

"I've had times when I've maybe thought to stop or, Am I cut out for this sport?

"Those are hard moments. This is a privilege. I'm not afraid of being in these positions."

RUGBY UNION: FELIX BLOW



Sweeney shock at new exit

BY **ADAM HATHAWAY**

FRUSTRATED RFU chiefs admit they felt let down by Felix Jones after the defence coach handed in his notice.

But Twickenham CEO Bill Sweeney is right behind head coach Steve Borthwick – despite the break-up of his backroom staff.

Jones (above) is still at the RFU and Sweeney could enforce a 12-month notice period after he said he wants to follow Strength and Conditioning head Aled Walters out of the door.

Sweeney said: "We are deeply disappointed. There was no indication that this was going to happen.

"Steve has 100 percent support from us – me personally and the RFU. The players feel it's a very positive environment to play and coach in."

GOLF: BATTLE OF GIANTS

McILROY'S READY TO LIV IT UP

RORY McILROY and Scottie Scheffler will take on Bryson DeChambeau and Brooks Koepka in a made-for-TV PGA Tour v LIV Golf match in Las Vegas.

The contest will be held in December and pits two of the biggest names on the PGA Tour against two of the highest-profile LIV Golf players.

DeChambeau edged out McIlroy in dramatic fashion to win his second US Open title at Pinehurst in June.



McIlroy (right) said: "I'm thrilled to partner Scottie in what promises to be an exciting duel.

"This isn't just a contest between some of golf's Major champions, it's an event designed to energise the fans."

The event will be broadcast on TNT, which hosted The Match, the series of exhibitions which began with Tiger Woods taking on Phil Mickelson in 2018.

SNOOKER: DRAMATIC WIN



Rocket's ready to Master it

BY **SHANE McDERMOTT**

RONNIE O'SULLIVAN survived an almighty scare to keep alive his bid for the £500,000 Saudi Arabia Masters top prize.

The Rocket (above), 48, recovered from 3-0 down to beat Zhang Anda 6-5 to reach the quarter-finals.

Two century breaks and further runs of 87, 64 and 63 did the damage for the seven-time world champion.

O'Sullivan has spent the past month in luxury in China and is now enjoying the hospitality at snooker's cash grab. He said: "I'm having a great time in Saudi. I've been on the road now for four weeks.

"I'm not cueing great, but I'm trying. It's really difficult to get any enjoyment from it. It's been tough."

Brighton spree is a one-off



BY **PAUL BROWN**

BRIGHTON owner Tony Bloom is predicting an age of austerity after his side's big-spending summer.

The Seagulls splashed out more than £200million on new signings – the highest net spend across the top five leagues in Europe.

Brighton broke their transfer record to sign Georginio Rutter (above) for £40m and paid big fees for Yankuba Minteh, Mats Wieffer, Matt O'Riley, Brajan Gruda and Ferdi Kadioglu.

But Bloom warned: "I'm not expecting that much in the next two or three windows, even if one or two of our key players go, because we have such strength coming through.

"We have some top young players, and some great prospects in our academy, so we are in good shape."

FANS' FURY OVER VILLA CL TICKETS

BY **BRENDAN McLOUGHLIN**

ASTON VILLA have been blasted by their own fans after the release of Champions League home ticket prices.

The cheapest for adult season-ticket holders start at £70 and go up to £82.

Prices range between £85 and £97 for non-season-ticket holders.

It comes in contrast to the price cap of £50.50 UEFA have placed on away ticket prices for travelling fans.

Champions League home tickets at Liverpool and Manchester City start at £30 and £37.50 and Villa fan groups have reacted with anger.

A statement from the Aston Villa Supporters' Trust read: "When compared to other English clubs and UEFA's own away ticket price cap, this is out of touch. Villa fans are being punished and exploited. The Trust urges the club to rethink."

Eddie in Bremner tribute



EDDIE GRAY yesterday unveiled a plaque at the boyhood home of former Leeds and Scotland midfielder Billy Bremner.

The brainchild of a group of Leeds supporters, the memorial was commissioned in partnership with the Scottish Football Supporters Association, the University of Stirling, and Raploch Community Council.

Gray was at 35a Weir Street, the house in which Bremner grew up on the Raploch estate in Stirling, to lead tributes to his long-time team-mate, who died in December 1997, aged 54.

"It was real honour to be asked to unveil the plaque," said Leeds ambassador Gray, 76 (above).

"He was fiercely proud of his roots, and it will be a fitting tribute to see a statue here in the coming years."

IPSWICH TOWN

Hitting the big time at 16 was all too much... I soon found drinking & gambling

IN HIS NEW BOOK, EX-IPSWICH STAR JASON DOZZELL WARNS OF PERILS OF TEENAGE FAME



GOING OFF TRAC

Dozzell believes his most famous goal turned out to be a curse not a blessing

EXCLUSIVE

BY **DARREN LEWIS**
@MirrorDarren



HE was the boy wonder who held the record as the youngest scorer in England's top division.

But ex-Ipswich and Tottenham striker Jason Dozzell believes he fell prisoner to his 1984 strike for the Tractor Boys against Coventry.

He was just 16 years and 57 days when he came off the bench to hit the headlines. He went on to become a key player for Ipswich, while still a teenager, before a glamour Premier League move to Spurs in 1993.

But Dozzell also succumbed to football's drinking culture as a 16-year-old – and gambling had him in its grip not long after.

Now working for the Ipswich Town Foundation, Dozzell has released his autobiography, Follow The Thunder, warning teenagers of the perils of having too much too soon.

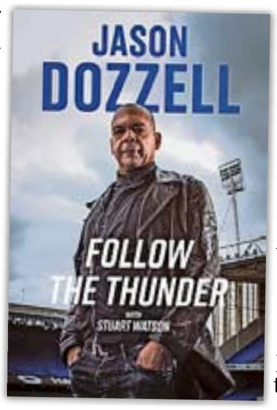
"I had loads of complex issues growing up," he said. "But I made it and I was just left to get on with it.

"Money and all that kind of thing came into play and I didn't have the tools to handle all the pressure.

"Everyone talks about that goal, which I'm very proud of, but I just felt like a prisoner to it.

"You see young kids even now breaking into first teams at 16. Then you don't see them again.

"Yes, I had a career but it wasn't a normal situation, playing at school, going back to school, having so much money, and then being taken out of school completely."



Dozzell regrets his removal from school before his exams.

"There was no one in my life, personally or professionally, saying that it might be a good idea to get some qualifications," he said.

Now he supports his 16-year-old son Andre and other rising stars to understand the value of education and the need to be patient.

As a 16-year-old in 1983, Dozzell would pick up "this fat envelope stacked with as much as £1500" while other kids his age would pick up just £100.

"It changes you," he went on. "I was a young boy going out with the older players and, because I was very shy and insecure, I felt like I had to drink to fit in.

"The gambling was also a case of trying to fit in, trying to be one of the boys. Gambling was everywhere at that time."

The wheels came off later in his career as injury and poor mental health saw Dozzell leave Spurs and tumble down the leagues after a brief return to Ipswich.

He is now a coach for the East Anglian club's Post-16 programme and tours the country educating young players.

"There were no academies back then but they give you structure in your life," he added.

"I'd train two hours a week as a kid and the rest was just messing about.

"Even since the book launch, I've had close friends come up to me saying words I'd never thought I'd hear: I've tried to kill myself.

"There were 200 people at the launch. Six of them have since written to me already admitting they've struggled.

"So I have a little platform and I intend to keep using it."

NEWCASTLE

MITCH: THERE'S A HITCH

Toon Sporting Director says route to the top has been delayed and it will take FIVE YEARS before the owners' lofty ambitions can be met



BY **SIMON BIRD**
@SimonBird_



THE Saudi owners of Newcastle United are still "super, super ambitious" despite their flop in the transfer window – but admit it could take more than five years to reach No.1.

Sporting Director Paul Mitchell has reassured Toon fans that the route map to the top has been delayed and "recalibrated", but still exists.

Mitchell, who has been in the job for just two months, held detailed talks on Sunday with ultimate Newcastle chief Yasir Al-Rumayyan, who runs the $1trillion Public Investment Fund and also LIV Golf.

Al-Rumayyan sat between under-fire CEO Darren Eales and Mitchell during the win against Spurs, then reconvened to the boardroom to discuss some markers for the future.

Mitchell said of the meeting: "I have a few more grey hairs because of the level of ambition that we actually have.

"Al-Rumayyan is as ambitious and enthused as ever.

"I only know from my interaction that he's super, super ambitious and he wants us to perform at the No.1 level. He wants us to perform not only through the money we spend – he wants us to be best in class across everything we do, whether that be youth development, the women's team, scouting and recruitment, data and insight, coaching, innovation.

"He wants our position to be at the top, but to be there for the reasons that people admire as a really well-oiled, well-executed machine of a football operation."

Newcastle's inability to spend big in the last three transfer windows, when they have landed just one guaranteed starter in Sandro Tonali (below), had led to questions over the Saudi PIF's motivations.

They also have huge sporting projects in LIV Golf, the Saudi Pro-League and their 2034 World Cup bid.

But Mitchell says Newcastle is still a flagship project for the PIF. However, there is a new admission that the route to the top – which Mitchell says would have taken another year or two – could now take five or more because of Premier League profit and sustainability rules.

Mitchell (with Al-Rumayyan, above) said: "This is a longer-term investment than being No.1 tomorrow. Does he want us to be No.1? Yes. Should we be scared of ambition? No. Should we thrive and challenge ourselves to get there? It's No.1 in every department.

"He's a very smart man. I think he can see the club is growing, but he's smart enough to know it's moved very quickly over a very short period of time."

When Mitchell was appointed to oversee recruitment, coach Eddie Howe said trust had to be built and he would remain in charge if he was kept "happy."

Mitchell says he has been speaking to Howe "for an hour every night" about transfers with Howe also key in only wanting Marc Guehi to improve his first XI.

He said: "He's smart, he was engaged in all the conversations about PSR, spend, cost, cashflow, he's a smart head coach that has the capacity to be in and kept updated on those conversations.

"And that was the decision he took – it was that player or he felt that he was comfortable with the quality that we have."





ED FOR THE TOP
But Toon manager Howe will need to be patient as the plan appears long term

'MAGPIES WON'T SPEND, SPEND, SPEND'

BY **SIMON BIRD**

NEWCASTLE transfer chief Paul Mitchell has warned the club will not be ripped off and "spend, spend, spend" – after pulling out of a deal to sign £70million-rated defender Marc Guehi.

The new sporting director has come under fire for failing to land a major name in the summer, but refused to jeopardise the club's future by overpaying. Newcastle were tested to the limit as Crystal Palace co-owner Steve Parish hiked the price for Guehi, leading to Mitchell and boss Eddie Howe walking away from the deal.

Guehi (right) has two years left on his contract and he could be available for a cutdown £35m-40m next summer.

Mitchell has outlined the spending strategy of the Saudi funded Toon, after also wanting winger Anthony Elanga from Nottingham Forest, a deal that could be revived in January.

But Mitchell will "overhaul" and ramp up the Geordies' global scouting reach to new areas, so it competes with the best and finds "undervalued talent".

He said: "Did this club need to draw a line in the sand of, 'We're not going to overpay?'. Probably.

"If we just spend, spend, spend once again, we become accountable to that by penalties, fines and points deductions – and that isn't good leadership, that isn't being a good custodian of the club. That is only for one thing, it's for your ego. We're not going to do that.

"We've signed some really good players [£250m worth since the Saudis took over].

"Could we say that some of those have cost more than they should have in the market? You could have that discussion."



RESULTS & FIXTURES

CRICKET

t20 Blast - Quarter-Final

Sussex v Lancashire

HOVE: Sussex beat Lancashire by eight wickets

LANCASHIRE

P Salt b Robinson ... 0
K Jennings b Robinson ... 37
M Hurst b Currie ... 6
L Wells c Archer b Currie ... 6
L Livingstone run out ... 43
G Dockrell b Coles ... 1
S Croft c Alsop b Archer ... 1
T Hartley c Clark b Carson ... 1
T Aspinwall lbw Coles ... 5
L Wood not out ... 3
S Mahmood b Archer ... 3
Lb3 w3 nb2 ... 8
Total (15.3 overs) ... 114

Fall: 0, 29, 35, 59, 60, 63, 66, 73, 108.

Bowling: Robinson 4-0-27-2, Currie 2-0-16-2, Archer 3.3-0-20-2, Mills 3-0-36-0, Coles 2-0-9-2, Carson 1-0-3-1.

SUSSEX

H Ward c Dockrell b Wood ... 27
D Hughes b Livingstone ... 35
T Clark not out ... 24
J Coles not out ... 27
Lb3 w2 ... 5
Total (2 wkts., 14.1 overs) ... 118

Fall: 39, 73.

Bowling: Wood 2-0-22-1, Mahmood 4-0-38-0, Aspinwall 2-0-13-0, Wells 3.1-0-25-0, Livingstone 3-0-17-1.

Umpires: B Debenham & M Burns.

First T20 International

Scotland v Australia

EDINBURGH: Australia beat Scotland by seven wickets

SCOTLAND

H Munsey c Inglis b Abbott ... 28
O Hairs c Marsh b Bartlett ... 6
B McMullen c Fraser-McGurk b Bartlett ... 19
R Berrington c Bartlett b Zampa ... 23
M Cross c Bartlett b Green ... 27
M Leask lbw Zampa ... 7
M Watt c Stoinis b Meredith ... 16
J Jarvis c Green b Abbott ... 10
C Cassell c Marsh b Abbott ... 1
J Davidson not out ... 3
B Wheal not out ... 8
B1 lb2 w3 ... 6
Total (9 wkts., 20 overs) ... 154

Fall: 8, 52, 62, 101, 113, 117, 139, 141, 145.

Bowling: Meredith 4-0-34-1, Bartlett 4-0-23-2, Abbott 4-0-39-3, Zampa 4-0-33-2, Stoinis 2-0-10-0, Green 2-0-12-1.

AUSTRALIA

J Fraser-McGurk c Cassell b McMullen ... 0
T Head c Leask b Watt ... 80
M Marsh c Leask b Watt ... 39
J Inglis not out ... 27
M Stoinis not out ... 8
W2 ... 2
Total (3 wkts., 9.4 overs) ... 156

Fall: 0, 113, 123.

Bowling: McMullen 2-0-25-1, Wheal 2-0-39-0, Cassell 1-0-19-0, Jarvis 1.4-0-45-0, Watt 2-0-13-2, Davidson 1-0-15-0.

Umpires: D McLean & I McDonald.

CYCLING

TOUR OF BRITAIN (Darlington to Redcar 152.1km)—**Stage 2:** 1 S Williams (Gbr) Israel-Premier Tech 3h 37m 25s. **Overall:** 1 S Williams (Gbr) Israel-Premier Tech 7h 49m, 2 O Onley (Gbr) Team dsm-firmenich PostNL +6s, 3 J Alaphilippe (Fra) Soudal Quick-Step +16s.

VUELTA A ESPANA (Arnuero to Santander, 141.5km)—**Stage 17:** 1 K Groves (Aus) Alpecin-Deceuninck 3h 32m 14s, 2 P Bittner (Cze) Team dsm-firmenich PostNL, 3 V Braet (Bel) Intermarche-Wanty all at same time. **Overall:** 1 B O'Connor (Aus) Decathlon AG2R La Mondiale 68h 41m 14s, 2 P Roglic (Slo) Red Bull-BORA-hansgrohe +5s, 3 E Mas (Spa) Movistar Team +1m 25s. **Other:** 11 A Yates (Gbr) UAE Team Emirates +5m 20s,

TENNIS

US OPEN (Flushing Meadows, New York)—**Men's Singles Quarter Final:** (25) J Draper (Gbr) bt (10) ADe Minaur (Aus) 6-3 7-5 6-2

Women's Singles Quarter-Finals: K Muchova (Cze) bt (22) B Haddad Maia (Bra) 6-1 6-4.

Women's Doubles Semi-Final: (7) L Kichenok (Ukr) & J Ostapenko (Lat) bt (10) H-C Chan (Tpe) & V Kudermetova (Rus) 6-1 6-2.

TODAY'S DIARY

(7.45pm unless stated)

UEFA Nations League A Group 1

Portugal v Croatia ...
(Live on Premier Sports)
Scotland v Poland ...

Group 4

Denmark v Switzerland ...
Serbia v Spain ...

League C Group 1

Azerbaijan v Sweden (5pm) ...
Estonia v Slovakia ...

Group 3

Belarus v Bulgaria ...
Northern Ireland v Luxembourg ...

League D Group 1

San Marino v Liechtenstein ...

FIFA World Cup South American Qualifying Tournament: Argentina v Chile (1am Friday), Bolivia v Venezuela (9pm).

CRICKET

t20 Blast - Quarter-Final: Northamptonshire v Somerset (Northampton, 6.30pm).

GOLF

DP World Tour Omega European



Clubs urge refs to be consistent

BY **JOHN CROSS**

PREMIER LEAGUE clubs are demanding more consistency on refereeing clampdowns.

Referees went into every top-flight club during the summer to outline new directives, including delaying game restarts and surrounding officials.

Top UEFA ref Anthony Taylor spoke to the Arsenal players and warned them officials will be on red alert on players preventing quick free-kicks.

The message was it will be a yellow card if the offence is "clear, deliberate and impactful on the game".

Declan Rice (above) fell foul of the new directive as he received a second yellow card during Arsenal's draw with Brighton on Saturday.

Boss Mikel Arteta was fuming and the club were frustrated with the inconsistencies on decisions. And perceived inconsistencies is the biggest issue for all top-flight managers.

In the Emirates game, Joao Pedro escaped punishment for kicking the ball away in front of the technical area and Danny Welbeck was also not booked despite motioning an imaginary card, which is a bookable offence.

But the PGMOL insist the percentages of correct decisions remain at an unprecedented high level.

Osimhen Turk away

GALATASARAY have completed a deal to sign Victor Osimhen on loan from Napoli.

The Nigeria striker (below) was a target for Chelsea before the transfer window closed in England last week, while the 25-year-old was also heavily linked with a move to Saudi Arabian club Al-Ahli.



However, Osimhen, who scored 76 goals in 133 appearances for Napoli since joining from Lille in 2020, has opted to join the Turkish champions.

MANCHESTER UNITED

MAN WHO?

Sutton insists Red Devils still haven't found an identity under Ten Hag... & heat is firmly back on the Dutchman



BY **DAVID ANDERSON**
@MirrorAnderson

ERIK TEN HAG has been accused of failing to give Manchester United an identity – by title-winner Chris Sutton.

The former striker turned pundit feels Ten Hag has failed to develop the counter-attacking style he was creating and now it is impossible to say what kind of team United are.

The Reds are 14th in the Premier League with just three points from three games, after Sunday's painful humiliation by fiercest rivals Liverpool at Old Trafford, and Sutton feels they are a mess under Ten Hag.

"Ten Hag needed a good start after a summer of speculation," Sutton said.

"The criticism, and it was a legitimate criticism last season of Manchester United, was they didn't control enough games.

"What is their identity? I always felt that Manchester United under Ten Hag (left) are a much better counter-attacking team, who can suck up pressure and hurt you on the break.



"That style hasn't happened enough because, to play like that, you must be solid and well-organised.

"That structure and organisation have been missing from the majority of Manchester United's performances. In his first season, he took over the club in a really difficult position and that's where I do have a bit of sympathy for him.

"I think he exceeded expectations with the third-place finish, but then you thought, 'Manchester United are going to build next season and get closer to Manchester City'.

> 'Erik hasn't started well and that's why questions are being asked at the moment'

"That must have been the goal and they finished eighth. They won the FA Cup, but you must look at the season as a whole and they really underperformed – they went backwards.

"He clung onto that FA Cup win and it kept him in his job, but after everything that happened in the summer, getting off to a good start was absolutely crucial.

"He hasn't started well and that's why questions are being asked at the moment. The question I think United fans will be asking after the first three games is, 'Has there been any noticeable change or improvement? Do they look like they're going to make progress under Ten Hag?'

"The truthful answer to both would be no."

Sutton (left), who won the Premier League with Blackburn in 1995, claims the pressure will only grow on Ten Hag if United do not beat Southampton and Crystal Palace in their next two Premier League games.

"Manchester United have got a couple of tricky away games on the horizon in Southampton, who are without a win but will be looking to take a scalp, and Crystal Palace, who trounced them last year 4-0 at Selhurst Park," Sutton added.

"They are games that United fans will be expecting to win, and they could really bring the heat on Ten Hag.

> 'The next couple of games are absolutely crucial'

"The way that Manchester United capitulated against Liverpool has to be the biggest red flag for Ten Hag and now he's got to ponder that over the international break. What we do know is the next couple of games are absolutely crucial for him.

"When they come back after the international break, they have to hit the ground running."

■ Chris Sutton was speaking to casinoapps.com

RED ASTRAY
Casemiro and Co dejected after losing to Brighton (below) and Liverpool (right)





REP OF IRE v ENGLAND NATIONS LEAGUE SATURDAY, 5PM



TEENAGE KICKS!

Thai-boxing Dad helps Lewis to toughen up

BY **JOHN CROSS**
Chief Football Writer
@johncrossmirror

RICO LEWIS got tough with himself over the summer – both on and off the pitch.

Manchester City teenager Lewis took the opportunity in pre-season to nail down a starting place in Pep Guardiola's line-up with many of his club-mates still at the Euros.

But Lewis, 19, also worked hard in the gym with his dad Rick, a two-time Thai kick-boxing champion, who has helped turn the 5ft 7in England star into a hard nut.

Lewis said: "I knew England were doing really well in the Euros and that meant the lads, like John Stones and Kyle Walker, would be coming late and that would give me opportunities on the tour and then the first few games.

"I had to be on it and I had to be fit so I could play. Just focus and every time I had the chance to play, just take it. I just want to continue focusing as much as I can. This pre-season, before we came back, I was doing stuff with my dad, just to get my fitness back. It's a good way and a different way to get fit.

"You can take the discipline from the sport and put that into everyday life. In Thai boxing, there is a lot of balance, a lot of agility and I think that definitely helps me.

"It's helped me from being young to now. My role now is being more of a midfielder, getting on the ball, turning and stuff like that, being stronger and agile. It's definitely helped my game."

Lewis has got quite the family because his grandad Dave toured with rock legend Eric Clapton. Amusingly, he previously got his wires crossed and wrongly said he played with Oasis, while he has so far drawn a blank on getting tickets for next summer's comeback gigs.

"I got it wrong and he didn't like that, so I won't pretend I know the details," he smiled.

"I don't have any Oasis tickets yet, so I'm trying to get some for my sister, but we will have to see."

Lewis played under Lee Carsley for England's Under-21s, but won a senior cap last year when he was man of the match against North Macedonia during Gareth Southgate's reign.

Lewis has started the season brilliantly for the reigning champions, playing at full-back in a hybrid role, moving into midfield.

His versatility makes him a strong option to play for the Three Lions in Dublin against the Republic of Ireland in the Nations League on Saturday.

Lewis now really looks the part and is blossoming at City, as he says there was never any chance of him going out on loan, having been at the club since he was eight.

He added: "I am obviously biased because I play for City but the way we play is the best way to play I think, and it's definitely possible to do that with England because of the quality of players we have.

"We want to dominate pretty much every game. That is the intention, to dominate and control the whole game, and with that comes a lot of exciting work. Also, controlling the game when we have not got the ball.

"I never thought about going anywhere. I was training with the best players in the world and the best manager in the world, day-in, day-out, and it's pretty much impossible not to learn stuff."



FRESH OUT THE BOX Teen Rico in training for England and celebrating European glory with Pep

NORTHERN IRELAND v LUXEMBOURG: NATIONS LEAGUE, GROUP 3, KICK-OFF 7.45PM

BOSS O'NEILL'S GOING TO TRAI A NEW FACE AS CAPTAIN

BY **DAVID ANDERSON**

MICHAEL O'NEILL has made Trai Hume Northern Ireland captain and challenged his young side to take on more responsibility.

Boss O'Neill needs a new leadership group because Jonny Evans has followed Steven Davis and Stuart Dallas in quitting international football.

Sunderland defender Hume is just 22, but will lead out the side against Luxembourg in tonight's opening Nations League game, with O'Neill planning to try out different skippers.

"I'll look at the situation over the Nations League," said O'Neill.

"Trai's consistently played at a very high level since he came to England. He's a leader in a young team at Sunderland. He may not be the captain, but he's a leader."

Hume (right) only joined Sunderland in 2022 from Irish League side Linfield and is thrilled by his rapid progression.

"I'm proud and I know my family will be happy about it," said the left-back. "I want to focus on the game and help my team-mates out on the pitch."

Jamal Lewis was due to arrive yesterday from signing on loan for Brazilian side Sao Paulo from Newcastle, and O'Neill hopes to name the defender on his bench.

Liverpool's Conor Bradley, 21, is Northern Ireland's only Premier League player, but O'Neill added: "While you always miss great players, and players who've been around a long time, new players have to emerge."



SCOTLAND v POLAND NATIONS LEAGUE, GROUP 1, KICK-OFF 7.45PM



CLARKE: WE NEED TIME TO IMPROVE

STEVE CLARKE spoke of "evolution not revolution" ahead of Scotland's Nations League opener tonight.

The Scotland squad got together for the first time since the dismal performance in the summer's Euros, where they failed to get out of their group in Germany with only one point from three games.

The absence of long-term injured players, such as Kieran Tierney, Nathan Patterson and Aaron Hickey, was compounded when goalkeeper Robby McCrorie, striker Che Adams and Celtic pair James Forrest and Greg Taylor all left the original squad for tonight's game against the Poles and the trip to Portugal on Sunday.

Vancouver Whitecaps' Ryan Gauld had been called into the squad, after a 10-year absence, along with fellow uncapped Sturm Graz full-back Max Johnston and attacker Ben Doak (circle), who is on loan from Liverpool at Middlesbrough.



They were joined by midfielder Connor Barron, goalkeeper Jon McCracken and left-back Josh Doig, making it six potential debutants.

"It's evolution, not revolution," said Clarke (top), who confirmed Adams would miss the game through injury. "Obviously, this time, we have a significant number of injuries.

"That has probably impacted my squad selection a little bit, which means I've had to dip down into Scot Gemmill's Under-21 squad.

"It's important that we respect the core group that have managed to qualify for back-to-back European tournaments.

"But then, within that core group, you have to try and add a little bit more and hopefully we can add something that makes us better.

"It's not going to happen overnight."

However, Clarke is aware that a chance to become the first Scotland team to make it out of a group stage at a major tournament was spurned in Germany.

He added: "You get there the first time, we didn't do what we wanted to do. You get there the second time, we didn't do what we wanted to do.

"So you have to keep looking to get there and to target the glass ceiling – no Scottish team's ever done it."



DAN & DUSTED Sturridge heads in the opener against Malta during Southgate's first game at the helm

SOUTHGATE AUDITION BODES WELL FOR LEE

BY **JOHN CROSS**

GARETH SOUTHGATE had a four-game audition for the England job, and got the nod despite having only a 50 percent win rate.

Current interim Lee Carsley has been given six Nations League games before Christmas to prove his worth – and they are more winnable than his predecessor's four.



Southgate admitted that he inherited a "mess" after England were held to a goalless draw in Slovenia, and only avoided defeat thanks to some heroics from goalkeeper Joe Hart.

They had won Southgate's first game in charge against Malta with the likes of Ryan Bertrand, Jesse Lingard and Theo Walcott in the starting line-up. Southgate (left) was always favourite for the job – barring disasters – and England smashed Scotland at Wembley before the FA gave the caretaker boss the job permanently less than three weeks later. England also drew 2-2 with Spain – after blowing a two-goal lead – but it was a breath of fresh air after Sam Allardyce's disastrous tenure of one game in charge.

Southgate went on to lead England to a World Cup semi-final and they were beaten finalists in the last two Euros.

The then-Three Lions chief also tried to bring in a younger group of players – and it all bodes well for Carsley.

If England manage a clean sweep of Carsley's big six – starting with Republic of Ireland in Dublin on Saturday – then it will be hard for the FA not to give him the job.

GARETH SOUTHGATE'S RECORD AS INTERIM BOSS

8/10/16 **England** 2 **Malta** 0 (Sturridge, Alli)
11/10/16 **Slovenia** 0 **England** 0
11/11/16 **England** 3 **Scotland** 0 (Sturridge, Lallana, Cahill)
15/11/16 **England** 2 **Spain** 2 (Lallana, Vardy)

CAR IS AT FULL THROTTLE

FROM BACK PAGE

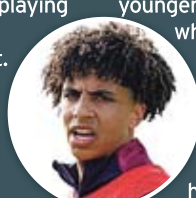
the job on a permanent basis and is putting his faith in the youngsters who graduated from his Under-21 set-up.

England fans complained about former boss Gareth Southgate's safety-first philosophy but it is clear Carsley wants to entertain.

Manchester City teenager Rico Lewis (right) said: "In the meeting he said: 'We aim to get the best out of every player but we need to be on it.'

"He was emphasising that there is a lot of pressure on us but he wanted to put pressure on himself and his coaching staff to get the best out of us. Even when I was with him with the Under-21s he wanted to control the game and be exciting. He always talked about playing exciting football.

"The players like it. The forward players especially just want to be able to go and do their thing. That is what he wants to do, he wants to bring out the best in everyone and I think playing like that is the best way to do it."



Lewis gave a ringing endorsement of Carsley and said his experience of working with a lot of the squad at Under-21 level will stand him in good stead in the next six games.

Lewis added: "Most of the younger players know him, which will help us understand him more. But I don't think it will take long for the rest of the team to get used to him."

After Saturday's Nations League opener in Dublin, the Three Lions will host Finland on Tuesday and then next month welcome Greece to Wembley. Three days later they travel to Helseinki to take on Finland.



FEELING AT HOME Gomes in training; (below) with Morgan Gibbs-White, Noni Madueke & Tino Livramento

NATIONS LEAGUE
SATURDAY, 5PM

ANGEL OF THE SOUTH

Portuguese heritage and a star in France, but Three Lions Euro Under-21 champion Gomes has always wanted to play for England



BY **ANDY DUNN**
Chief Sports Writer
@andydunnmirror



HIS father Gil represented Portugal and one of the biggest influences on his career has been his boyhood idol Nani.

And it is fair to say that had Lee Carsley not given Angel Gomes a senior call-up, the Portuguese would have stepped up their pursuit of a player whose talent has blossomed in France but who can still walk the streets of England without recognition.

"My dad had conversations with people that he knows, some of the players he played with, high people in the Portuguese FA," said 24-year-old Gomes.

After leaving Manchester United for Lille in 2020, Gomes was sent out on loan to Boavista but has now established himself as a midfield linchpin at the Ligue 1 side.

Gomes was a key player in Carsley's triumphant England Under-21 squad in the summer of 2023 (right, celebrating after the win over Spain in the final) and it is no wonder Portugal have been keen to tempt him into their fold.

But Gomes insists his sole aim has always been to play for the country of his birth and, as he looks forward to a possible debut against the Republic of Ireland on Saturday, he has told England fans what they can expect.

"Someone that is brave," said Gomes. "I like to take risks, I like to help the team in every phase of the pitch, to help the team play out or control the game or to get as high as possible. I can operate in all three roles. I am confident, I like keeping the ball, I like taking responsibility." In other words, a very modern midfielder.

As a teenager, Gomes hit the headlines when he became the youngest Manchester United player since 1953 but he felt he had to leave Old Trafford for the sake of his development.

His plan has worked out but Gomes admits his fine club form has gone under the radar because he is not in the Premier League.

He said: "When I left United it was to better myself as a player and as a person and I knew, eventually, I'd be able to create a pathway to be in this position.

"Leaving the club I was at from six and heading into the unknown was difficult. It has been an upwards trajectory, though with a lot of difficulties, but being in this position now makes everything all worth it.

"In France you don't get the recognition that the Premier League is going to get. But that is not to sound like an underdog – if I do well for my club I can showcase myself at a global level."

He will now showcase his talent for England and even though former Manchester United star Nani, who became a godfather to Gomes, would no doubt have preferred him to opt for Portugal, he will be delighted for his godson.

Gomes explained: "He (Nani) has been a big influence. He will check in on me, see how I am doing. He was an influence growing up. He was someone I used to watch and he gave me joy."

And now, having stuck with his plan to play for England, Gomes, one of four uncapped players in interim boss Carsley's squad, could not contain his own joy after the call-up from the Three Lions gaffer.

Gomes, top of the assists charts in France last season, said: "My dad played for Portugal and, growing up through the age groups, my brother played for Portugal, but my dad always wanted me to choose my own path. And from young, my dream was always to play for England."

PREM CLUBS SET TO POUNCE

BY **ANDY DUNN**

ANGEL GOMES has opened the door to a return to the Premier League but admitted he has already turned down the chance to come back to England.

He left Manchester United for Lille in 2020 and has been called up by Lee Carsley for England's Nations League double-header against the Republic of Ireland and Finland. And that has put the 24-year-old midfielder into the transfer spotlight, especially as his contract with Lille expires in the summer of 2025.

Asked whether he had received offers to return to the Premier League, Gomes said: "I have, but I believe everything will happen naturally and at its own time and I am really chilled. So, if something was to come up that did make sense, you never know in football."

He is unlikely to sign a new deal in France and Lille will probably look to get a transfer fee in January.

That means Gomes will be in the shop window if he makes his senior England debut. Spurs have already been linked with a player who can operate in a deep or forward role.



FULLY FOCUSED Hallgrimsson

ICE-COOL NEW IRISH BOSS A MAN OF STEEL

BY **PAUL O'HEHIR**

HEIMIR HALLGRIMSSON has been Ice-cool around the Ireland camp this week – but John O'Shea is struck by his steely demeanour.

All eyes are on the new Ireland manager, with Hallgrimsson up against the clock in his efforts to prepare for England on Saturday.

This should not have been his first game in charge. By now, he should be four games into his Ireland tenure.



But the FAI's extraordinary 231-day search for Stephen Kenny's successor put paid to that and, instead, O'Shea (right) was in charge for the March and June friendlies. O'Shea never wanted the top job himself, but in any case, FAI chiefs did not think he had enough experience at this level.

He is now working under former Iceland boss Hallgrimsson, who got O'Shea on board as his assistant within days of his appointment. The new-look management are finally down to business and O'Shea is happy with how the working relationship is panning out.

O'Shea said yesterday: "He's a cool character in how he goes about things and how he wants to impress his personality.

"But there's a steeliness behind it and how he wants to get his ideas across to the players.

"His messages are very clear and you can hear the intensity in his voice when he's out on the training pitch.

"If a player is not doing the role, he soon lets them know."

O'Shea continued: "He's a very good manager and a very good coach with the details he gives the players. I know what I'm seeing, but the players will be the most important in that sense.

"The clarity is there for everyone. You'll have different ideas at clubs, different principles, different philosophies for attacking, defending etc.

"We're going to keep it as simple and as clear as possible to get the most effective results as quickly as we can."

Mirror Sport
mirror.co.uk/sport



FROM **NEIL McLEMAN** in New York

BRIT JACK POWERS INTO US OPEN SEMIS

JACK DRAPER insists he will have no fear in his first Grand Slam semi-final after declaring: "I knew that my time would come."

The British No.1 (left) reached the last four at the US Open without dropping a set by blowing

TURN TO PAGE 61

»ENGLAND'S NEW ERA BEGINS...

ELECTRIC CAR!

Interim boss Carsley kicks off his reign with impassioned speech to his players and tells them to attack it



BY **JOHN CROSS**

LEE CARSLEY delivered a rousing battle cry to his England stars – and promised to get the best out of them.

Carsley called a meeting with the whole squad when they arrived at St George's Park and made it clear he wants to encourage an attacking style of play. But Carsley also said he will take full responsibility for performances, so his young players can go out and express themselves against the Republic of Ireland in the Nations League on Saturday evening.

England interim boss Carsley faces a six-game audition to get

TURN TO PAGE 66

ROAR POWER
Carsley demands his Lions play on the front foot against Republic of Ireland



HAPPY Ben backs Baz move

Stokes is stoked by Bazball in red & white

BY **GARY FITZGERALD**

BEN STOKES has hailed Brendon McCullum's decision to do both red and white-ball coaching jobs as "unbelievable for English cricket".

The England captain has also insisted he is not rushing back from his hamstring injury – even though he is determined to be fit to bowl on the Pakistan tour next month.

Stokes, ruled out of the Sri Lanka series by his injury, believes McCullum can make as big an impact with the T20 and ODI squads as he has with the Test team.

McCullum has taken on a packed schedule by agreeing to succeed Matthew Mott. He will start the joint role in the New Year once England's Test winter tours to Pakistan

TURN TO PAGE 60

WHO ARE MAN U?

SUTTON LETS RIP

SEE PAGE 64

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2023 was 45.5%

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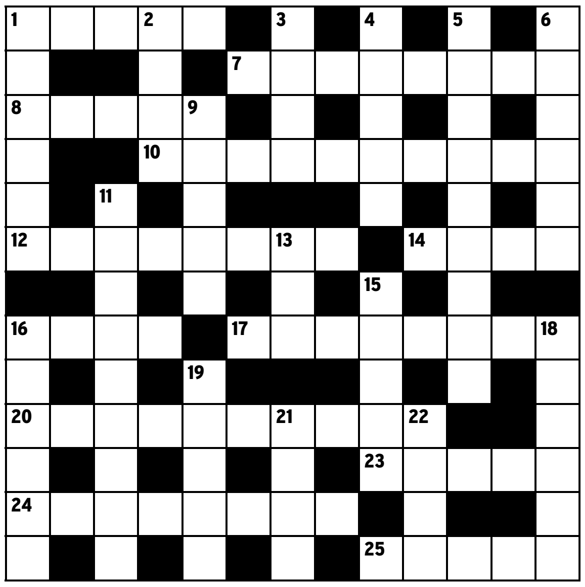
Take a break  and get your brain in gear

PUZZLES

£75 to be won!

Quizword & Crossword

Two sets of clues, two different answers – all on the same grid. Choose one or the other.



Quizword

ACROSS

1 Kofi –, Secretary-General of the UN from 1997-2006 (5)
7 Capital of the Democratic Republic of the Congo (8)
8 Simona –, winner of the 2018 French Open singles tennis championship (5)
10 R J –, England Test cricketer who took 6-49 against New Zealand in Hamilton in 2008 (10)
12 Marie –, Best Actress in a Leading Role Oscar winner for Min and Bill (8)
14 2016 drama starring Dev Patel and Rooney Mara (4)
16 Jean –, London-born fashion designer who started her own label in 1967 (4)
17 Lord –, name adopted by philanthropist and motor car manufacturer William Morris on being ennobled (8)
20 The –, gentlemen's club in stories by P G Wodehouse (6,4)
23 1963 Derby winner ridden by Yves Saint-Martin (5)
24 Robert T –, wheelchair-bound television detective played by Raymond Burr (8)
25 Bernard –, 2007 World Championships 1,500m and 5,000m gold medallist (5)

DOWN

1, 15 and 3 Michael Tippett oratorio first performed in 1944 (1,5,2,3,4)
2 Stephen –, Canadian golfer; 2004 Western Open tournament winner (4)
3 **See 1 Down**
4 Berkshire horse racecourse that hosts the King George VI and Queen Elizabeth Stakes (5)
5 1998 novel by John Harvey (4,5)
6 Derek –, director of films The Tempest, Caravaggio and Jubilee (6)
9 City in Belarus at the confluence of the Pina and Pripyat Rivers (5)
11 Punctuation mark used to indicate a pause intermediate in length between that of a comma and a full stop (9)
13 Large Australian flightless bird (3)
15 **See 1 Down**
16 Capital of Spain (6)
18 Margaret –, actress who played Mrs Gloria Teasdale in 1933 film comedy Duck Soup (6)
19 Irvine –, author of novels Glue, Crime and Porno (5)
21 In music, the final part of a musical structure (4)
22 Second letter of the Greek alphabet (4)

Solutions in tomorrow's Daily Mirror

Crossword

ACROSS

1 Ensnare (5)
7 Sample (8)
8 Manservant (5)
10 Urge to rove (10)
12 Abstaining from alcohol (8)
14 Hairless (4)
16 Decomposes (4)
17 Straight up and down (8)
20 Soft fruit (10)
23 Musical instrument (5)
24 Lack of energy or vitality (8)
25 Viper (5)

DOWN

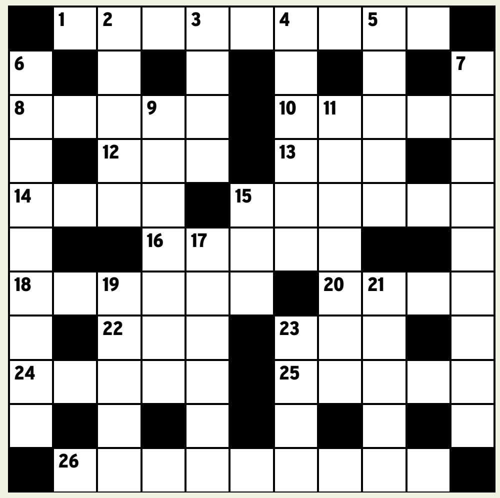
1 Concealed or secret (6)
2 Ship's company (4)
3 Went fast (4)
4 Derision (5)
5 Hospital vehicle (9)
6 Allied (6)
9 Forbidden (5)
11 Mental quickness (9)
13 Chopping tool (3)
15 Devoid of any elaboration (5)
16 Outcome (6)
18 Work hard (6)
19 Use offensive language (5)
21 Therefore (4)
22 Three feet (4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call **0903 659 6060** (80p/min) to hear FULL SOLUTIONS to **CROSSWORD** and **QUIZWORD**, and to hear 5 EXTRA CLUES for **CROSSWORD** and **QUIZWORD** too! Or text **CROSSCLUE** or **QUIZCLUE** to **61011** (£1/text) for 5 clues.

Two-speed coffeebreak

Two sets of clues – but the answers are the same.



Cryptic clues

ACROSS

1 Seaman sat playing in some water (6,3)
8 Suspend new padre (5)
10 Snap top off with laugh (5)
12 Offence of losing (3)
13 Slide around cap (3)
14 Help make a wager (4)
15 Say again about fuel (6)
16 Angry sign (5)
18 Father gets woman hurried (6)
20 Afterwards from both ends (4)
22 Swan enclosure (3)
23 Supporter of green sport? (3)
24 Isolated a section (5)
25 Talk at zero speed (5)
26 Restock gets helpers in trouble (9)

DOWN

2 A foundation is corrupt (5)
3 Mine changed in manner (4)
4 Planes flying to city (6)
5 Startled deer eats old crumble (5)
6 Awarded in confused era (9)
7 Competitor gives prisoner offer (9)
9 Baseball player in the jug (7)
11 This rep turned out to be a fashion icon (7)
15 He's on the staff (3)
17 Learnt about regular payment (6)
19 Small step into void (5)
21 No tails in the shade, perhaps (5)
23 Won't change address (4)

Solutions in tomorrow's Daily Mirror

Quick clues

ACROSS

1 Part of South Pacific (6,3)
8 Hang (5)
10 Picture (5)
12 Transgression (3)
13 Cover (3)
14 Aid in crime (4)
15 Iterate (6)
16 Irate (5)
18 Rushed (6)
20 At that time (4)
22 Writing implement (3)
23 Golf peg (3)
24 Separate (5)
25 Speak in public (5)
26 Fill up again (9)

DOWN

2 Humiliate (5)
3 Demeanour (4)
4 Italian city (6)
5 Wear away (5)
6 20th-century era (9)
7 Contestant (9)
9 Ewer (7)
11 Trendy person (7)
15 Stick (3)
17 Hire charge (6)
19 Gap (5)
21 Coin side (5)
23 Urban area (4)

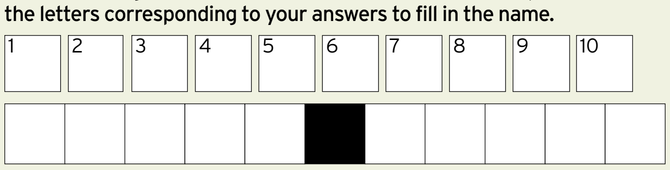
Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! TWO-SPEED COFFEEBREAK **0903 659 6060** (80p/min)

TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

The name game

Hidden in the grid is the name of a musician. Answer the questions, then rearrange the letters corresponding to your answers to fill in the name.



Solutions in tomorrow's Daily Mirror

BOX1: Who had a No 1 hit with Jealous Guy in 1981?
Roxy Music (T)
Guy Forget (C)
Kim Wilde (K)

BOX2: Which Sheena Easton hit was retitled Morning Train in the US to avoid confusion with a Dolly Parton song?
Jolene (H)
Modern Girl (Z)
9 to 5 (A)

BOX3: Which eponymous farm is home to Flora Poste and the Starkadders in Stella Gibbons' 1932 novel?
Cold Shoulder (Y)
Cold Comfort (E)
Cold Shower (Z)

BOX4: The monarch of which country sits upon the Chrysanthemum Throne?
Bhutan (M)
Japan (P)
Thailand (X)

BOX5: Complete the title of this 1990s animated TV show: Captain Zed and the _ Zone?
Zed (A)
Dread (Y)
Zee (R)

BOX6: Which thriller author created the character of the Duke de Richleau?
Robert Ludlum (V)
Dennis Wheatley (D)
Ian Fleming (W)

BOX7: In cookery, what is ragout?
Rice pudding (O)
Highly seasoned stew (N)
Cured ham (P)

BOX8: Which of these is often referred to as the Grand Old Party?
The US Democratic Party (G)
The US Republican Party (E)
The Boston Tea Party (P)

BOX9: Of which newspaper was Janet Street-Porter editor from 1999 to 2002?
The Observer (Y)
The Mail on Sunday (A)
The Independent on Sunday (R)

BOX10: Naomie Harris (pictured) played voodoo practitioner Tia Dalma in which action film franchise?
Indiana Jones (B)
Pirates of the Caribbean (E)
Fast and Furious (P)



30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

Solutions in tomorrow's Daily Mirror

BEGINNER 42	-19	×3	+15	÷7	+28	3/5 of this	-17	×8	ANSWER
INTERMEDIATE 15	×9	+89	7/8 of this	+134	80% of this	+84	5/6 of this	-33	ANSWER
ADVANCED 260	Increase by 80%	+49	9/11 of this	Reverse the digits	-36	÷18	+272	7/12 of this	ANSWER

Mirrorgram

Solve our ten-letter anagram

C E N T R A L C U E

Solutions in tomorrow's Daily Mirror

DMIST

PUZZLES



Speedbreaker

Target time: **24:52** mins

Test your codecracking skills against us! We took 24 minutes and 52 seconds to complete this puzzle – can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns.

Solutions in Saturday's Daily Mirror

~~A~~ B C D E F G H I J K L M N O ~~P~~ Q R S ~~T~~ U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
						T						

14	15	16	17	18	19	20	21	22	23	24	25	26
	P						A					

2	18	11	24	19	13	■	6	8	16	7	21	■
8	■	21	■	■	15	■	8	■	■	23	■	■
25	■	25	■	10	8	25	4	16	10	13	15	7
22	■	20	■	■	7 T	■	13	■	■	11	■	■
■	9	14	24	3	21 A	■	14	17	17	13	25	4
1	■	■	18	■	15 P	■	■	■	19	■	■	18
21	■	13	22	9	23	13	12	18	13	3	■	16
10	■	■	14	■	■	■	18	■	9	■	■	26
25	18	7	11	13	20	■	8	3	26	13	4	■
■	■	21	■	■	3	■	5	■	■	6	■	17
15	21	15	21	3	21	5	5	8	■	8	■	14
■	■	8	■	■	15	■	13	■	■	9	■	19
■	24	3	21	16	23	■	4	18	16	7	13	4

£75 to be won! Which letter is represented by the number '1' in today's Speedbreaker? Call 0903 681 3000 (£2/call) or text SPEED and your answer, name and postcode to 61011 (£2/text)

Last Thursday's winner: Ann Latham, Liverpool

SOLUTIONS
Call 0903 659 6060 (80p/min) for 5 extra letters or the full solution, or text SPEEDCLUE to 61011 (£1/text) for 5 extra letters. Deduct one minute from the target time for each extra letter used.

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full T&C's at www.mirror.co.uk/rules.

Just a bit of fun

Which one of our three definitions is correct?

STEND

1 Cross-timber in a shaft
2 Leap vigorously
3 Peg of whisky and soda

Solutions in tomorrow's Daily Mirror

Scribble pad ✍



On sale September 12th, 2024.
Pre-order from Amazon now.

Arrow Word

Arrow Words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows.

Solutions in tomorrow's Daily Mirror

Clues in grid: Nuisance / _ Dion, pictured; A present; Save; Highest playing card; Congenital / Skill; Paul _, pictured; Light boat; Electrical interference; In the past; Severe, demanding; Masses of bread; Synthetic fibre; _ order or _ story; Supermarket cart; Fish eggs; _ Vegas, US city; University, in short; Foot part / Tub of hot water; Endure; Rental contract; Partially open; Flightless bird; Meadow; Assist; Mimic / Move; Annoy; Simple card game; In football, the A in FA; Actor or actress / Dove sound; Rank; Small duck; English city / Chore; International Monetary Fund (abbr.); Cooked evening meal; Mope (anag.); Correct and revise; Sleep / Cake portions; Epoch; Plugs for sealing holes; Rower's blade; Towboat; Anti-aircraft fire; Footwear item; Permanently (3,4); Wobbles; Space in the roof; Self-service restaurant; Exam type (1,5); Brush or comb this; Portent; Rugged rock face / _ melon, fruit; Verge; Sharpen; Indian dress; Code word for K; Intestine; Burnt remains; Snake-like fish; Plural form of ovum; _ Blyton, author; Belonging to us; Archery ring; Place offering health and beauty treatment; Biblical priest





Su-doku corner

EASY SU-DOKU

			6		8		7	9
	6	9		2	4	1		
2		1					8	6
	5		9	8				4
1		7				8	9	
3				7	1			
4	8					9		7
		3	2	4			5	
9	2		8		7			

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

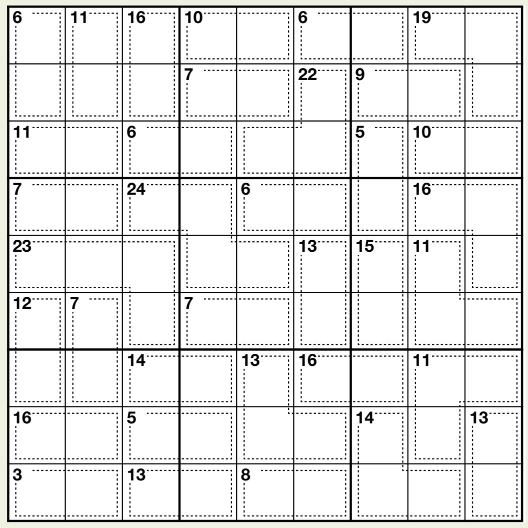
				9	7		3	
				4		1	2	
		8	5					
	7					6		3
	4	9				8	5	
5		3					4	
					2	3		
	1	7		5				
	2		7	6				

The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5 NUMBER CLUES or FULL SOLUTIONS to the easy and toughie su-dokus. Or text EASYCLUE or TOUGHCLUE to 61011 (£1/text) for 5 CLUES.

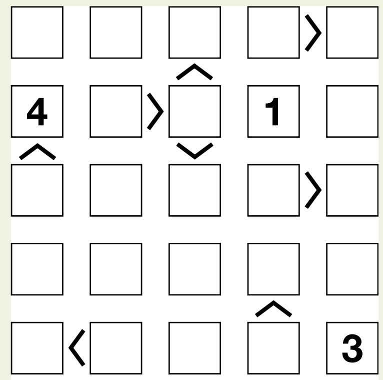
KILLER SU-DOKU



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

FUTOSHIKI



Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

Word Ladder

TALK

Narrative

Masculine

Beast of burden

Ponder

Soft pulp

HUSH

Using the clues provided, fill in each step of the ladder with a new word, changing one letter at a time.

Solutions in tomorrow's Daily Mirror

Brickwork

1 □□□
2 □□□□
3 □□□□□
4 □□□□□□
5 □□□□□
6 □□□□
7 □□□

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

1 Weep
2 Layabout
3 Mass of chewed food
4 Loose-fitting garment
5 Ear parts
6 Tree trunk
7 Toss

Solutions in tomorrow's Daily Mirror

Bingo

Thu Sep 5 2024
Game 34 Day 4

54 22 30
48 81 77
19 52 24
11 47

HERE are the numbers for **Day 4** of **Game 34** on your Bingo card.

TO WIN a full house £100 prize, all 15 numbers on the Game 34 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short, buy the Sunday Mirror and the Sunday People for more numbers and another chance to win a £100 prize.
TO CLAIM call 01420 525501 from 10am to 3pm on Mondays only.
No responsibility is accepted for failure to claim in the stated hours. Calls charged at national rate. Standard Reach PLC rules apply, see mirror.co.uk/2024bingorules. Full terms as previously published.

Wordsearch

Can you find all the listed words associated with cleaning in the grid?
Solutions in tomorrow's Daily Mirror

H	D	N	L	R	F	I	G	W	J	T	U	Q	I	I
C	G	X	E	O	E	J	S	X	W	U	R	R	E	H
A	V	B	R	P	O	M	C	L	M	E	U	A	K	D
E	S	E	E	V	L	W	M	L	N	Z	F	G	I	S
L	L	A	T	A	S	Z	L	E	O	G	E	E	T	E
B	A	S	S	D	R	Y	H	E	Y	T	G	N	C	V
V	D	O	U	Q	E	S	V	I	E	K	H	I	H	O
Y	O	A	D	C	E	T	V	V	H	T	O	V	E	L
Z	S	P	C	R	S	A	E	F	L	X	S	K	N	G
H	G	M	F	F	C	P	Z	R	C	X	G	I	R	R
K	N	R	Z	U	W	T	O	I	G	K	P	H	O	E
B	I	M	U	K	R	Z	A	N	S	E	D	P	L	B
A	K	M	B	N	K	F	S	V	G	A	N	F	L	B
D	A	C	L	E	A	N	S	E	R	E	O	T	T	U
D	B	E	T	B	U	C	K	E	T	U	D	B	U	R

AIR FRESHENER
BAKING SODA
BLEACH
BUCKET
CLEANSER
CLOTH
DETERGENT
DUSTER
KITCHEN ROLL
MOP
RUBBER GLOVES
SOAP
SPONGE
STEEL WOOL
VACUUM
VINEGAR

YESTERDAY'S SOLUTIONS

QUIZWORD

ACROSS: 3 No Time For, 8 Scum, 9 Alicante, 10 Ripper, 13 Lycra, 14 Ruislip, 15 Cam, 16 Goodbye, 17 Under, 21 Laurel, 22 Mona Lisa, 23 Olin, 24 Minghella.
DOWN: 1 Astrology, 2 Suspicion, 4 O'Mara, 5 Iridium, 6 El Al, 7 Okta, 11 Slide rule, 12 Sparkling, 14 Rae, 15 Cyanide, 18 Flail, 19 Hopi, 20 Lang.

CROSSWORD

ACROSS: 3 Happening, 8 Roar, 9 Omnivore, 10 Docker, 13 Adult, 14 Pontoon, 15 Man, 16 Lurcher, 17 Maori, 21 Offcut, 22 Cavalier, 23 Open, 24 Fortunate.
DOWN: 1 Gradually, 2 Sanctuary, 4 Acorn, 5 Pension, 6 Nave, 7 Nark, 11 Horoscope, 12 Unwitting, 14 Par, 15 Mention, 18 Worst, 19 Taco, 20 Halt.

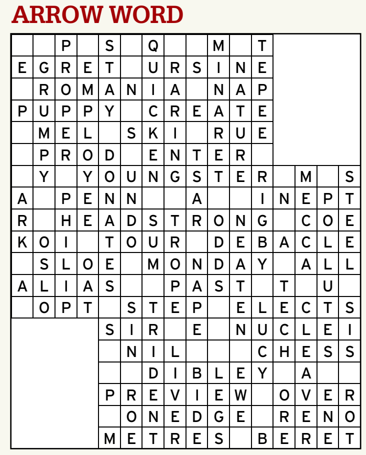
TWO-SPEED COFFEEBREAK

ACROSS: 1 Over, 4 Limp, 6 Game, 8 Acid, 11 Loot, 13 Literal, 14 Art, 16 Dance, 18 Habit, 21 Ratty, 22 Deter, 24 Ban, 25 Nemesis, 28 Then, 30 Dane, 31 Utah, 32 Taut, 33 Term.
DOWN: 1 Opal, 2 Emit, 3 Salad, 4 Leo, 5 Pact, 7 Molar, 9 Cicada, 10 Debit, 12 Tact, 15 Retain, 17 Named, 19 Bent, 20 Tenet, 23 Renal, 24 Bust, 26 Safe, 27 Seam, 29 Hut.

TUESDAY'S SPEEDBREAKER

1=G, 2=F, 3=D, 4=B, 5=Z, 6=X, 7=T, 8=N, 9=W, 10=P, 11=Y, 12=K, 13=H, 14=O, 15=M, 16=R, 17=E, 18=V, 19=A, 20=Q, 21=C, 22=L, 23=S, 24=J, 25=U, 26=I.

ARROW WORD



In the Daily Mirror every Saturday there's £1000 to be won in our Big Name prize crossword

EASY SU-DOKU

7	8	3	1	5	9	6	4	2
2	1	9	8	6	4	3	7	5
6	4	5	3	7	2	9	1	8
5	2	8	9	3	1	7	6	4
1	9	4	7	8	6	5	2	3
3	6	7	2	4	5	8	9	1
4	7	1	5	9	8	2	3	6
9	5	6	4	2	3	1	8	7
8	3	2	6	1	7	4	5	9

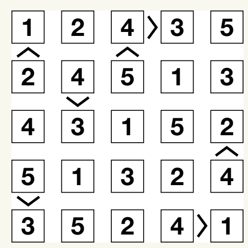
SU-DOKU TOUGHIE

6	4	7	9	3	5	8	1	2
5	8	1	6	2	4	9	7	3
3	9	2	8	1	7	6	5	4
4	1	3	2	8	9	7	6	5
8	6	9	5	7	3	2	4	1
2	7	5	1	4	6	3	8	9
1	5	8	7	9	2	4	3	6
7	2	4	3	6	1	5	9	8
9	3	6	4	5	8	1	2	7

KILLER SU-DOKU

6	4	3	9	7	5	2	8	1
8	7	5	1	4	2	9	6	3
1	2	9	3	6	8	7	5	4
7	8	2	5	3	9	4	1	6
4	9	6	8	1	7	3	2	5
5	3	1	4	2	6	8	7	9
2	5	7	6	9	4	1	3	8
3	6	4	2	8	1	5	9	7
9	1	8	7	5	3	6	4	2

FUTOSHIKI



MIRRORGRAM

AFTERWARDS

30-SEC BRAIN TEASER

Beginner 15; Intermediate 252; Advanced 176.

JUST A BIT OF FUN

1 The north

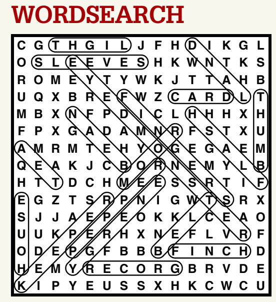
BRICKWORK

Fit, Lift, Filth, Flight, Fight, Gift, Fig.

WORD LADDER

Find, Fond, Bond, Bone, Done, Dose, Lose.

WORDSEARCH



NAME GAME

AMY SCHUMER

1A, 2Y, 3M, 4H, 5R, 6S, 7U, 8E, 9M, 10C.

RUSSELL GRANT

mirror.co.uk/horoscopes



Aries March 21-April 20
Memories that prey on your mind can make you feel sad. Because of this it would be sensible to avoid spending too much time on your own. Coming up against a professional rival will ignite your drive to succeed. Choices you are now making are likely to advance your prospects.
For more call 0905 789 4171 (80p/min + network access charge)

Taurus April 21 - May 21
Even though there may be a few stressful moments, there will be lots of enjoyment too. Events you are involved in will focus on social interactions rather than material things so even if the chatter gets loud, make sure you do join in. This is your chance to form new friendships.
For more call 0905 789 4172 (80p/min + network access charge)

Gemini May 22 -June 21
Your input and recommendations are highly appreciated and will play a big role in the accomplishment of a group project. Make the most of this chance to demonstrate your flexibility as these are the qualities that make you an indispensable member of the team.
For more call 0905 789 4173 (80p/min + network access charge)

Cancer June 22 -July 23
Once you have delivered a successful presentation, don't be surprised if you are invited to speak at even more events. This could mark the start of an exciting new career path. At home, steer clear of sensitive subjects like religion and politics to maintain some sort of harmony.
For more call 0905 789 4174 (80p/min + network access charge)

Leo July 24 - August 23
Changing your perspective on work will greatly enhance your chances of finding a better job. Even if you despise your current position, try to appreciate it and be grateful for the income it has provided. Are you unemployed? Your optimistic mindset will attract the job you desire.
For more call 0905 789 4175 (80p/min + network access charge)

Virgo Aug 24 - Sept 23
It will be lack of sleep that is leading you to overthinking and exaggerating minor issues. If you're worried about your health, even a small ache can seem more serious than it actually is. Finding a way to increase your income can help ease financial concerns and provide a greater sense of security.
For more call 0905 789 4176 (80p/min + network access charge)

Libra Sept 24-Oct 23
Whether you're purchasing something online, shopping for groceries or making a holiday booking, start searching for deals. Whether it is your partner or a family member that suggests it, teaming up to buy items for the home will prove to be a good, sensible decision.
For more call 0905 789 4177 (80p/min + network access charge)

Scorpio Oct 24 - Nov 22
Work-related activities and even hobbies and interests outside of work can be successful providing you avoid getting sidetracked. After successfully completing an important project, you might think about treating yourself. Enjoy a gourmet meal or take a day off work.
For more call 0905 789 4178 (80p/min + network access charge)

Sagittarius Nov 23 - Dec 21
Keep control of emotions when confronted with situations that trigger your anger, regardless of if it is something observed or heard. Giving in to anger can damage your reputation. If someone posts an embarrassing photo on social media, politely ask them to delete it.
For more call 0905 789 4179 (80p/min + network access charge)

Capricorn Dec 22 -Jan 20
You will find yourself working with someone you don't know very well. Even so, it won't take a lot of thought to agree to team up and contribute to a charitable cause. As you spend more time with each other you will be pleasantly surprised by how well you work together.
For more call 0905 789 4180 (80p/min + network access charge)

Aquarius Jan 21 - Feb 19
Someone is being far too hasty in reaching decisions and that's why they are reaching inaccurate conclusions. This inevitably leads to frustrating misunderstandings. If you notice anyone who is about to act without thinking, encourage them to slow down and be more careful.
For more call 0905 789 4181 (80p/min + network access charge)

Pisces Feb 20 - Mar 20
Pisces is a water sign and you are naturally attracted to anything that is mystical, magical or enchanting. It is becoming more important than ever for you to find ways to express your spiritual side. Getting involved in projects and activities that draw on creativity, and compassion feel rewarding.
For more call 0905 789 4182 (80p/min + network access charge)

Calls cost 80p per minute plus your telephone company's network access charge - maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission. Service provider Spoke. Helpline 0333 202 3390

CARTOONS

ANDY CAPP



PERISHERS



Speedy dishes Good Food daily recipe to collect

Speedy sausage stroganoff tagliatelle

Make our budget-friendly quick sausage stroganoff tagliatelle for a simple family dinner. This filling bowl takes just five minutes to prepare

PREP: 5 MINS
COOK: 15 MINS
EASY
SERVES 4

20g unsalted butter
olive oil, for drizzling
6 pork sausages
350g chestnut mushrooms, sliced
1 tsp sweet smoked paprika
300ml soured cream
½ tbsp wholegrain mustard
150ml beef stock
400g dried tagliatelle
Small bunch parsley, chopped

1 Heat the butter and oil in a frying pan over a medium-high heat until foaming. Squeeze large chunks of the sausagemeat out of the skins and into the pan. Cook for 5-8 mins or until golden brown. Add the mushrooms and cook for a further 5 mins until starting to turn brown. Stir through the paprika and cook for 1 min before stirring in the soured cream, mustard and stock. Bring to a simmer and season to taste.

2 Meanwhile, cook the pasta in a large pan of salted water according to pack instructions, then add to the sauce with half the parsley. Serve in deep bowls with the remaining parsley sprinkled on top.



Try a subscription to Good Food magazine and get your first 6 issues for just £9.99. Each month you'll receive your copy through the letterbox packed with more than 70 beautifully photographed, thoroughly tested recipes as well as features from your favourite chefs and ways to cut down costs in the kitchen. Subscribe today by visiting buysubscriptions.com/GFMIR24B



TOMORROW'S RECIPE: - COCONUT CHICKEN CURRY

Mirror OFFERS



SOUP CHEF PRO

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- 8 Functions - Smooth, Smooth+, Sauté, Keep Warm, Chunky, Auto-Clean, Memory & Delay Timer.
- Perfect for families & Meal Prep - The large 1.6L capacity Soup Chef cooks up to 5 bowls of soup in minutes!
- 12 Hour Delay Timer: your soup is ready when you are. Simply set your timer and Soup Chef Pro will start making your nutritious soup at a time that suits you.

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